

NEWSLETTER

Headteacher Message

In light of the extreme hot weather which is coming our way next week we have taken the decision to postpone Sports Day which was due to take place on Tuesday (currently forecast to be 36 degrees!) Sports Day will now take place in September, with the potential for us moving the event to Robin Park - more information will follow in the new academic year.

Please ensure that next week your child comes to school with a refillable water bottle as we have multiple drinks fountains which bottles can be filled up from.

Jamboree Day on Wednesday will still go ahead as planned due to the temperatures dropping as the week goes on.



Stay connected with us...

Do we have your correct details? It is very important - especially in the current situation - that the school has your correct details such as phone numbers, email addresses and postal address.

Please contact school with any updates.

01942 510712 office@deantrustrosebridge.co.uk

Employee of the week...



Kim Lane for all her work across Maths and her enthusiasm for Maths and gardening!



Manchester United Foundation

Street Reds uses the power of football to give young people an opportunity to pursue their interest in playing, leading and coaching the 'beautiful game'. We offer free sessions and alternative activities for young people aged 8-18, with the opportunity to learn new skills and gain qualifications in a supportive and positive environment.



Dean Trust Rose Bridge will be hosting Street Reds sessions on a weekly basis starting from September in line with the new school year.

To prepare for that, we will be hosting taster sessions in July to give young people in the area a chance to take part and experience Street Reds football and community engagement sessions. These will be led by Manchester United Foundation Coaches and volunteers.





Dates and times for the two taster sessions are as follows;

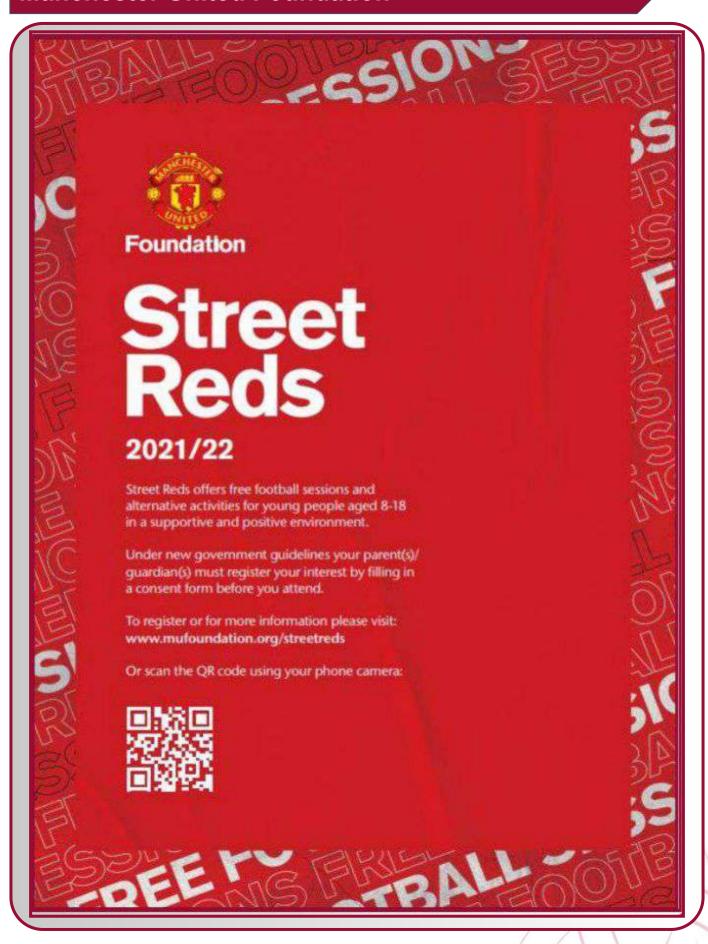
Monday 11th July: 5-6pm (age 8-12 year olds) 6-7pm (age 13-18 year olds)

Monday 18th July: 5-6pm (age 8-12 year olds) 6-7pm (age 13-18 year olds)

If you are interested, then please ask a parent or guardian to register you by following the QR code at the bottom of the poster and completing the Google Form.

