



# NEWSLETTER

## Headteacher Message

Today almost 100 of our Year 7 pupils have taken part in our very first Outward Bound trip for the weekend to Snowdonia. Thank you very much to the staff who have given up their weekend to supervise, we hope you all have lots of fun team building and the weather holds out for you. The Year 7s who have stayed behind in school have taken part in a fun 'enterprise' day designing hovercrafts with a STEM theme, prizes have been awarded to the winning team.

Today we also sent our Year 11s to Wigan and Leigh College for a full taster day of courses. Behaviour and attitudes have been outstanding with pupils asking mature questions about their options Post-16.



Lucy Cropper  
Head of School



James Hazeldine  
Executive Headteacher

Please can I remind you of the importance of punctuality. We have a number of pupils currently who are late regularly. We will now be communicating with parents daily via the MCAS app or email when a child is late. Without valid reason, pupils will be issued with a detention when they are late. Can I also point out, that legally, 30 minutes after the close of registration, pupils are marked with a 'U' code, indicating an unauthorised absence, which will impact their overall attendance figure and may result in further action being taken by the school in cases where unauthorised absence is high. We appreciate your support in ensuring pupils have good attendance and punctuality at school. Outstanding attendance results in outstanding progress! Kind regards, Ms McQueen

100%	Outstanding	Well done! Excellent commitment!
99-94%	Compliant	A good effort, but 6% absence can equate to up to 9 days of missed learning.
Less than 94%	Reluctant	At this stage, we will step in as a school to support. Too much missed learning.

## EMPLOYEE OF THE WEEK:

Mr Nagington for being extremely patient, calm and resilient with the very complex cover situation this week.





## Spanish:

"One language sets you in a corridor for life. Two languages open every door along the way."

### European Day of Languages

Last week the Spanish department have been celebrating European Day of Languages. Students have been learning about the importance of learning a language and the opportunities it can bring. Lots of students have completed challenge grids, taken part in a language themed Kahoot at lunch, tasted a variety of European foods and made some fantastic tapas in an after school cookery class.

Well done to all those who have taken part and you have been awarded positive points.



### Visit to UCLan

As part of European Day of Languages 12 Year 10 students had the opportunity to visit the University of Central Lancashire to experience their 'Worldwise' event. Students enjoyed talks from current university students who have completed a year abroad and they went on a campus tour to look at the great facilities UCLan has to offer. Additionally, students were able to take part in a

Japanese language taster session, learnt how to sign Little Red Riding Hood via British Sign Language and used the interpreting suite to get a feel for what an interpreter actually does. Students also took advantage of participating in some Chinese fan dancing and calligraphy during their lunch break.



### Year 8 Speaking Skills



Miss Brabin would like to highlight the fantastic work that 8X2 are doing currently in lessons to develop their speaking and translation skills. In the image below students were working to complete translation pyramids testing their pronunciation of Spanish vocabulary and also translating accurately. ¡Bien hecho 8X2!



## **Geography:** "Geography is an earthly subject, but a heavenly science."

On Thursday the 13th October 2022 Year 11 geographers will be completing fieldwork for their GCSE. We will be visiting Cleveleys coastline to conduct 'physical' fieldwork measuring coastal management effectiveness against longshore drift.

We will then head to Salford Quays to conduct 'human' fieldwork and assess how the regeneration of the Quays and surrounding area has changed its land use.

Year 11 will learn invaluable out of classroom experience and fine tune data collection techniques. All pupils studying GCSE Geography need to attend as this work is assessed in their Paper 3 exam paper. Pupils need to attend school in warm clothes and appropriate footwear as we will be outside all day.



## **History:** "If you want to understand today, you have to search yesterday."

'The History department have been leading the schools celebrations for 'Black History Month'. This has included delivering assemblies to all year groups. The theme for this year is 'Action not Words'. During the assembly, pupils have watched a number of different clips that celebrate the achievements of black people who have used not only words but also peaceful action to achieve equality.

In addition to the assemblies, pupils have studied the work of Martin Luther King and his 'I have a Dream' speech and the march that occurred in Washington DC in August 1936, which also demonstrated peaceful methods of 'Action not Words'.

Retrieval Practice: retrieval practice is a learning technique revolving around repeatedly recalling learned material without seeing it in front of you. This helps to store information in your long term memory which helps pupils remember information more effectively for their exams.

