



DEAN TRUST Rose Bridge



NEWSLETTER

Headteacher Message

It was wonderful last night to see our class of 2022 return for GCSE Certificate Evening. Staff spoke warmly about our ex pupils who received prizes as well as their GCSE certificates for attainment and progress in each subject area.

We are very proud of everything that those pupils have achieved as they are DTRB record breakers - this year's cohort have big shoes to fill. It has been fantastic to see though how well our current Year 11's have applied themselves to their first mock examinations which end today. Next week after school enrichment will begin again.



Lucy Cropper
Head of School



James Hazeldine
Executive Headteacher

WINTER WARMER

Don't forget there is a free breakfast every morning in the canteen from 8am.

We also offer a **free hot lunch every Friday to all pupils** - enjoy Chippy day!

EMPLOYEE OF THE WEEK:

Miss K Warren - Year 9 are the netball league winners!





Half term two in Science!

KS3

This half term year 7 have been learning about particle theory and how our ideas about the atom have developed over the last 200 years.

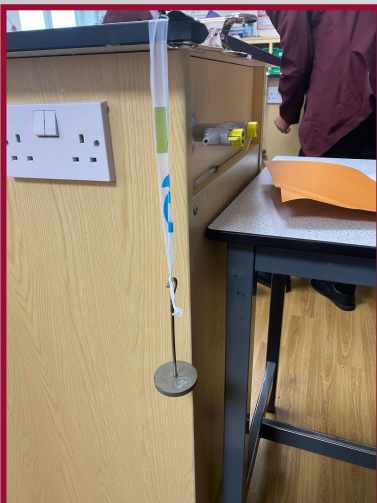
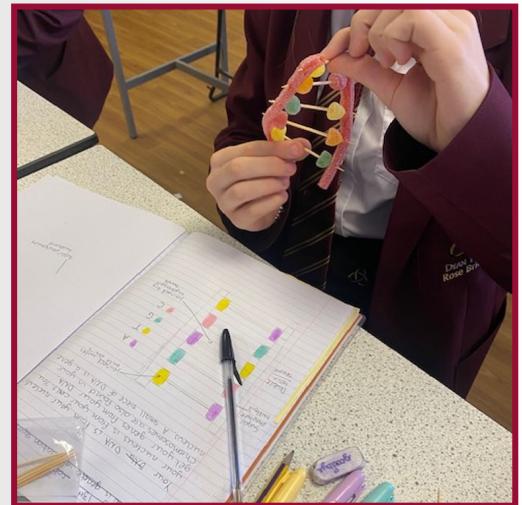
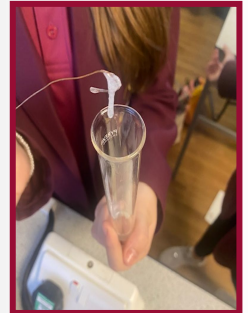
We have also been learning about energy and how electricity can be generated in many more environmentally and sustainable ways.

In year 8 the students have been learning about how heat is transferred and ways to reduce heat loss and save on our energy bills!

We have looked at how a thermos flask works and how best to insulate our homes to prevent heat loss

Year 9 have been learning about the information contained in our DNA and how to extract DNA from fruit. They have also been investigating materials and the properties that make them good for the job they do.

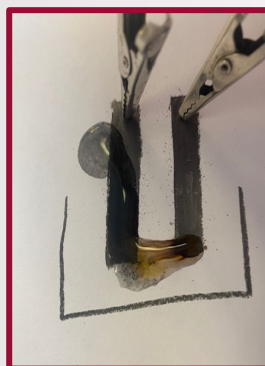
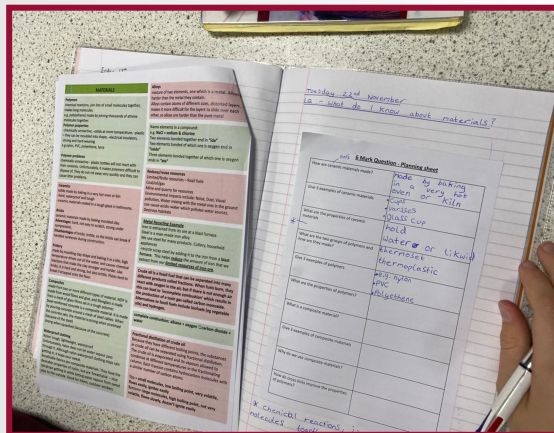
We made polymers (slime) and tested polymers (plastic bags) and investigated how much weight different composite materials could take before they broke



Key Stage 4

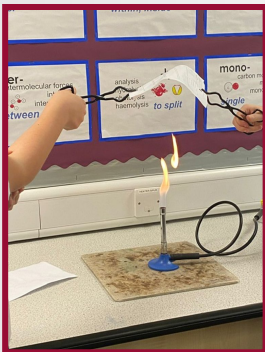
Year 10 have been studying States of Matter, Forces and Cells, they have made an excellent start to their GCSE course.