For more information check out: <u>Manchester United Foundation - Street Reds - Kicks - Manchester United Community Football (mufoundation.org)</u>

Manchester United Foundation



Sport Summer Camp at DTRB

SMART BODY SPORTS ARE PROVIDING YOUNGSTERS WITH A FREE LUNCH AND THE OPPORTUNITY TO ENJOY A WIDE RANGE OF SPORTS AND CRAFTS AT DEAN TRUST ROSE **BRIDGE OVER THE HOLIDAYS.**

- Hundreds of youngsters are benefitting from Smart Body Sport's summer camps over the school holidays.
- Youngsters given the chance to enjoy sports, crafts and workshops as well as being provided with a free lunch.

Smart Body Sports are providing hundreds of youngsters with physical activities and a free lunch throughout the summer holidays.

Children aged 4-15 can be taking part in a variety of sports, PSHE workshops and a free meal through the Holiday Activities and Food programme (HAF).

MULTI SPORTS CAMPS

The focus of our work is on each child's development and enjoyment. One of the things that makes Multi-Sports unique is that other sports camps tend to focus on a single sport, whereas our camps offer a whole variety. It is one of the key beliefs of Multi-Sports; to allow children to try many different sports at a young age to broaden their interests and knowledge in physical activity.

HOLIDAY ACTIVITY FUND

The HAF programme offers free holiday scheme places or family experiences to primary and secondary school aged children and young people who are eligible for free school meals due to a low income. The sessions will include a healthy meal, a variety of exciting activities, sports and the opportunity for your child to socialise with others.

https://www.smartbodysports.com/book-online

Dates (Mon-Thur)	Venue: Dean Trust Rose Bridge
25th July - 28th July	10am-2pm
1st Aug - 4th Aug	10am-2pm
8th Aug - 11th Aug	10am-2pm
15th Aug - 18th Aug	10am-2pm





Literacy

Word of the Week

Patience noun

 the capacity to accept or tolerate delay, problems, or suffering without becoming annoyed or anxious.

<u>Challenge</u>: can you write a sentence using the noun 'patience'?



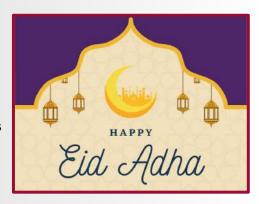
Literacy Challenge - Eid al-Adha

Eid al-Adha for the year 2022 is celebrated/ observed on sundown of Saturday, July 9th ending at sundown on Sunday, July 10th.

Eid al-Adha is held around the 10th to the 13th days of the Islamic month of Dhu al-Hijjah and commemorates Ibrahim's sacrifice of his son to God.

Sunday, July 10th is day number 191 of the 2022 calendar year.

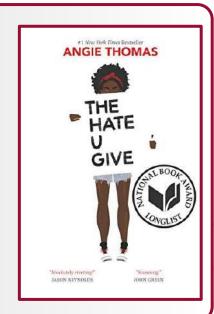
Challenge: Write a poem about Eid al-Adha



Book of the week...

Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Khalil was unarmed.

Soon afterward, his death is a national headline. Some are calling him a thug, maybe even a drug dealer and a gangbanger. Protesters are taking to the streets in Khalil's name. Some cops and the local drug lord try to intimidate Starr and her family. What everyone wants to know is: what really went down that night? And the only person alive who can answer that is Starr. But what Starr does—or does not—say could upend her community. It could also endanger her life.



KS3 Reading Dropdown

On Friday 8th July 2022, pupils participated in a reading dropdown where they completed a number of fun activities throughout the day.

The day started with a House VS House competition, where forms were challenged to complete a 'Big Book' quiz. The winning house was:

TURING - huge well done to Miss Birch's form who answered the most questions correctly!

