



DEAN TRUST Rose Bridge

# NEWSLETTER

## Headteacher Message

We welcomed back our pupils this week after the Christmas break along with a few new members of staff at Rose Bridge. Mrs Mwaliteta joins us as the new Head of Spanish as Mrs Lawlor left us before Christmas. In Technology we welcome Mr Worrall as a Teacher of Technology, along with Mr Goodwin who is also a Teacher of Technology and our new Head of Year 7.

We continue to drive attendance and punctuality this half term as you will see feature heavily in today's newsletter. Nothing impacts more on pupil learning than good attendance to school and we ask for the support of parents and carers in getting your children in to school on time every day. Form tutors call each morning and we notice some patterns of behaviour with regards to pupils wanting to take specific days off. Please help us to break these habits and reinforcing the importance of coming to school every day.



Lucy Cropper  
Headteacher

## ATTENDANCE

This term Mr Finnegan has joined the Senior Team as an Associate Assistant Headteacher.

As part of his role he will be supporting the pastoral team to continue our whole school drive on improving the attendance of all pupils.

Please find below a reminder of our sanctions if a pupil is late to school.



- Late to school - lunch time detention on the same day with Mr Finnegan
- Pupils will be expected to attend a further late detention with their HOY after school that day (3.10pm – 3.35pm), if they are late to the lunchtime one or fail to attend

Please be reassured that in exceptional circumstances this sanction will not apply.

# SCHOOL COUNSELLING SERVICE

Alison, our School Counsellor, is a fully qualified Person-Centred Counsellor/Cognitive Behaviour Therapist who specialises in the education sector and the health and wellbeing of both children and staff. She has a unique skill set for working in secondary education for over 20 years as a secondary school teacher and leader, so she has an in-depth knowledge of the education system.

We believe that counselling is a way of giving a child a chance to talk about upsetting feelings, challenging behaviour, and situations they are experiencing with someone who is trained to listen carefully, without making any judgements. As children can find it difficult to put into words how they are feeling it's important to do this in a child friendly way.

Alison provides one to one short term counselling to children needing assistance with managing anxiety, depression, grief, transition periods in life, peer group relationships and general adolescent issues. She uses a wide range of resources in therapy that helps the child to explore the difficulties they are experiencing and work towards helping the child raising their own resilience and improving their own mental health. Alison's toolkit has a variety of activities that help children explore how they feel in a way they know best. She is a creative person and is always prepared to 'think outside the box' to help a child express themselves.

Alison also provides professional support to teachers and staff on supporting mental health needs among students in the classroom setting.



## SCHOOL NURSE

Our School Nurse Team holds a weekly drop in session every Tuesday lunch time for pupils that would like to discuss or ask for advice about any health concerns . They will also give help and advice to our pupils that struggle with mental health.

They can chase up medical referrals or simply check if referrals have been made to other medical professionals. The team have built positive relationships with some of our pupils and they feel confident going speaking to her.

## MENTAL HEALTH SUPPORT

### CAMHS LINK INFORMATION:

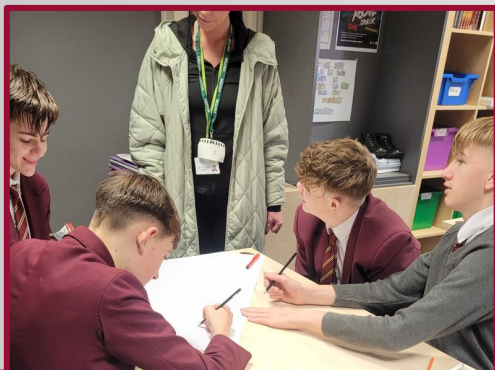
Maria McNulty is our CAMHS link worker who comes in to school to consult with staff and support pupils that have the early signs of mental health.

Please read the next page for more information about this service. .



Maria McNulty

# TARGETED YOUTH SUPPORT SERVICES



Targeted Youth Support Service came in to deliver a session around anti-social behaviour, this informed the pupils of what anti-social behaviour is and the law regarding it. The pupils will receive a certificate for this and their participation in this.

## BEAT BOXING

Speak up. Came in every week and delivered sessions in beat boxing this helped to improve pupils confidence by encouraging them to participate and pushing them out of their comfort zone. After a few weeks they then complied all they had learned and made a track. This will be being released soon.