For year 11 the last two weeks have been mock exams. They have attended, form-time, lunchtime and after school revision sessions and have worked hard in lessons to revise for the exams. We have revisited some of the Core practicals, carried out some fun new electrolysis experiments and have practiced exam technique.



Science Club

Science Club continues on Tuesdays after school for anyone in years 7, 8 and 9. Head up to science at 3pm to try out some fun experiments. So far we have made pH rainbows, created fire writing and investigated water uptake using coloured ink. This week we created invisible ink and exposed it using the Bunsen burners. Sometimes the STEM club join us to investigate some scientific projects linked to maths and technology also.



DEPARTMENT OF THE WEEK:

Science Superstars for HT1

These students had the highest points on bromcom in Science so far this half term. Well done and keep it up.

Year 7 - Diarra S

Year 8 - Shay T

Year 9 - Brandon D

Year 10 - Tia D

Year 11 - Grace B



Y11 Revision

Revision will continue after the mock exams and until final GCSEs! It will take place in your usual Science Lab at lunch time on Thursdays.

Bring sandwiches or grab a lunch bag from the canteen

Make the most of some extra help from your science teacher.

Open Evening

In October Hogwarts came to the Science Department to present science experiments at Open Evening. The staff looked impressive as the Hogwarts professors and the visiting schools enjoyed the science experiments displayed.



Last year the Science department gave out lots of department badges. Are you up to the challenge?

- 100% effort and safety in practical lessons
- Positive contributions to lessons
- Speak like a scientist
- Show a passion for Science outside of lessons

MATHS CHALLENGE

A train carriage has 80 seats. On my journey I noticed that all the seats in my carriage were taken and 7 people were standing.

At Banbury, 9 people left the carriage, 28 people entered it and all seats were taken.

How many people now had no seat?

- A 0 B 7 C 16 D 26 E 35

After tennis training, Andy collects twice as many balls as Roger and five more than Maria. They collect 35 balls in total. How many balls does Andy collect?

- A 20 B 19 C 18 D 16 E 8

A standard pack of pumpkin seeds contains 40 seeds. A special pack contains 25% more seeds. Rachel bought a special pack and 70% of the seeds germinated. How many pumpkin plants did Rachel have?

- A 20 B 25 C 28 D 35 E 50



NUMERACY CHALLENGE



1



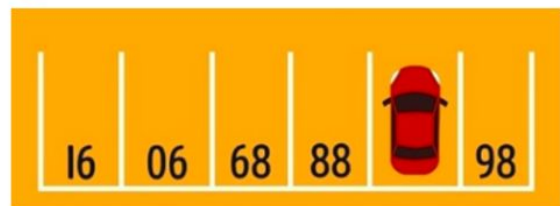
I have 207 stickers

I have 150 stickers



Mo gives Alex some stickers.
Alex now has twice as many as Mo.
How many stickers did Mo give Alex?

2



What number is covered?



LITERACY CHALLENGE

Reading Pathways

This is a new initiative for 2022. The aim of these pathways is to ensure pupils are reading different genres of books across the academic year. We aim for pupils to read at least one book per half term so by the end of Year 11 they have read at **least 30** books.

This year, pupils are expected to read six books that are appropriate to their specific reading level. After each book, pupils will be rewarded, evident in the table to the right. To check whether a book is eligible for the prize, Ms Worrall and Mr Morton are on hand to help pupils with their selection. Recommended books for each Reading Pathway are available in the library.

Pupils must make sure that they get their planner sticker signed by a member of the English Department!

Book Number	Reward
1	3 positive points on Bromcom and a personalised bookmark
2	3 positive points on Bromcom and a reading reward badge
3	Free breakfast reward in EN6
4	Jump the queue pass for you and a plus one
5	Amazon voucher to buy a book of your choice
6	Entry into a prize draw for a Kindle

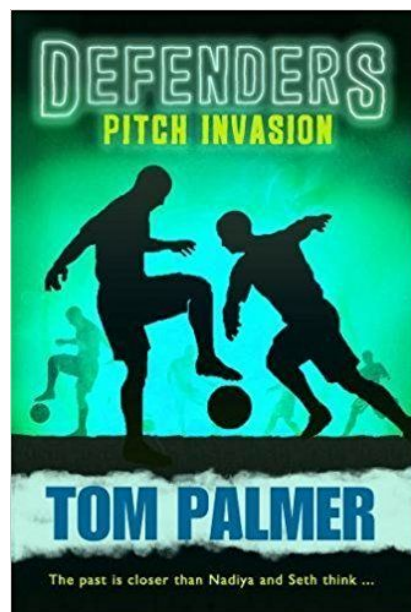
BOOK OF THE WEEK: Defenders: Pitch Invasion

We've got a football theme, this week, as England seem to have made a decent start in the World Cup! Some of you will know the work of Tom Palmer, who has written a whole series of novels about boys' football teams. This week's book is a new one from him. It's '**Defenders: Pitch Invasion**' by **Tom Palmer**.