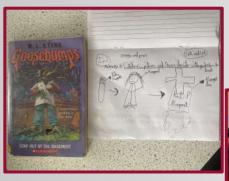
Pupils then participated in a 'Royal Robbery' mystery, where they had to play detective, using their inference skills to deduce information and to solve the crime.

Finally, pupils went head to head in a Reading Race, where they competed against one another to read and complete activities, exercising their comprehension skills.

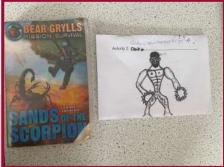












Y7 Rugby Success

The Year 7 Rugby Team won their 3 Matches at the Wigan Warriors Emerging Talent Tournament on Monday Evening at Standish High School.

The Team were fabulous and played with sportsmanship; they were amazing in supporting each other and supporting our Star of the Week, Miss Sharples, for her rugby victory!





Wigan Schools Athletics - Division 2 Champions

An afternoon to be proud of as for the first time ever Dean Trust Rose Bridge take the division 2 title in the Wigan Schools Athletics competition. A massive thank you for all the participants and staff that made this possible, especially Cathy Robinson, who made the whole day run smoothly.

Key performances on the day from Abby (Year 7) winning 3 gold medals and 1 silver medal and Erind (Year 8) winning 2 gold medals 1 silver and 1 bronze.

We can't wait to be able to get out there again next year and fight to retain our title next year! Every pupil that attended the competition were a credit to The Dean Trust and represented our school amazingly well both on and off the track.



DTRB MEDAL TALLY

Gold

19

Silver

14

Bronze

24





Social Sciences trip down memory lane

This academic year was the first year of our social sciences faculty. We wanted to take this opportunity to take a trip down memory lane to look at the fantastic things we have achieved and been able to do with our students at Dean Trust Rose Bridge.

Our Year 10 Health & Social Care students had the fantastic opportunity to visit the University of Salford. During the visit, they learnt about the different courses available, what university life would be like and embarked on a campus and accommodation tour. Students thoroughly enjoyed themselves and have expressed how they can't wait to go to university.











In May, our year 10 pupils participated in a Seminar entitled "Life as a British Sikh", which was led by Mr Harkirat Singh, founder of the Sikh Education Service. During his session, Mr Singh talked about his experience of being a British Sikh, both in terms of his understanding of his own faith, as well as his experience of growing up in Northampton. Discussions touched on racism and discrimination, bullying, and what it means to be British.

It was great to have Naveed Hussain from Wigan Mosque in speaking to our year 9 and 10 students about Islam, creation and the environment. It was fascinating to hear about his experiences when growing up as a British Muslim in the UK and his how his faith shaped his identity and his big life choices. Students found the sessions informative and enjoyed learning about other beliefs. We look forward to inviting Mr Hussain in during the next academic year.



Y10 citizenship students from DTW and DTRB enjoyed a video call with Lord Rooker from the House of Lords. They discussed everything from fox hunting to 'party-gate'; the appropriateness of hereditary Peers and Bishops in the House of Lords to Brexit. It was a very informative and enjoyable afternoon for everyone involved.





This week as part of the DTRB Careers strategy Year 10s had an insight into a selection of industries and the world of work

On Monday, GM Higher Degree and Apprenticeships workshop was delivered to the year 10 year group. Increasingly, deciding what to do after GCSE's is a key decision for pupils. This session helped learners look at the 'pros and cons' of apprenticeship and degree pathways, how to source vacancies and make a competitive application. At DTRB we strongly believe in the importance of ensuring that our learners are provided with the most influential and up to date information regarding their futures. It was great to see our pupils really think about their options and what paths may be of interest to them.





This week our Year 10 students had the pleasure of exploring the industry of construction and the industrial market. Ainscough crane hire is a company that works nationwide. It was fantastic to see our students engaged and wanting to know more about the job roles this industry has to offer. Our students got to explore different qualifications and jobs within the sector and the pathways that you may take to do so.







School Lost Property

If you child has lost an item of clothing during this term. Please can you ask them to check the school shop before Wednesday 20th July.