## CHRISTMAS LUNCH

10 All pupils in Turnaround worked with Man United and staff to make a Christmas lunch which was enjoyed all including Mrs Kelly and Miss Cropper.





### What happens if I agree to a referral to the school link team?

You and your parent/carer will be asked to fill out a questionnaire so we can find out more about any anxiety, worry and low mood symptoms. This helps us to consider what your presenting problem could be so we can consider the most appropriate support for you. When we receive your questionnaire we will telephone your parent/carer to find out more about how you are feeling at home. We will offer them initial advice and support over the phone on how they can try and help you.

We then arrange a consultation with your Head of Year or Pastoral Lead in school. We will find out more about the concerns you have shared with them, how this is affecting you at school and most importantly your hope for support. We will provide school advice on how they might be able to support you and we will suggest an initial plan of support which they will discuss with you.

### What if I am having thoughts about hurting myself?

Contact CAMHS on 01942 775 400 for urgent support and advice. After 5pm and weekends please phone 0800 051 3253. If you feel unable to keep yourself safe A&E for urgent assessment.

### What might the school link support plan include?

- **Recommending self-help resources and apps**
- **Supporting your trusted adult in school to offer you mentoring sessions with supervision from our team**
- **Looking at groups available at school**
- **Referring you for counselling support**
- **Suggesting referral to another service**
- **Offering training to school staff**

For primary and secondary school students registered with a Wigan GP we can also offer; **3 sessions of assessment and support in school (Assessments online or in person)**

For secondary school students registered with a Wigan GP we can also offer; **Suitability assessment for brief intervention (6 – 8 sessions)**

For more information or referral please speak to your Head of Year or Pastoral Team.

# Wigan CAMHS School Link Team

*Information for Young People and Families*

**Wigan CAMHS  
Helping Hands Centre  
155—157 Manchester Road  
Wigan  
WN2 2JA**

**Improving Lives**

### What is the School Link Team?

We aim to prevent mental health difficulties developing for children and young people.

Mental health is about our feelings, our thinking, our emotions and our moods. We all have mental health and it is important for us to know how to look after our mental health. Feelings like sadness, worry and stress come and go as do feelings of happiness or excitement. When difficult feelings occur every day and don't go away it can be a sign of an emerging mental health problem. School link practitioners support school staff in Wigan to develop knowledge, skills and confidence in identifying and supporting mental health in schools.

The School Link team is part of the wider Wigan CAMHS team. We are an early intervention service providing routine advice and signposting or early assessment and early intervention to students presenting with an emerging mental health problem (increasing worry, anxiety or low mood).

Every Wigan school is offered a half termly consultation. We have mental health nurses, a social worker, a school nurse, children and young people wellbeing practitioners and a cognitive behavioural therapist in the team.

### Our aim is...

To provide whole school resources/ approaches to help students and school staff to learn about their mental health

To help school staff to identify emerging mental health difficulties and feel confident to support students with their mental health in school

To raise awareness of self-help support and self-management strategies for children and young people.

To offer advice and support to parents through telephone consultation and to young people in school. We can signpost for further support if required

To reduce stigma around mental health in schools

### What if I don't want support through school?

You can still ask for support with your mental health by phoning Wigan CAMHS 01942 775 400. This also applies to children who are home schooled.

### Where can I get help in school if I am worried, anxious or feeling low in mood?

If you are finding it difficult to distract from your worries, notice that your anxiety is increasing, have difficulty sleeping or you often feel sad, please speak to a trusted teacher in school, parent or carer. You or your trusted adult can then speak to your pastoral support team or head of year. School will want to support you by finding out more about your concerns, understanding your hope for support and advising you about your options for support in school, this may initially include mentoring or school counselling. Other support services include;

**Kooth** - <https://www.kooth.com> - sign up online

**Young Minds** - <https://youngminds.org.uk>. Text YM to 85258

**Shout** - <https://www.crisistextline.uk> 24/7 text SHOUT to 85258

**Samaritans** - <https://www.samaritans.org>, call 116 123 or email [jo@samaritans.org](mailto:jo@samaritans.org)

**Childline** - <https://www.childline.org.uk> or call 0800 1111



# ATTENDANCE REWARDS

## 100% ATTENDANCE

Congratulations to Joseph in Y11, who won the £100 prize draw for achieving 100% attendance in Term 2!!