A tense Seth is waiting to hear if his mum's got the 'all-clear'. But instead of relaxing in Cornwall, Seth is haunted by visions. Heads on spikes - bloodied and rotten, eyes pecked out - surrounding an Iron Age hill fort to keep intruders away.

When Seth meets two football-crazy brothers from Aleppo their stories offer him a new sense of courage. Can he look death in the face and restore calm to the present?

Exciting finale to the Defenders trilogy.

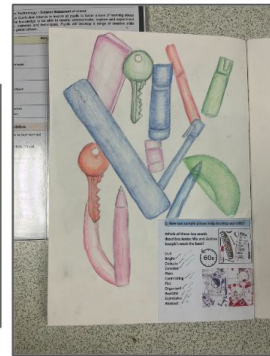
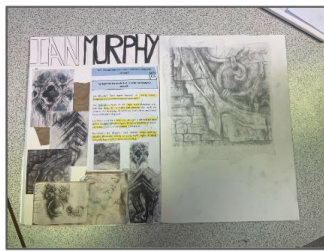
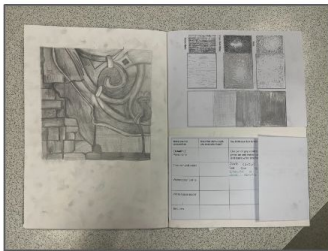


YEAR 9 Netball League Winners



Teaching and Learning - Art

Well done to Beth, Dominik and Jasmine for their efforts in art.



Enrichment Star of the Week



2nd Place - Miss Warren



1st Place - Mrs Ashton



3rd Place - Mr Lowe



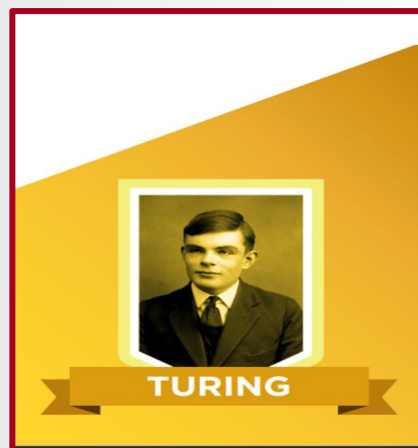
Year 7 took part in a Foundation Football tournament at The Cliff this week. All the lads were excellent winning 1 and drawing 1 and finishing fourth overall against good competition.



HOUSE AWARDS



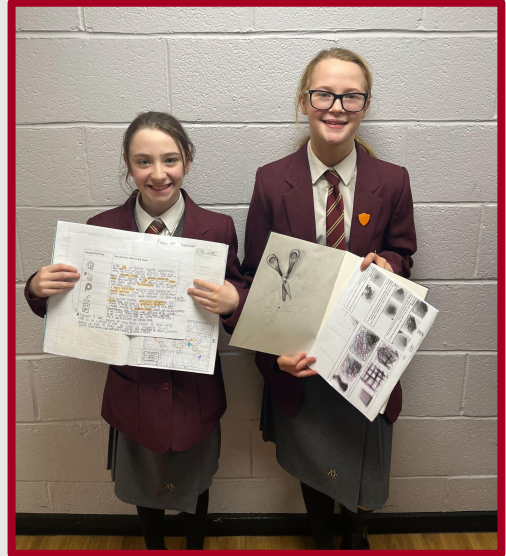
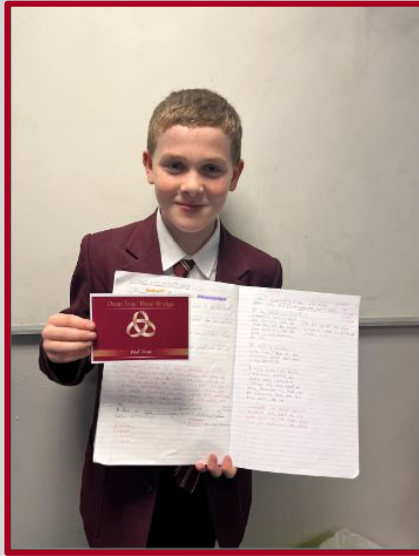
Turing	750
Churchill	620
Sanderson	585
Franklin	550
Nightingale	450



ACHIEVE AND SUCCEED

Well done to our 'Achieve and Succeed' Award winners this week.

- Leah F
- Lily FW
- Molly W
- David D
- Lexi MF
- Claudia K
- Amy R



WINTER WARMER

**FREE LUNCH
FRIDAY**

FOR PUPILS & STAFF

MEAL DEAL VALUE £2.30.