In Year 10 history lessons, the pupils have been continuing with 'retrieval practice' at the start of each lesson. Pupils have been asked a number of questions relating to areas of Crime and Punishment that were studied in Year 7 but that are pertinent to their GCSE Crime and Punishment course.

### **Upcoming Events:**

- **Geography:** Thursday 13th October. Year 11 fieldwork trip to Cleveleys and Salford Quays.
- **History:** Monday 10th October. Frontline Living History are coming into school to deliver World War One workshops to year 9 pupils where they will have the opportunity to look at real artefacts and gain a great insight into the events of the War.





## Stars of the Week:

Year 7: George S. Fantastic engagement in Spanish. Your answers about Spanish grammar rule of masculine and feminine have been fantastic.

Year 8: Geography - Aiden F - brilliant start to Year 10 and great contributions to our lessons - Well done!

Year 9: History

Year 10: Spanish - Adrian F - You have been working in an exemplary manner and challenging yourself in lesson. Your vocabulary knowledge is impressive and is increasingly on a weekly basis. ¡Bien hecho!

Year 11: Geography - Kenzie S - For stepping out of your comfort zone this week and articulating yourself so well. You are becoming a very mature young adult.

## Year 11 Intervention:

A reminder about year 11 after school intervention. This takes place for: Spanish, History and Geography on Thursday after school from 3:00 - 4:00pm. The after school workshops have been put on by staff focusing on particular areas of the GCSE in which pupils require additional support. Pupils who have been invited to the intervention workshops are aware. Please encourage your child to attend as it is a great opportunity to support their progress.

## Extra-Curricular Clubs:

The work which pupils are doing in lessons is excellent, however in addition to this we also offer additional learning opportunities outside of the classroom. Please see the Enrichment Timetable for details.

## Humanities Quiz:

1. Translate into English: 'los lunes estudio las matemáticas'
2. What do masculine nouns end in (most of the time) in Spanish?
3. What do the adjectives mean: *divertido* *util* *practico*
4. When was 'Black History Month' first celebrated?
5. What is 'chronology'?
6. Harold Hardrada was the king of which country?
7. What are the three highest mountains in the UK called?
8. What does *LIC* and *HIC* mean?
9. Is Salford Quays an example of Human or Physical geography?



1. On Monday I study maths.
2. Masculine end in: 'o'
3. Fun useful practical
4. 1987
5. The arrangement of dates or events in the order they happened.
6. Norway
7. Low income country / high income country
8. Human

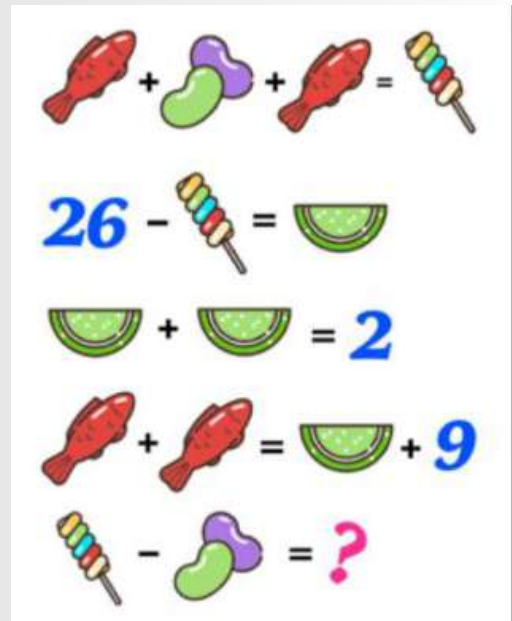


# MATHS CHALLENGE

$$\begin{array}{r} \square \ 7 \ 2 \\ 3 \ \square \ 8 \\ \hline 4 \ 7 \ \square \end{array}$$

$$2 \square 1 \square 6 \square 6 = 48$$

+ - × ÷



# NUMERACY CHALLENGE

I am a three-digit number.

My second digit is four times bigger than the third digit.

My first digit is three less than my second digit.

Who am I?

A duck was given \$9, a spider was given \$36, and a bee was given \$27.

Based on this information, how much money would be given to a cat?