Well done to the following students for 100% Attendance in Term 2:

### YEAR 7

Hadiyya A, Las A, Dominion A, Muzzamil A, , Mikayla A Amy B, Jessica B, Jake B, Sienna B, Maddison C, Logan E, Jensen H, Xavier H, Destiny H, Adam K, Sanija K, Brandy M, , Beth McC, Joshua M, Ardan O'N, Karen O, Glory O, Scarlett P, Thomas P, Victoria P, Trevor P, Mariah S, Alexa T, Kamsi U, Jack W, Euan W, Lennon W, Jasmine W & Andy X.

### YEAR 8

Nour A, Evan B, Gabriel B, Rubin C, Lewis C, Ginnie C, Jamie C, Jason F, Abygail F, Leah F, Kai F, Logan F, Layton G, Benn G, Oliver H, Ryan K, Casey L, Courtney L, Ryan L, Lucas M, Elizabeth O, Glory O, Joe R, Diarra S, Jorja S, Jessica U, Coery V,, Kyle W, Ruby W, Lilly W-F & Joseph W.

### YEAR 9

Rohan A, Adijat A, Matteo B, Aaron D, Leighton D, Charlie F, Jamie F, Megan G, Olutayo G, Logan H, Melissa H, Harvey J, Kanzy K, Harvey-John K, Gabriele L, Jack L, Simona M, Caleb M, Henry O'M,

### YEAR 9 (continued)

Elena P, Aciea R, Amira R, Holly S, Oliver S, Owen S, Bianca S, Casey-Jayne T, Frankie V, Ruby W, Evie W.

### YEAR 10

Victor A, Ibrahim A, Alhasan A, Towfeeq A, Vlad B, Maciej B-S, Max F, Erind G, Lewis H, Izaak H, Joe H, Melina I, Ariele L, Lenira LDS, Duy M, Sebastian M, Alesha M, Tommy O, Jason P, Kian S, Brandon S, Ruby T, Jeffery U & Tulisa W.

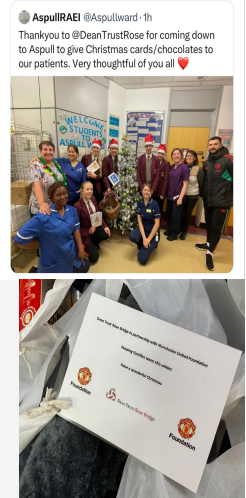
### YEAR 11

Rian A, Salam A, Oluwajenropeda A, Zoltan B, Joseph B, Skye B, David B, Kyle C, Joshua D, James F, Aiden F, Oliver F, Olivia F, Reece H, Lucy H, Ella-Mai H, Fabian I, Luis JG, Jake L, Chloe McC, Kamso O, Billy P, Camelia P, Hannah R & Hasan U.



# MANCHESTER UNITED FOUNDATION

Term 1 saw some fantastic work happening with the Manchester United Foundation. Our pupils experienced a variety of experiences and we are excited to see all the fantastic work they do in Term 2.



## PUPIL PARLIAMENT

Our pupil parliament in Term 1 took part in community engagement. Our environment committee launched the 'We Care' project which focuses on keeping the local area a clean and safe environment. Throughout the Christmas period our pupils took part and thoroughly enjoyed in a variety of activities too.



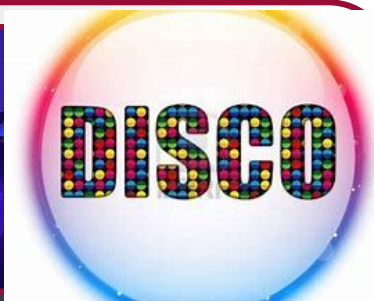
## SCHOOL ENGAGEMENT OFFICER

"I am the school engagement officer at Dean Trust Rose Bridge, my role is to be a specific point of contact whilst working in the school and to engage with the students and build good positive relationships, breaking down barriers, as well as helping to maintain a safe and secure environment, my aim is to educate the students by promoting inputs/advice based around staying safe in school and the community. and to enable students to come and have a chat with me should they need any advice /support."