Pupil Awards

Pupil Name	Year Group	Subject Nominating	Reason
McKenzie A	7	English	Absolutely stunning use of personification this week-mind blowing!
Nela A	11	English	Fabulous story written for her exam!
Alfie O	9	English	Multiple 100% achieved on Reading Plus
Ella C	9	English	Multiple 100% achieved on Reading Plus
Kalel G	11	English	Taking part in EVERY class discussion and always trying your very best
Adrian F	10	English	Always giving 100%
Ilham A	8	English	Incredible change and such a positive attitude now well done!
Jason F	7	English	Always so polite and enthusiastic
Cole M	10	Sport studies	Works really hard in lesson, helps others and is producing some excellent work!
Lucy H	10	Sport studies	Takes feedback on board, strives to be the best she can possibly be and produces great work
Molly W	10	Sport studies	Excellent start to sport studies, never gives up and challenges herself
Lacey OI	7	P.E	Never stops smiling, is the kindest person to other pupils and tries her best in everything that she does
Regina R	11	Music	Outstanding work through coursework and supportive to others within class.
Domanic T	11	Music	Any free moment, Dom is in the music room rehearsing his piano skills.
Millie D	7	Science	Amazing test score
Lucas M	7	science	Amazing test score
Lexi F	7	science	Amazing test score
Dylan G	7	science	Top science mark in the year!
Isabelle D	9	English	Fantastic homework!
Sebastian M	9	English	Fantastic homework!
Roxy Q	9	English	Fantastic homework!
Ariele L	9	English	Fantastic homework!



CHRISTMAS APPEAL



Daffodils
Dreams

Christmas Appeal



Creating smiles for the children of Wigan

Please contact helpdesk@greenmountprojects.co.uk if you would like to donate. All donations must be received by **Wednesday 14th December**.



DEAN TRUST Rose Bridge



HELP WITH THE COST OF LIVING

At Dean Trust Rose Bridge we are fully committed this year to ensuring that as many of our families as possible get help this winter through the cost of living crisis. We would like to make you aware of both support from the school itself and companies we have partnerships with that will enable families to feed, cloth and keep themselves warm over the coming months

From Dean Trust Rose Bridge

- All pupils receive a free breakfast every morning from 8am
- All pupils receive a free hot lunch every Friday
- We have a supply of free school jumpers available upon request – please email office@deantrustrosebridge.co.uk
- We also have various sizes of free school shoes available upon request – as above

From the Manchester United Foundation

- The Manchester United Foundation will be providing us with hats and gloves to distribute to pupils



From Daffodils Dreams

- We will be working alongside Daffodils Dreams this year who are providing sleepwear and duvets to pupils



From Greenmount Projects Ltd

- Greenmount will be delivering Christmas food hampers to 100 families on Christmas Eve
- Greenmount will also be providing toys to those children who may not otherwise receive anything this Christmas (these will be delivered to school on Tuesday 13th December for us to deliver)
- Greenmount Energy – providing gas and electricity top ups to a maximum of £2000 in total to our most vulnerable families



Please also be aware that there are a number of ways you can access support in the local area. Ince Methodist has a Community Coffee Morning each Thursday from 9am from 11.30am, they hold a drop in lunch that continues until 2pm. The coffee morning each week offers a warm place to be, hot drinks and refreshments free of charge. The church also provides clothes and other items to support Families

Please also see the link below for advice and support from Wigan Council
Feeding your family (wigan.gov.uk)



YEAR 7

Oliver H

Oliver has had an excellent start to Year 7. He has the highest behaviour points last week and has great attendance. Keep up the good work!

YEAR 8

Peyton L Mc

A huge improvement in her attitude and behaviour towards her learning, well done and keep it up.

YEAR 9

Katie H

Katie is a hard working pupil who is always trying her best in lessons. She always tries her best to overcome challenging subjects. Well done Katie it is a pleasure to have you in our year group! I notice you!

YEAR 10

Amelia S

Always gets it right! Fantastic attendance and behaviour points. Always has a smile on her face..

YEAR 11

Taylor S

- Fantastic effort throughout mock exams. Taylor attends enrichment regularly and always works well. Well done keep it up Taylor.



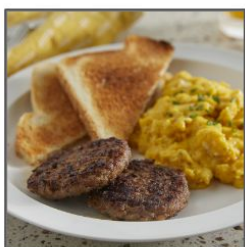
Year 7: KTB, JAB, ANC 92%

Year 8: STC 95%

Year 9: JOJ 92%

Year 10: JEJ 93%

Year 11: REJ 99%



DEAN TRUST Rose Bridge

Attendance Matters!