# LITERACY CHALLENGE

**Cooperative** = involving mutual assistance in working towards a common goal.

1. Where did the word **cooperative** originate?
2. What are five synonyms for the word **cooperative**?
3. Create three sentences that include the word **cooperative**?

CMQ 1: Can you include ambitious vocabulary in your sentences?

CMQ 2: Can you make sure that each of your responses is a different sentence type?

EXTENSION TASK: Research how people are **cooperative** in the real world!

- What does it mean to be a **cooperative** person?
- How can being **cooperative** be more beneficial than working alone?
- Why is it important to behave **cooperatively**?

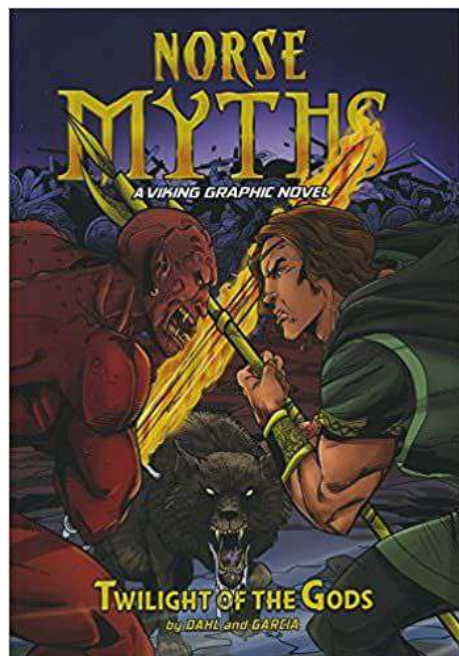


## BOOK OF THE WEEK: Norse Myths: Twilight of the Gods

This week's book is a graphic novel, as this genre is increasingly popular with our younger readers. The book is '**Norse Myths: Twilight of the Gods**' by **Dahl and Garcia**. Also, those of you who have been asking for Manga books, keep an eye on the library shelves, as there are some on order!

Now, for those who love Vikings....

'The death of Odin's beloved son, Baldur, heralds the end of all creation--but also a new beginning. But before life can begin again, all must die--including the gods and goddesses themselves. In a battle of epic proportions, Loki and his sons, Surtur, and the giants wage war on the Viking gods. With the fate of the known world hanging in the balance, all bets are off--but one thing is certain: death is not the end, and the end is just the beginning. Each book in this series features educational back matter, writing prompts, discussion questions, and a glossary. And each book in this graphic novel series is sure to engage readers with the weird and wonderful Norse Myths.'





Year 6 school football match was hosted on our astro between Ince Primary and St Williams, Refereed by Kaiden Brooks and ended 6-3 to St Williams

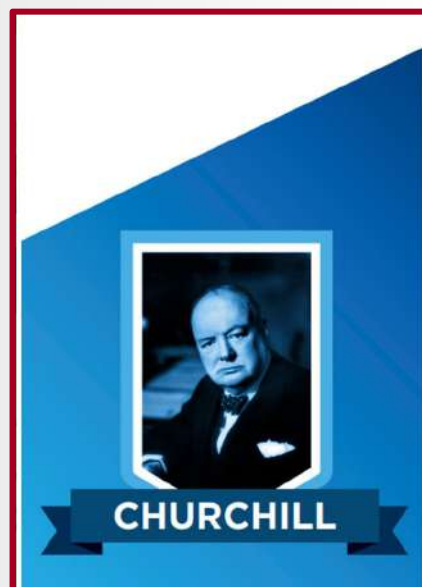
Year 9 boys took part in a Manchester United HUB comp against other schools. They beat rivals DTW in the last game on penalties.



## HOUSE POINTS



Churchill	355
Turing	335
Sanderson	300
Nightingale	260
Franklin	255





## YEAR 7

George S  
For smashing his reading test.

## YEAR 8

Regan S  
Regan has represented his country at the top level and achieved a gold medal in Sweden for his win in his boxing match in Sweden.

## YEAR 9

Alfie C

Alfie is a hard working pupil who is always trying his best in lessons. He always tries his best to overcome challenging subjects. Well done Alfie it is a pleasure to have you in our year group! I notice you!

## YEAR 10

Choe S

Always displays such maturity, fantastic attendance and outstanding attitude towards learning. Great start to the year Choe!

## YEAR 11

Jasmine D

Very settled and focused week Jasmine. Well done Keep up the great work.