# END OF TERM ATTENDANCE AND BEHAVIOUR REWARDS



We rewarded all pupils who had achieved attendance of 92.4% and above alongside zero behaviour points in Term 1, with a disco hosted by the wonderful Mr Humphries.

A fabulous time was had by all pupils and staff!!

School will continue to run surprise reward events at the end of every half term. Pupils reset at the start of every half term so everyone has a chance to be invited and join in the fun!!

# COLLEAGUE OF THE WEEK

Barbara for always being awesome and stepping in and helping in the Canteen with washing up when they were short staffed.



## LITERACY CHALLENGE

What is wrong with the following sentence?

**I am far to tired to go out tonight.**

First and last

Can you think of a word beginning with S and ending with E?



Challenge:

*Read at least 10 pages of a book a day.*

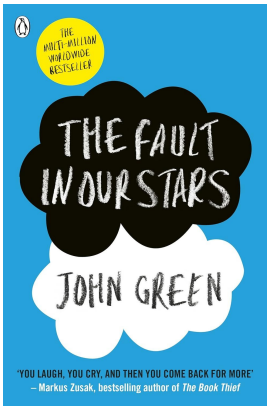
## BOOK OF THE WEEK: The Fault in our Stars

This week's book is John Green's most famous novel so far, which was also the subject of a successful film. It is 'The Fault in our Stars' and it's a real weepie!

***'I fell in love the way you fall asleep: slowly, then all at once.'***

Despite the tumour-shrinking medical miracle that has bought her a few years, Hazel has never been anything but terminal, her final chapter inscribed upon diagnosis.

But when a gorgeous plot twist named Augustus Waters suddenly appears at Cancer Kid Support Group, Hazel's story is about to be completely rewritten.'



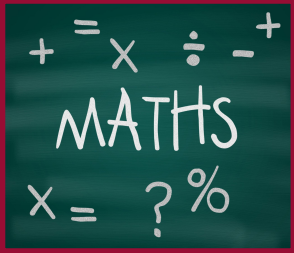
## MATHS CHALLENGE

Previous solution

They would cost £40 using the same pattern.

This week's problem

It is 9 am now. Rita studies for 2 hours, takes a bath for 1 hour, and then has lunch for 1 hour. How many hours are left before 9 am tomorrow?





## Consultation on admission arrangements 2025-26

**Admission arrangements include the admission number and oversubscription criteria which are used to decide on the allocation of school places.**

The admission authorities for the following Wigan primary and secondary schools are consulting on their admission arrangements for admission in September 2025 –

Beech Hill Community Primary School

Dean Trust Rose Bridge

Hindley All Saints' Church of England Nursery and Primary School

Marsh Geen Primary School

Parklee Primary School

Platt Bridge Community Primary School

St John's Church of England School Wigan

St Mary's CE Primary School, Platt Bridge

Standish Community High School

Standish Lower Ground St Anne's CofE Primary School

The Deanery Church of England High School and Sixth Form College

Changes to the admission arrangements for these schools may affect parents and carers applying for places from 2025 onwards.

This is your opportunity to comment on proposals before admission arrangements for 2025 – 26 are determined (by 28 February 2024).

Details are available by accessing the school admissions consultations page at [www.wigan.gov.uk/Council/Consultations](http://www.wigan.gov.uk/Council/Consultations)

### Responses are invited from:

- parents with a child aged between 2 and 18 years old
- local community groups
- other interested persons

The consultation lasts for six weeks. Responses must be submitted to Wigan Council no later than 15 January 2024.

Responses will be considered by the admission authority for each school before the admission arrangements are determined for 2025 – 26.

You can respond using the web form on the consultation webpage

or by email to [consultation@wigan.gov.uk](mailto:consultation@wigan.gov.uk)

Or, by writing to: Consultation, School Organisation Team, People Directorate, Wigan Council, PO Box 100, WN1 3DS.

\*If you are unable to view the consultation online you can request a paper version or other format by contacting the School Organisation Team on 01942 489013.