Y7	93.6%
Y8	89.6%
Y9	91.5%
Y10	83.3%
Y11	91.6%

Last Week:

Weekly overall
90.1%

Year 7 89.7% (-3.9%)

Year 11 89.2% (-2.4%)

Year 8 89.1%(-0.5%)

Year 9 86.8%(-4.7%)

Year 10 83.7% (+0.4%)

Weekly overall
87.8%

NA: 91.2%
NW: 91.1%



Yearly Overall
89.7%

Y7	92.8%
Y8	90.9%
Y9	89.7%
Y10	86%
Y11	88.5%

Year to date:

Attendance Champion...



DEAN TRUST Rose Bridge

HT2 EXTRA CURRICULAR ACTIVITIES



Extra-Curricular Activity at Dean Trust Rose Bridge Year 7 - 9 (KS3) Half Term 2, 2022-2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School			Breakfast Club iCLASS		
Lunch	Chess Club Claudia Kowalski Football Astro, Mr Volante & Dan Lunch Club iCLASS Maths Support Club MA1 Computer access CS2 Gardening Club Mr Campbell	Games Club Library, Miss Worrall Singing Group MS1, Mrs Ashton Football Astro, Mr Volante & Dan Lunch Club iCLASS Geography 'Interactive Geography Club' GE1 Maths Homework Support Club Miss Banks MA4 Spanish Kahoot Club Miss Brabin MFL3	Poetry Club (KS3) EN4, Regina Ruggiero Football Astro, Mr Volante & Dan Literacy Council EN6, Mr Morton Lunch Club iCLASS Maths Council Mrs Lane MA6	Homework Club EN1, Miss Jones Games Club Library, Miss Worrall Music Y9 MS1, Mr Lowe Guest Artist PAS, All Years Football Astro, Mr Volante & Dan Lunch Club iCLASS Ethics Club (y9) SS2, Mrs Johnston	Football Astro, Mr Volante & Dan Lunch Club iCLASS
After School 3pm – 4pm		Boys Rugby (KS3) PE, Mr Shepherd Badminton All Years Miss Reilly KS3 Science Club In science classes Darts with Dearns Mr Dearnley, MA5 Maths Support Club MA1 Art Club (KS3) DE1 Stem Club Mrs Lane MA6	Performing Arts Y9 PAT, Mrs Ashton Music (Year 7 & 8) MS1, Mr Lowe Netball 7 and 8 PE, Miss Warren Gym club Miss Reilly	Mathletes Mr Dearnley, MA5 All Football Mr Eckersall Netball 9, 10, 11 Miss Warren Boys Football Y7 and 8 Mr Volante KS3 Computing Club Mr Finnegan, CS2 Creative History Mr Johnson H11	MedSoc Medical Club SC4, Mr Barber
Double Points Week: 5th December				Charity Event: Santa Fun Run:	