# KICKS DANCE



FREE!



Street Dance | Wednesday 6pm-7pm @ Wigan Athletic Football Academy,  
Stadium Way, Wigan, WN5 0YN, open to both girls and boys between the ages of 10-16

Street Dance (closed session, invite only) | Wednesday 7pm-8pm @ Wigan Athletic Football Academy  
Stadium Way, Wigan, WN5 0YN

For further information contact Rachel Wood on  
01942 318090, or email [r.wood@wiganathletic.com](mailto:r.wood@wiganathletic.com)

[wiganathletic.com/community](http://wiganathletic.com/community)

 @LaticsCommunity

## WIGAN RUFC RUGBY CAMP **FREE TO ATTEND** OPEN TO YEAR 7 8 AND 9 BOYS

### 26TH OCTOBER 10AM - 3PM

Rugby Union is a fun inclusive sport based on core values of teamwork, respect, enjoyment, discipline and sportsmanship.

### BOOK YOUR SPACE NOW!

(LIMITED AVAILABILITY)

Send us an email:  
[tryitrugby@hotmail.com](mailto:tryitrugby@hotmail.com)

Or

Phone us:  
07913 206205



WIGAN R.U.F.C.

Wigan RUFC,  
Wingates lane,  
Haigh Hall, WN1 2SJ





# GIRLS FOOTBALL

## MONDAY

Girls Football - 6-7pm, Standish High School, Year 1-2, £4

Girls Football - 7-8pm, Standish High School, Year 3/4/5 and 6, £4

Girls Development Centre - 7-8pm, Standish High School, 11-16 Years old, £4

## TUESDAY

Weetabix Wildcats - Tuesday 5pm-6pm, Leigh Sports Village, Year 1 and 2, £3 (FREE DURING OCTOBER)

Weetabix Wildcats - Tuesday 5pm-6pm, Leigh Sports Village, Year 3/4/5 and 6, £3 (FREE DURING OCTOBER)

## WEDNESDAY

Weetabix Wildcats - 5pm-6pm, Fives Wigan, Year 1 and 2, £3

Weetabix Wildcats - 6pm-7pm, Fives Wigan, Year 3/4/5 and 6, £3

## THURSDAY

Weetabix Wildcats - 5pm-6pm, Ashton Leisure Centre, Year 1 and 2, £3

Weetabix Wildcats - 6pm-7pm, Ashton Leisure Centre Year 3/4/5 and 6, £3

## FREE ONLINE BOOKING

To book a place visit [officialsoccerschools.co.uk/wiganathletic](http://officialsoccerschools.co.uk/wiganathletic), or for details contact Ben Chapman on 01942 318090, or email [b.chapman@wiganathletic.com](mailto:b.chapman@wiganathletic.com)

[wiganathletic.com/community](http://wiganathletic.com/community)



@LaticsCommunity



ASPULL RFC  
IN ASSOCIATION WITH TRY IT RUGBY ACADEMY & SARAH MAC FITNESS



## BOOK NOW!

TRYITRUGBY@HOTMAIL.COM  
OR  
07913206205

**JUST £30PP**

## GIRLS 11-16 YRS ONLY RUGBY RETREAT

8.30AM TO 16.30 PM      ONLY 20 PLACE  
AVAILABLE

**Tues. 25th  
October**

## A Rugby camp like no other!

1. Rugby related skills and games
2. An Introduction to speed training
3. An Introduction to Strength & Conditioning
4. An Introduction to recovery & rehab
5. Well-being Activities
6. FREE Health breakfast & lunch
7. FREE Healthy / well-being goody bag
8. FREE Training t-shirt