## YEAR 7

Autumn H

For showing excellent perception of hazards in Design Technology and showing outstanding presentation and rendering skills when designing safety signs to prevent people from getting injured in the workshop. Well done!

## YEAR 8

Savannah HH

For showing me multiple pieces of classwork, from various lessons over, her time in year 8. Each piece was presented as work she was most happy with due to her presentation of understanding of the topic. Well done Savannah, and keep it up.

## YEAR 9

Brody M

For making an amazing start to this term with regards to punctuality. Well done and keep it up.  
Mr Shepherd

## YEAR 10

Le Lo.

For a fantastic start to her time at DTRB. Excellent attitude to learning. Well done.

## YEAR 11

Jayden R

Has had an excellent year 11 so far. Shown maturity and resilience in his studies. Attends revision regularly. He is a credit to DTRB.





# ATTENDANCE MATTERS








Please can we remind all parents that reply slips giving consent for children to attend the trips should be brought into school as soon as possible and final payments made.

Please can parents be aware that medical appointments should, wherever physically possible, not take place during school hours. They should be arranged for before or after school. The attendance office should be notified via phone when this is not possible.

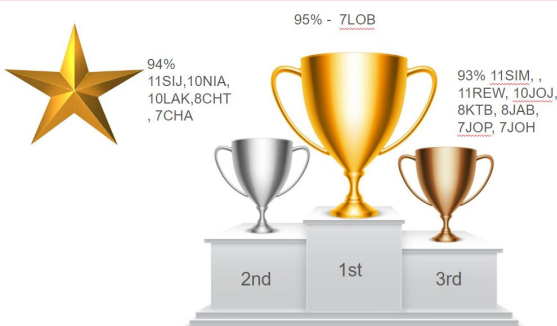
It is also essential that parents of absent pupils should call school to notify us of reasons **before 9am**. After this time, communications regarding absence will primarily go home **via email**. Parents who have downloaded the MCAS app, will also get a notification there. If you think you need to update your details to accommodate this, please get in touch.

As always, excellent attendance at school is the only sure-fire way to guarantee excellent success for our pupils.