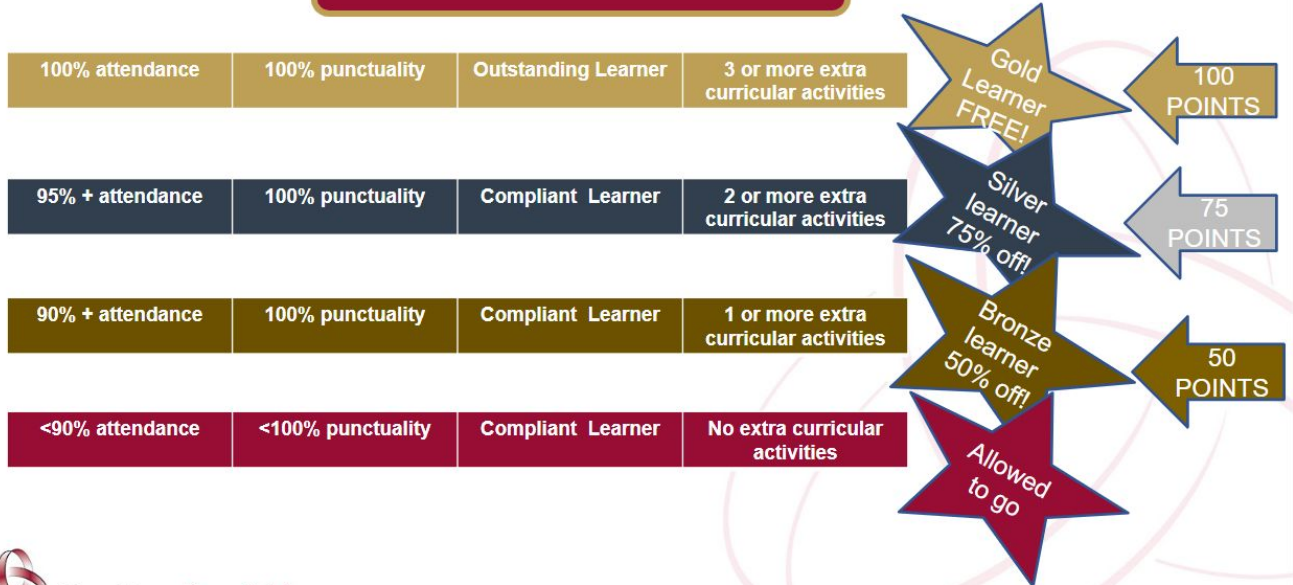
Extra-Curricular Activity at Dean Trust Rose Bridge Year 10 - 11 (KS4) Half Term 2, 2022-2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School			Breakfast Club iCLASS		
Lunch	Chess Club (S) Claudia Kowalski Football (P) Astro, Mr Volante & Dan Lunch Club (V) iCLASS Maths Support Club (V) MA1 Computer access (S) CS2 Gardening Club (V) Mr Campbell	Games Club (S) Library, Miss Worrall Singing Group (S) MS1, Mrs Ashton Football (P) Astro, Mr Volante & Dan Science KS4 Homework support (V) SC6, Miss Green/Science teachers Lunch Club (V) iCLASS Geography (S) 'Interactive Geography Club' GE1 Maths Homework Support Club (V) Miss Banks MA4	Performing Arts Music (KS4) (S) Mrs Ashton, Mr Lowe Football (P) Astro, Mr Volante & Dan Literacy Council (V) EN6, Mr Morton Lunch Club (V) iCLASS Maths Council (S) Mrs Lane MA6 LanguageNut (S) Miss Brabin MFL3	English Homework Club (S) EN1, Miss Jones Games Club (S) Library, Miss Worrall Guest Artist (S) PAS, All Years Football (P) Astro, Mr Volante & Dan Lunch Club (V) iCLASS Ethics Club (10) (S) SS2, Mrs Johnston Science revision (S) With class teachers in normal classroom	Football (P) Astro, Mr Volante & Dan Lunch Club (V) iCLASS
After School 3pm – 4pm		Music (Y10) (S) MS1, Mr Lowe Badminton (P) All Years Mr Shepherd Darts with Dearns (S) Mr Dearnley, MA5 Maths Support Club (V) MA1 Stem Club Mrs Lane MA6	Gym club (P) Miss Reilly	Performing Arts Y10 (S) PAT, Mrs Ashton Mathletes (V) Mr Dearnley, MA5 Netball 9, 10, 11 (P) Miss Warren Creative History (S) Mr Johnson H11	Geography Revision (S) GE1, GE2 Miss Brady Sport Studies Boosters (S) CS1 MedSoc Medical Club (S) SC4, Mr Barber Performing Arts Y11 (S) PAT, Mrs Ashton Music (Y11) (S) MS1, Mr Lowe
Double Points Week: 5th December		 Voluntary - (V) Physical - (P) Skill - (S)		Charity Event: Santa Fun Run:	





How does it work?
























Please can parents be aware that medical appointments should, wherever physically possible, not take place during school hours. They should be arranged for before or after school. The attendance office should be notified via phone when this is not possible.

It is also essential that parents of absent pupils should call school to notify us of reasons **before 9am**. After this time, communications regarding absence will primarily go home **via email**. Parents who have downloaded the MCAS app, will also get a notification there. If you think you need to update your details to accommodate this, please get in touch.

As always, excellent attendance at school is the only sure-fire way to guarantee excellent success for our pupils. Don't forget about our Going for Gold reward scheme which concludes in the summer with a fantastic reward trip for pupils!