**Venue:** ASPULL RFC, Woodshaw Park, Aspull, Wigan, WN2 1PJ





# HT1 EXTRA CURRICULAR ACTIVITIES



	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	Breakfast Club iCLASS				
Lunch	Chess Club Claudia Kowalski  Music MS1, Mr Lowe  Football Astro, Mr Volante & Dan  Lunch Club iCLASS  Maths Support Club MA1  Computer access CS2  Gardening Club Mr Campbell	Games Club Library, Miss Worrall  Singing Group MS1, Mrs Ashton  Football Astro, Mr Volante & Dan  Science KS4 Homework support SC6, Miss Green  Lunch Club iCLASS  Geography 'Interactive Geography Club' GE1  Maths Homework Support Club Miss Banks MA4	Poetry Club (KS3) EN4, Regina Ruggiero  Performing Arts/Music (KS4) Mrs Ashton, Mr Lowe  Football Astro, Mr Volante & Dan  Literacy Council EN6, Mr Morton  Lunch Club iCLASS  Maths Council Mrs Lane MA6	Fake News Flash EN1, Miss Jones  Games Club Library, Miss Worrall  Music Y8 MS1, Mr Lowe  Guest Artist PAS, All Years  Football Astro, Mr Volante & Dan  Lunch Club iCLASS  Ethics Club (y9 and 10) SS2, Mrs Johnston  Science revision 11x3 SC6, Miss Green	Drama Club Y7&8 PAS, Mrs Ashton  Football Astro, Mr Volante & Dan  Lunch Club iCLASS
After School 3pm - 4pm		Music (Y10) MS1, Mr Lowe  Boys Rugby (KS3) PE, Mr Shepherd  Badminton All Years Miss Reilly  KS3 Science Club SC2  Darts with Dearns Mr Dearnley, MA5  Maths Support Club MA1  Art Club (KS3) DE1  Stem Club Mrs Lane MA6	Performing Arts Y9 PAT, Mrs Ashton  Music (Y11) MS1, Mr Lowe  MedSoc Medical Club SC4, Mr Barber  Netball 7 and 8 PE, Miss Warren  KGym club Miss Reilly	Performing Arts KS4 PAT, Mrs Ashton  Athletics Mr Dearnley, MA5  Girls Football Mr Volante  Netball 9, 10, 11 Miss Warren  Boys Football Yr 7 and 8 Mr Volante  KS2 Computing Club Mr Finnegan, CS2  Creative History Mr Johnson HI1	Geography Revision GE1, GE2  Sport Studies Boosters

## SCHOOL PARKING

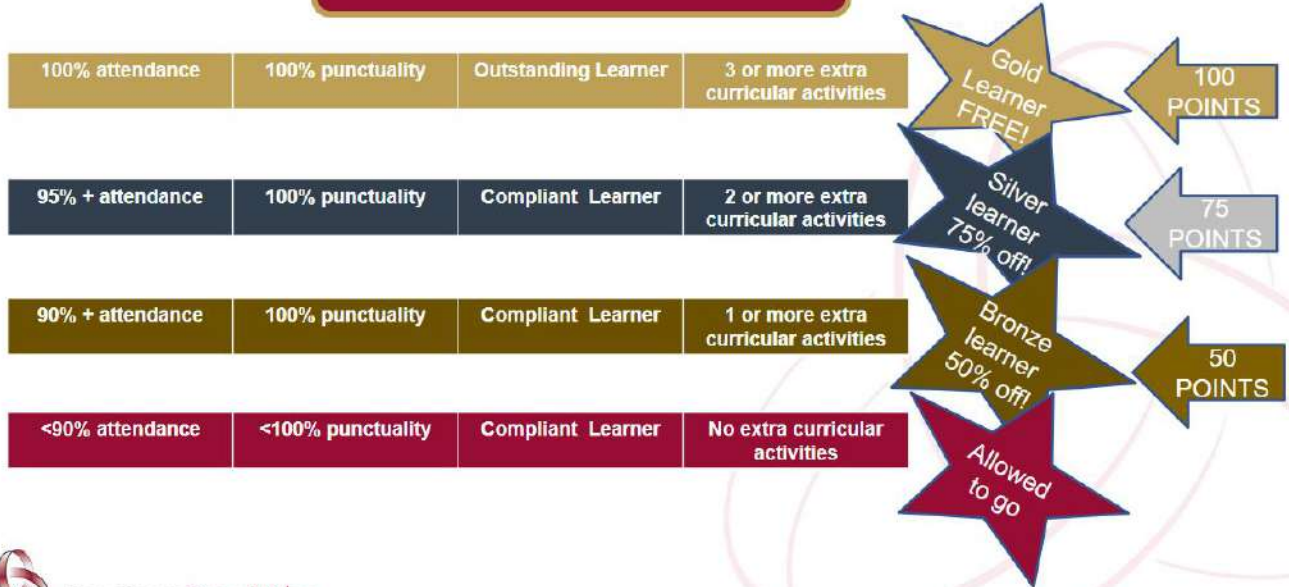


It has been lovely to see so many parents and carers at the beginning and end of the school day transporting our pupils to and from school. We do appreciate parking is limited, but can we politely ask that we support our lovely neighbours who live on Georges Lane by not parking on there. It is a private road that is looked after by the residents. Your support on this matter would greatly appreciated. You have been amazing at keeping the front of school clear and safe for our pupils. Thank you for helping to keep our students safe.