	wc 18/12/23
Whole School	89.7%
7	93% 
8	91.7% 
9	88.2% 
10	87.6% 
11	87.5% 

NA	Wigan
91%	90.5%
Source	Power BI

## Top Attending forms wb 18/12/23









## Enrichment



 DEAN TRUST Rose Bridge

# STANDARDS AND EXPECTATIONS



 <b>DEAN TRUST Rose Bridge</b>		<h1>Standards and Expectations</h1>									
Be Ready		Be Respectful		Be Safe							
<h2><u>Key Items To Bring To School Each Day</u></h2> <ul style="list-style-type: none"> <li>School Bag </li> <li>100% Folder</li> <li>Planner </li> <li>Water Bottle </li> <li>Reading Book (Years 7-10)</li> <li>Revision materials (Year 11)</li> <li>Pencil case, including the following: <ul style="list-style-type: none"> <li>2 Black Pens</li> <li>Pencil</li> <li>Ruler </li> <li>Rubber</li> <li>Green Pen</li> <li>Red Pen</li> </ul> </li> <li>Scientific Calculator </li> <li>Highlighter Pens</li> </ul>		<h2><u>Attendance &amp; Punctuality</u></h2> <ul style="list-style-type: none"> <li>Pupils should have 100% attendance .</li> <li>Holidays taken during term time will not be authorised and may incur a Fixed Penalty Notice/ Fine.</li> <li>Pupils absent from school for 10% of the time are defined as 'Persistent absentees' and are less likely to make expected progress.</li> <li>Pupils need to be in school before <b>8.40am</b> ready for Form Time.</li> <li>Pupils must be on time for all lessons.</li> </ul>		<h2><u>Uniform</u></h2> <ul style="list-style-type: none"> <li>Pupils must be smart at all times.</li> <li>Footwear should be plain black shoes, business style with leather upper, no boots or large logos.</li> <li>Black knee-high socks (no bows) or black tights.</li> <li>Hoodies are not permitted.</li> <li>Outdoor coats should be removed inside the building.</li> <li>Blazers and school ties are to be worn at all times.</li> <li>Only badges awarded by the school may be worn upon the lapel of the blazer. Shirts must be tucked in.</li> <li>Tailored black trousers (no jeans, skinny leg, leggings or chinos etc).</li> <li>Pinafores &amp; skirts must be <b>knee length and not be rolled</b>.</li> <li>School PE kit must be worn to every PE lesson. PE kit consists of: Black non-branded shorts/ leggings/ tracksuits and school PE shirt.</li> </ul>		<h2><u>Travel</u></h2> <ul style="list-style-type: none"> <li>Pupils should travel to and from school in full school uniform, adhering to school standards and expectations.</li> <li>When representing the school, pupils should adhere to school standards.</li> </ul> <h2><u>Accessories &amp; Haircuts</u></h2> <ul style="list-style-type: none"> <li>All hairstyles should be smart in appearance. Accessories should be small in size and in the school colours.</li> <li>No extreme haircuts (full head/ bare blade shaves, tram lines etc).</li> <li>Skin fades are acceptable if there is a minimum of a number 2 on top.</li> <li>Only natural colours/tones of hair are acceptable and if longer than shoulder length, must be tied up at all times.</li> </ul>		<h2><u>Jewellery &amp; Makeup</u></h2> <ul style="list-style-type: none"> <li>For health &amp; safety reasons, pupils are not permitted to wear any jewellery other than a wrist watch.</li> <li>No earrings or piercings are allowed.</li> <li>Makeup, fake-tan, semi-permanent makeup, nail varnish, false nails and false eyelashes are not allowed.</li> </ul> <h2><u>Healthy schools</u></h2> <ul style="list-style-type: none"> <li><b>Only water</b> can be consumed in school or in the classroom. Water bottles can be filled up at break and lunch time.</li> <li>No family size/sharing bags or sweets, chocolates or crisp etc are allowed.</li> <li>Keep our school tidy, do not drop litter, do not chew gum.</li> </ul>		<h2><u>Mobile Phones &amp; Electronic Devices</u></h2> <ul style="list-style-type: none"> <li>No mobile phones or electronic devices are allowed in school (Please note: this includes Smart Watches).</li> <li>Pupils who need a mobile phone for their journey to and from school should hand it in before entry to the school and collect it at the designated phone point when leaving.</li> </ul> <h2><u>Banned items</u></h2> <ul style="list-style-type: none"> <li>Banned items are any items which may cause damage to other pupils and or the school environment e.g. aerosols, cigarettes, marker pens, chewing gum, E-cigarettes, lighters, weapons etc.</li> <li>DTRB has the right to ban any items during the academic year that breaches health and safety.</li> </ul>	

At Dean Trust Rose Bridge, we believe that the standards of personal appearance are reflected in the attitudes of our pupils. By dressing to a high standard, it has been shown that our standards of work, and subsequent outcomes, improve over time. Please support the school by ensuring that your child adheres to the school's high standards of uniform and appearance. Each day staff will check that pupils are dressed in accordance with the above expectations.

Banned items should not be brought into school. Banned items will be confiscated by staff. Please refer to our Standards and Expectations poster for clarity on banned items.

**Mobile phones:** Any pupil found with their mobile phone during the school day will have this item confiscated. Confiscated phones will not be returned to a pupil under any circumstances. It is the parent/carers responsibility to collect the device from school at a mutually agreed time.

If pupils need to bring a mobile phone to school to ensure their safety when travelling, they must be handed in at the start of the day, before entering the building.

Sanctions will be applied to any pupil who fails to meet the school's standards and expectations.

With your support, we will continue to improve the standards at Dean Trust Rose Bridge School. Together, we will continue to make progress, giving all our pupils the best life opportunities by developing hard-working and dedicated young adults with high standards and aspirations.



# Standards & Expectations

## Lines of Communication

Just a reminder to all parents, that your **child's Form Tutor** should always be the first port of call if there are any questions or concerns. Furthermore, due to staff absence, if you have contacted a member of staff and have not heard back, please contact

[office@deantrustrosebridge.co.uk](mailto:office@deantrustrosebridge.co.uk)

and we can ensure any messages are directed to the right person.

## Up to date contact details

Please can we ask that you ensure we have your most recent contact details on file so that if I have to communicate any changes to the normal operation of the school you receive the relevant messages.