STANDARDS AND EXPECTATIONS



Be Ready		Be Respectful		Be Safe	
<p>Key items to bring to school each day</p> <p><u>Essentials:</u></p> <p>School bag</p> <p>100% folder</p> <p>Planner</p> <p>Water Bottle</p> <p>Reading book</p> <p>Pencil case including the following:</p> <p>2 black pens</p> <p>Pencil</p> <p>Ruler</p> <p>Rubber</p> <p>Green pen</p> <p>Red Pen</p> <p>Scientific calculator</p> <p>Highlighter pens</p> <p><u>A dictionary is desirable but not essential</u></p>               	<p>Attendance and punctuality</p> <p>Pupils should have 100% attendance.</p> <p>Holidays taken during term time will not be authorised and may incur a Fixed Penalty Notice / Fine.</p> <p>Pupils absent from school for 10% of the time are defined as:</p> <p>'Persistent absentees'.</p>  <p>Good attendance supports pupil progress.</p> <p>Pupils need to be in school before 8.38am ready for Form Time.</p> <p>Pupils must be on time for all lessons.</p> <p>School PE kit must be worn to every PE lesson.</p>	<p>Uniform</p> <p>Footwear should be plain black shoes, business style with leather upper, no boots or large logos. Black knee socks (no bows) or tights.</p> <p>Accessories are not permitted.</p> <p>Be aware that some retailers call their training shoes, shoes.</p> <p>If it looks like a trainer or pump it is, and these are not permitted. Pupils must be smart at all times.</p> <p>Hoodies are not permitted.</p> <p>Outdoor coats should be removed inside the building. Blazers and school ties are to be worn at all times. Only badges awarded by the school may be worn upon the lapel of the blazer. Shirts must be tucked in.</p> <p>Trousers with the school logo, must be tailored (no jeans, skinny leg, leggings or chinos etc). Finiforcs & skirt with the school logo, must be knee length.</p> 	<p>Travel</p> <p>Pupils should travel to and from school in full school uniform. When representing the school pupils should behave in respectful and courteous way.</p> <p><u>Accessories, haircut and facial hair</u></p> <p>All hairstyles should be smart in appearance.</p> <p>No extreme haircuts (full head, bare blade shaves, trim lines etc).</p> <p>Skin tides are acceptable if there is a minimum of a number 2 on top</p> <p>Only natural colours/tones are acceptable. Accessories should be small in size and in the school colours.</p>   <p>Hair longer than shoulder length must be kept tied up at all times.</p> <p>Boys must be 'clean shaven'.</p>	<p>Jewellery and makeup</p> <p>For health and safety reasons pupils are not permitted to wear any jewellery other than a watch.</p> <p>No earrings or piercings are allowed.</p> <p>Makeup, false tan, permanent or semi permanent make up, nail varnish or accessories are not allowed (false nails and false eye lashes).</p> <p><u>Health/school:</u></p> <p>Only water can be consumed in school or in the classroom (750ml or less). Water can be purchased at break and lunch time.</p> <p>No family size/sharing bags or sweets, chocolates or crisp etc are allowed.</p> <p><u>Environment</u></p> <p>Keep our school tidy, do not drop litter or chew gum.</p> 	<p>Mobile phones and electronic devices</p> <p>No mobile phones or electronic devices should be brought into school (this includes smart watches).</p>  <p>Pupils who need a mobile phone for their journey to and from school should follow school procedures and hand it in to the Pastoral Team before entering the building.</p> <p><u>Banned items:</u></p> <p>Banned items are any items which may cause damage to other pupils and/or the school environment e.g. aerosols, cigarettes, marker pens, chewing gum, E-cigarettes, lighters, weapons etc.</p> <p>Dean Trust Rose Bridge has the right to ban any item during the academic year that breaches health and safety.</p>

'You cannot climb the ladder of success dressed in the costume of failure'

At Dean Trust Rose Bridge, we believe that the standards of personal appearance are reflected in the attitudes of our pupils. By dressing to a high standard, it has been shown that our standards of work, and subsequent outcomes, improve over time. Please support the school by ensuring that your child adheres to the school's high standards of uniform and appearance. Each day staff will check that pupils are dressed in accordance with the above expectations.

Banned items should not be brought into school. Banned items will be confiscated by staff. Please refer to our Standards and Expectations poster for clarity on banned items.

Mobile phones: Any pupil found with their mobile phone during the school day will have this item confiscated. Confiscated phones will not be returned to a pupil under any circumstances. It is the parent/carers responsibility to collect the device from school at a mutually agreed time.

If pupils need to bring a mobile phone to school to ensure their safety when travelling, they must be handed in at the start of the day, before entering the building.

Sanctions will be applied to any pupil who fails to meet the school's standards and expectations.

With your support, we will continue to improve the standards at Dean Trust Rose Bridge School. Together, we will continue to make progress, giving all our pupils the best life opportunities by developing hard-working and dedicated young adults with high standards and aspirations.

Standards & Expectations

Lines of Communication

Just a reminder to all parents, that your **child's Form Tutor** should always be the first port of call if there are any questions or concerns. Furthermore, due to staff absence, if you have contacted a member of staff and have not heard back, please contact

office@deantrustrosebridge.co.uk

and we can ensure any messages are directed to the right person.

Up to date contact details

Please can we ask that you ensure we have your most recent contact details on file so that if I have to communicate any changes to the normal operation of the school you receive the relevant messages.



Working together

Our strength develops when we work together as a community, ensuring that the children and young people who attend Dean Trust Rose Bridge receive the best possible experience even during these uncertain times. We feel blessed that we have such a supportive parents, wonderful pupils, and an incredible staff who always go above and beyond for your children.



DTRB Standards & Uniform Expectations

Hair and Appearance

Uniform Standards

Shoes and Footwear

Be Ready, Be Respectful, Be Safe

- Style**
- * No Patterns or Tramlines
 - * No Bareblade hair cuts
 - * No Hair Accessories
 - * No Loose long hair
 - * No Hair Dye or Tip Dying
 - * No Braids
- Cosmetics**
- * No Nail Varnish or False Nails
 - * No Jewellery
 - * No Tattoos
 - * No False Lashes
 - * No Make up or Fake Tan

- * No Skirt or Pinafore above the knee
 - * Not Black Skirts
 - * No Fashion Trousers/Pants
 - * No Leggings
 - * No Jeans
 - * No rolling up of skirts
- 

- | | | |
|---|---|----------------------|
|  |  | * No Boots |
|  |  | * No Pumps |
|  |  | * No 'Bling' |
|  |  | * No Heels |
| | | * No Coloured shoes |
| | | * No Patterns |
| | | * No Sandals |
| | | * No Trainers |
| | | * No Sports Logos |
| | | * No 'Shoe-Trainers' |

Any pupils found not following these simple expectations will be sanctioned.
Repeat offenders will be on Uniform Report.