## How does it work?























Please can parents be aware that medical appointments should, wherever physically possible, not take place during school hours. They should be arranged for before or after school. The attendance office should be notified via phone when this is not possible.

It is also essential that parents of absent pupils should call school to notify us of reasons **before 9am**. After this time, communications regarding absence will primarily go home **via email**. Parents who have downloaded the MCAS app, will also get a notification there. If you think you need to update your details to accommodate this, please get in touch.

As always, excellent attendance at school is the only sure-fire way to guarantee excellent success for our pupils. Don't forget about our Going for Gold reward scheme which concludes in the summer with a fantastic reward trip for pupils!

# STANDARDS AND EXPECTATIONS



Be Ready		Be Respectful		Be Safe	
<p><b>Key items to bring to school each day</b></p> <p><u>Essentials</u></p> <p>School bag</p> <p>100% folder</p> <p>Planner</p> <p>Water Bottle</p> <p>Reading book</p> <p>Pencil case including the following:</p> <p>2 black pens</p> <p>Pencil</p> <p>Ruler</p> <p>Rubber</p> <p>Green pen</p> <p>Red Pen</p> <p>Scientific calculator</p> <p>Highlighter pens</p> <p><u>A dictionary is desirable but not essential</u></p>               	<p><u>Attendance and punctuality</u></p> <p>Pupils should have 100% attendance.</p> <p>Holidays taken during term time will not be authorized and may incur a Fixed Penalty Notice / Fine.</p> <p>Pupils absent from school for 10% of the time are defined as:</p> <p>'Persistent absentees'.</p>  <p>Good attendance supports pupil progress.</p> <p>Pupils need to be in school before 8.30am ready for Form Time.</p> <p>Pupils must be on time for all lessons.</p> <p>School PE kit must be worn to every PE lesson.</p>	<p><u>Uniform</u></p> <p>Footwear should be plain black shoes, business style with leather upper, no boots or large laces. Black knee socks (no bows) or tights.</p> <p>Accessories are not permitted.</p> <p>Be aware that some retailers call their training shoes, shoes.</p> <p>Kit looks like a trainer or pump it is, and these are not permitted. Pupils must be smart at all times.</p> <p>Hoodies are not permitted.</p> <p>Outdoor coats should be removed inside the building. Blazers and school ties are to be worn at all times. Only badges awarded by the school may be worn upon the lapel of the blazer. Shirt must be tucked in.</p> <p>Trousers with the school logo, must be tailored (no jeans, skinny leg, leggings or chinos etc). Finetees &amp; skirt with the school logo, must be knee length.</p> 	<p><u>Travel</u></p> <p>Pupils should travel to and from school in full school uniform. When representing the school pupils should behave in respectful and courteous way.</p> <p><u>Accessories, haircut and facial hair</u></p> <p>All hairstyles should be smart in appearance.</p> <p>No extreme haircuts (full head, bare blade shaves, trim lines etc).</p> <p>Skin tides are acceptable if there is a minimum of a number 2 on top</p> <p>Only natural colours/tones are acceptable. Accessories should be small in size and in the school colours.</p>  <p>Hair longer than shoulder length must be kept tied up at all times.</p> <p>Boys must be 'clean shaven'.</p>	<p><u>Jewellery and makeup</u></p> <p>For health and safety reasons pupils are not permitted to wear any jewellery other than a watch.</p> <p>No earrings or piercings are allowed.</p> <p>Makeup, false tan, permanent or semi permanent make up, nail varnish or accessories are not allowed (false nails and false eye lashes).</p> <p><u>Healthy schools</u></p> <p>Only water can be consumed in school or in the classroom (750ml or less). Water can be purchased at break and lunch time.</p> <p>No family size/sharing bags of sweets, chocolate or crisp etc are allowed.</p> <p><u>Environment</u></p> <p>Keep our school tidy, do not drop litter or chew gum.</p> 	<p><u>Mobile phones and electronic devices</u></p> <p>No mobile phones or electronic devices should be brought into school (this includes smart watches).</p>  <p>Pupils who need a mobile phone for their journey to and from school should follow school procedures and hand it in to the Pastoral Team before entering the building.</p> <p><u>Banned items</u></p> <p>Banned items are any items which may cause damage to other pupils and/or the school environment e.g. aerosols, cigarettes, marker pens, chewing gum, E-cigarettes, lighters, weapons etc.</p> <p>Dean Trust Rose Bridge has the right to ban any item during the academic year that breaches health and safety.</p>