## Working together

Our strength develops when we work together as a community, ensuring that the children and young people who attend Dean Trust Rose Bridge receive the best possible experience even during these uncertain times. We feel blessed that we have such a supportive parents, wonderful pupils, and an incredible staff who always go above and beyond for your children.



### DTRB Useful Guide for Parents and Carers

Be Ready, Be Respectful, Be Safe

	Hair and Appearance	Uniform Standards	Shoes and Footwear
Acceptable	<ul style="list-style-type: none"><li>✓ Hair below shoulder length should be tied up at all times</li><li>✓ Natural Hair Colours Only</li><li>✓ Accessories should be small in size and in the school colours</li></ul>	<ul style="list-style-type: none"><li>✓ Black Tailored only Trousers</li><li>✓ Pinafore or Grey Box Pleat Skirt—Knee Length</li><li>✓ Plain Black Socks (Knee High for skirts) (No Bows or trainer socks)</li><li>✓ Plain Black Tights</li></ul>	<div></div> <ul style="list-style-type: none"><li>✓ Plain Black &amp; Polishable Shoes only with a leather upper and durable sole.</li><li>✓ Bright Trainers are allowed for PE only.</li></ul>
Not Acceptable	<div><p><b>Hair</b></p><ul style="list-style-type: none"><li>✗ No Patterns or Tramlines</li><li>✗ No Full Head of Bare Blade cut</li><li>✗ No Loose long hair</li><li>✗ No Hair Dye or Tip Dying</li></ul><p><b>Appearance</b></p><ul style="list-style-type: none"><li>✗ No Nail Varnish or False Nails</li><li>✗ No Jewellery</li><li>✗ No Tattoos</li><li>✗ No False Lashes</li><li>✗ No Make up or Fake Tan</li></ul></div>	<div></div> <ul style="list-style-type: none"><li>✗ No Skirt or Pinafore above the knee</li><li>✗ No rolling up of Skirts or Pinafores</li><li>✗ No Fashion Trousers/Pants</li><li>✗ No Leggings</li><li>✗ No Jeans</li><li>✗ No branded PE Shorts/ Leggings/ track suits</li></ul>	<div></div> <ul style="list-style-type: none"><li>✗ No boots over the ankle</li><li>✗ No pumps</li><li>✗ No dolly shoes</li><li>✗ No bows, decorations or embellishments</li><li>✗ No heels</li><li>✗ No coloured shoes</li><li>✗ No patterns</li><li>✗ No sandals or opened toed shoes</li><li>✗ No trainers</li><li>✗ No sports logos</li><li>✗ No 'shoe-trainers'</li></ul>

Thank you for your support with these standards and expectations.

# Safer Internet Tips...

## Top Tips for Parents and Carers

Have a look at the tips and links below with some suggestions on how to get you started and help you to stay safe and positive online. You and your family can #PlayYourPart in creating a better internet by...

### Having conversations without judgement.

Whether by playing games, watching videos, or doing things your child enjoys, spending time together online is a great way to start conversations about the online world and how they're finding being a part of it.

It is important to ask questions and take an interest in what your child enjoys online. An essential part of having this open dialogue is to not judge, even if their behaviour or life online isn't what you wanted or expected. This ensures that your child feels they can come to you if ever they make a mistake or experience a problem online.



### Knowing where you can learn more about their favourite apps and games.

Websites like Common Sense Media or The Family Gaming Database can be invaluable sources of information. When your child starts talking about a new game or app, why not do some research into the reporting and blocking options available? Then you can help your child if they come to you with an issue.

### Getting support if things go wrong.

There are lots of organisations who are there to support you and your family if something has gone wrong. The [Report Harmful Content website](#) can help you with issues such as cyberbullying, impersonation and threats. You can report worrying behaviour towards children to [CEOP](#). Find out more on [Children's Get Help page](#).



### Reassuring your child that whatever happens online, you are there to support them.

Let your child know that the best way to address any problem they have online, is to tell a trusted adult immediately. For example, this might include someone sending them a friend request; an online message; telling them to visit a specific website, or app; or asking them for their personal information. Reassure them that if anything happens online that they are unsure about, or makes them feel worried or upset, they can come to you for help.

### More advice and guidance

<https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/>