- ✓
- ✓ Shoulder length hair tied up at all times
 - ✓ Natural Hair Colours Only
 - ✓ Plain Black Hair Band, Bobble or Clip
 - ✓ Wrist Watch allowed

- ✓
- ✓ Tailored Only Trousers
 - ✓ Pinafore or Grey Box Pleat Skirt
 - ✓ Plain Black Socks (Knee High for skirts)
 - ✓ Plain Black Tights

- ✓
- | | | | |
|---|---|---|---|
|  |  |  |  |
|---|---|---|---|
- ✓ Plain Black and Polishable Shoes only ✓ Bright Trainers are allowed for PE only.

Safer Internet Tips...

Top Tips for Parents and Carers

Have a look at the tips and links below with some suggestions on how to get you started and help you to stay safe and positive online. You and your family can #PlayYourPart in creating a better internet by...

Having conversations without judgement.

Whether by playing games, watching videos, or doing things your child enjoys, spending time together online is a great way to start conversations about the online world and how they're finding being a part of it.

It is important to ask questions and take an interest in what your child enjoys online. An essential part of having this open dialogue is to not judge, even if their behaviour or life online isn't what you wanted or expected. This ensures that your child feels they can come to you if ever they make a mistake or experience a problem online.



Knowing where you can learn more about their favourite apps and games.

Websites like Common Sense Media or The Family Gaming Database can be invaluable sources of information. When your child starts talking about a new game or app, why not do some research into the reporting and blocking options available? Then you can help your child if they come to you with an issue.

Getting support if things go wrong.

There are lots of organisations who are there to support you and your family if something has gone wrong. The [Report Harmful Content website](#) can help you with issues such as cyberbullying, impersonation and threats. You can report worrying behaviour towards children to [CEOP](#). Find out more on [Children's Get Help page](#).



Reassuring your child that whatever happens online, you are there to support them.

Let your child know that the best way to address any problem they have online, is to tell a trusted adult immediately. For example, this might include someone sending them a friend request; an online message; telling them to visit a specific website, or app; or asking them for their personal information. Reassure them that if anything happens online that they are unsure about, or makes them feel worried or upset, they can come to you for help.

More advice and guidance

<https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/>



Useful Contacts and Resources

Revision Skills- Revision Hacks.

<https://gmhigher.ac.uk/resources/revision-skills-revision-hacks/>

Pomodoro Technique:

<https://gmhigher.ac.uk/resources/revision-skills-pomodoro/>

Worksheet:

Traffic Light Technique:

<https://gmhigher.ac.uk/resources/revision-skills-traffic-light-technique/>

Revision Timetable:

<https://gmhigher.ac.uk/resources/revision-skills-revision-timetable-handout/>

Choices- HE What and Why?

<https://gmhigher.ac.uk/resources/choices-he-what-and-why/>

Choices- Post-16 options

<https://gmhigher.ac.uk/resources/choices-post-16-options/>

Student Life – HE options

<https://gmhigher.ac.uk/resources/student-life-he-options/>

Student Life – Support at university

<https://gmhigher.ac.uk/resources/student-life-support-at-uni/>

Worksheet:

<https://gmhigher.ac.uk/resources/choices-post-16-options-true-or-false/>

Student Life – Path Finder

<https://gmhigher.ac.uk/resources/student-life-path-finder/>

TOPIC: INTERVIEW SKILLS

Interview Skills – How to get through your interview

<https://gmhigher.ac.uk/resources/interview-skills-your-interview/>

Interview Skills – First Impressions

<https://gmhigher.ac.uk/resources/interview-skills-first-impressions/>

WORKSHEETS:

Interview Skills – Who got the job?

<https://gmhigher.ac.uk/resources/interview-skills-who-got-the-job/>

Interview Skills – What makes you stand out?

<https://gmhigher.ac.uk/resources/interview-skills-stand-out/>

TOPIC: BUDGETING SKILLS

Budgeting Skills – Prudent Student Game

<https://gmhigher.ac.uk/resources/budgeting-skills-prudent-student/>

Budgeting Skills – Mythbusting

<https://gmhigher.ac.uk/resources/budgeting-skills-mythbusting/>

Budgeting Skills – What students spend their money on

<https://gmhigher.ac.uk/resources/budgeting-skills-spending/>

WORKSHEETS:

Budgeting Skills – Budgeting activity Instagram

<https://gmhigher.ac.uk/resources/budgeting-skills-instagram/>