***'You cannot climb the ladder of success dressed in the costume of failure'***

At Dean Trust Rose Bridge, we believe that the standards of personal appearance are reflected in the attitudes of our pupils. By dressing to a high standard, it has been shown that our standards of work, and subsequent outcomes, improve over time. Please support the school by ensuring that your child adheres to the school's high standards of uniform and appearance. Each day staff will check that pupils are dressed in accordance with the above expectations.

Banned items should not be brought into school. Banned items will be confiscated by staff. Please refer to our Standards and Expectations poster for clarity on banned items.

Mobile phones: Any pupil found with their mobile phone during the school day will have this item confiscated. Confiscated phones will not be returned to a pupil under any circumstances. It is the parent/carers responsibility to collect the device from school at a mutually agreed time.

If pupils need to bring a mobile phone to school to ensure their safety when travelling, they must be handed in at the start of the day, before entering the building.

Sanctions will be applied to any pupil who fails to meet the school's standards and expectations.

With your support, we will continue to improve the standards at Dean Trust Rose Bridge School. Together, we will continue to make progress, giving all our pupils the best life opportunities by developing hard-working and dedicated young adults with high standards and aspirations.



# Standards & Expectations

## Lines of Communication

Just a reminder to all parents, that your **child's Form Tutor** should always be the first port of call if there are any questions or concerns. Furthermore, due to staff absence, if you have contacted a member of staff and have not heard back, please contact

[office@deantrustrosebridge.co.uk](mailto:office@deantrustrosebridge.co.uk)

and we can ensure any messages are directed to the right person.

## Up to date contact details

Please can we ask that you ensure we have your most recent contact details on file so that if I have to communicate any changes to the normal operation of the school you receive the relevant messages.



## Working together

Our strength develops when we work together as a community, ensuring that the children and young people who attend Dean Trust Rose Bridge receive the best possible experience even during these uncertain times. We feel blessed that we have such a supportive parents, wonderful pupils, and an incredible staff who always go above and beyond for your children.



## DTRB Standards & Uniform Expectations

### Hair and Appearance

### Uniform Standards

### Shoes and Footwear

Be Ready, Be Respectful, Be Safe

- Style**
- \* No Patterns or Tramlines
  - \* No Bareblade hair cuts
  - \* No Hair Accessories
  - \* No Loose long hair
  - \* No Hair Dye or Tip Dying
  - \* No Braids
- Cosmetics**
- \* No Nail Varnish or False Nails
  - \* No Jewellery
  - \* No Tattoos
  - \* No False Lashes
  - \* No Make up or Fake Tan

- \* No Skirt or Pinafore above the knee
  - \* Not Black Skirts
  - \* No Fashion Trousers/Pants
  - \* No Leggings
  - \* No Jeans
  - \* No rolling up of skirts
- 

- |  |  |                      |
|--|--|----------------------|
|  |  | * No Boots           |
|  |  | * No Pumps           |
|  |  | * No 'Bling'         |
|  |  | * No Heels           |
|  |  | * No Coloured shoes  |
|  |  | * No Patterns        |
|  |  | * No Sandals         |
|  |  | * No Trainers        |
|  |  | * No Sports Logos    |
|  |  | * No 'Shoe-Trainers' |

Any pupils found not following these simple expectations will be sanctioned.  
Repeat offenders will be on Uniform Report.

