

Mellors

HISH-FLYER. A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING

09/10/2023	Monday 🛞	Tuesday	Wednesday	Thursday	Friday
Main Dish	Chicken hotpot	Beef lasagne	Turkey dinner	Chicken tikka	Plain chicken burger Spicy chicken burger
Vegetarian Main Dish	Mac & cheese	Tomato & basil pasta bake	Cheese Pie	Vegetable curry bake	Veggie quarter pounder burger
Accompaniments	Seasonal veg Pasta bar Jacket potato/soup	Garlic bread Pasta bar Jacket potato/soup	Broccoli Yorkshire pudding Pasta bar Jacket potato /soup	Naan bread White rice Pasta bar Jacket potato /soup	Seasoned French fries
POD	Sausage roll Ham & cheese panini Veggie supreme wrap Spicy Peperoni pizza Cheese & tomato pizza Chicken wrap of the day	Sausage roll Meatball sub Cheese & tomato panini Cheesy garlic bread BBQ chicken pizza Chicken wrap of the day	Sausage roll Peperoni pizza panini Cheese & tomato panini Meat feast pizza Margarita pizza Chicken wrap of the day	Cornish pasty Spicy peperoni panini cheese & tomato panini cheesy BBQ pizza peperoni pizza chicken wrap of the day	Beef cheese burger Veggie quarter pounder Chicken strips & fries Crispy chicken wrap With lettuce & mayo
ROSE Bucks	Subway/salad bar Selection of sandwiches Toasted wraps	Subway/salad bar Selection of sandwiches Toasted wraps	Subway/salad bar Selection of sandwiches Toasted wraps	Subway/salad bar Selection of sandwiches Toasted wraps	Subway/salad bar Selection of sandwiches Toasted wraps
Dessert	chocolate chip cookie home bake of the dr fresh fruit	Chocolate chip cookie Home bake of the day Fresh fruit	Jammy short bread biscuit home bake of the contract fresh fruit	Ginger bread biscuit chocolate moose fresh fruit	Bake of the day Fresh fruit
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