- ✓
- ✓ Shoulder length hair tied up at all times
  - ✓ Natural Hair Colours Only
  - ✓ Plain Black Hair Band, Bobble or Clip
  - ✓ Wrist Watch allowed

- ✓
- ✓ Tailored Only Trousers
  - ✓ Pinafore or Grey Box Pleat Skirt
  - ✓ Plain Black Socks (Knee High for skirts)
  - ✓ Plain Black Tights

- ✓
- |  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|--|--|--|--|
- ✓ Plain Black and Polishable Shoes only ✓ Bright Trainers are allowed for PE only.



# Safer Internet Tips...

## Top Tips for Parents and Carers

Have a look at the tips and links below with some suggestions on how to get you started and help you to stay safe and positive online. You and your family can #PlayYourPart in creating a better internet by...

### Having conversations without judgement.

Whether by playing games, watching videos, or doing things your child enjoys, spending time together online is a great way to start conversations about the online world and how they're finding being a part of it.

It is important to ask questions and take an interest in what your child enjoys online. An essential part of having this open dialogue is to not judge, even if their behaviour or life online isn't what you wanted or expected. This ensures that your child feels they can come to you if ever they make a mistake or experience a problem online.



### Knowing where you can learn more about their favourite apps and games.

Websites like Common Sense Media or The Family Gaming Database can be invaluable sources of information. When your child starts talking about a new game or app, why not do some research into the reporting and blocking options available? Then you can help your child if they come to you with an issue.



### Getting support if things go wrong.

There are lots of organisations who are there to support you and your family if something has gone wrong. The [Report Harmful Content website](#) can help you with issues such as cyberbullying, impersonation and threats. You can report worrying behaviour towards children to [CEOP](#). Find out more on [Children's Get Help page](#).

### Reassuring your child that whatever happens online, you are there to support them.

Let your child know that the best way to address any problem they have online, is to tell a trusted adult immediately. For example, this might include someone sending them a friend request; an online message; telling them to visit a specific website, or app; or asking them for their personal information. Reassure them that if anything happens online that they are unsure about, or makes them feel worried or upset, they can come to you for help.

### More advice and guidance

<https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/>



# Useful Contacts and Resources

## **Revision Skills- Revision Hacks.**

<https://gmhigher.ac.uk/resources/revision-skills-revision-hacks/>

## **Pomodoro Technique:**

<https://gmhigher.ac.uk/resources/revision-skills-pomodoro/>

## **Worksheet:**

## **Traffic Light Technique:**

<https://gmhigher.ac.uk/resources/revision-skills-traffic-light-technique/>

## **Revision Timetable:**

<https://gmhigher.ac.uk/resources/revision-skills-revision-timetable-handout/>

## **Choices- HE What and Why?**

<https://gmhigher.ac.uk/resources/choices-he-what-and-why/>

## **Choices- Post-16 options**

<https://gmhigher.ac.uk/resources/choices-post-16-options/>

## **Student Life – HE options**

<https://gmhigher.ac.uk/resources/student-life-he-options/>

## **Student Life – Support at university**

<https://gmhigher.ac.uk/resources/student-life-support-at-uni/>

## **Worksheet:**

<https://gmhigher.ac.uk/resources/choices-post-16-options-true-or-false/>

## **Student Life – Path Finder**

<https://gmhigher.ac.uk/resources/student-life-path-finder/>

## **TOPIC: INTERVIEW SKILLS**

### **Interview Skills – How to get through your interview**

<https://gmhigher.ac.uk/resources/interview-skills-your-interview/>

### **Interview Skills – First Impressions**

<https://gmhigher.ac.uk/resources/interview-skills-first-impressions/>

## **WORKSHEETS:**

### **Interview Skills – Who got the job?**

<https://gmhigher.ac.uk/resources/interview-skills-who-got-the-job/>

### **Interview Skills – What makes you stand out?**

<https://gmhigher.ac.uk/resources/interview-skills-stand-out/>

## **TOPIC: BUDGETING SKILLS**

### **Budgeting Skills – Prudent Student Game**

<https://gmhigher.ac.uk/resources/budgeting-skills-prudent-student/>

### **Budgeting Skills – Mythbusting**

<https://gmhigher.ac.uk/resources/budgeting-skills-mythbusting/>

### **Budgeting Skills – What students spend their money on**

<https://gmhigher.ac.uk/resources/budgeting-skills-spending/>

## **WORKSHEETS:**

### **Budgeting Skills – Budgeting activity Instagram**

<https://gmhigher.ac.uk/resources/budgeting-skills-instagram/>