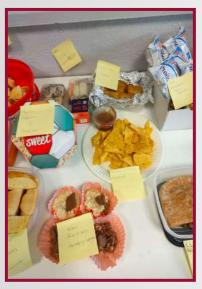
If items are not claimed by this date they will be donated to the local church.

Back in May, a group of our GCSE Citizenship pupils invited some of the residents from Ambleside Bank Care Home to visit for Afternoon Tea; our students also organised a game of Bingo and provided an opportunity for the residents to talk about their lives and experiences of being in the care home.











In RE lessons Year 9 pupils celebrated cultural diversity in the UK.

Pupils made and brought in snacks and dishes for their classmates to taste, which are traditionally enjoyed by people from a variety of ethnic and cultural backgrounds who live in the UK today.

Social Sciences Superstars

The Social Sciences faculty are really proud of each student that studies our subjects. Our students have worked hard this academic year. Below are some of our students who are our chosen Social Sciences superstars this academic year. Well done!



Key Stage 3 R.E: Camelia P

camelia has worked extremely hard this year in RE. She gives her all to everything she does and has been a pleasure to teach.



Key Stage 3 PSHE: Henry T.

Henry has put in maximum effort at all times in PSHE this year. He has continuously approached the subject with enthusiasm and maturity. Henry is involved in class discussion and always strives to do his best. Well done Henry.



Year 10 Citizenship: Lilly M D

Lilly has worked incredibly hard this year in Citizenship and is a motivated, articulate and thoughtful member of the class. She gets involved in all of the class discussions and always strives to perform to her best ability in every task. Well done Lilly!



Year 10 Health and Social Care: Willow M H

Willow is a highly dedicated and hardworking student. She has developed skills that have helped her studies and health and social care assessment portfolio. In relation to this, she has developed her knowledge of care values and factors affecting development. Willow has developed a fantastic work ethics in her first year of studies for this subject and displays her desire to achieve at all times.



Year 10 Child development: Ellie S

Ellie always has had a positive attitude to Child development. She has developed her ability to research independently and has shown that she is focused and motivated to achieve in this subject. Ellie displays resilience and we are proud of the progress she has made this year.

Careers Fair September 2022

Dean Trust Rose Bridge will be holding their annual careers fair in September 2022.

Do you own or work for a business that could hold a stall at our event? It is a fantastic opportunity to showcase your industry, and allow pupils to discover opportunities that are available to them locally.

If you are interested in finding out more information, please contact the school or email Office@deantrustrosebridge.co.uk before the end of term on 21st July.



House Points

Nightingale	1805
Sanderson	1630
Churchill	1541
Franklin	1515
Turing	1465



Numeracy Problems Of The Week

Sports Themed Numeracy Challenges

Football scores



Three teams A, B and C have each played two matches.

Three points are given for a win and one point to each team for a draw.

The table below gives the total number of points and goals scored for and against each team.

Fill in the table and find the scores in each match.

Teams	Games Played	Won	Drawn	Lost	Goals For	Goals Against	Points
A	2				5	3	3
В	2				2		1
C	2			S	3	2	4

Olympic medals

Given the following clues, can you work out the number of gold, silver and bronze medals that France, Italy and Japan got in this international sports competition?

- Japan has 1 more gold medal, but 3 fewer silver medals, than Italy.
- France has the most bronze medals (18), but fewest gold medals (7).
- Each country has at least 6 medals of each type.
- Italy has 27 medals in total.
- Italy has 2 more bronze medals than gold medals.
- The three countries have 38 bronze medals in total.
- France has twice as many silver medals as Italy has gold medals.





Stars of the week...

Year 7

Anna N - Anna always tries her hardest with a smile on her face. Top class chart points last week and her attendance has improved massively. Well done.

Year 9

Chloe Mc - Chloe has had a great week.

She has been working really hard in her lessons to prepare herself for Y10 and 11. I am certain that if she continues like this in KS4 she will reach her targets and be very successful. Well done Chloe!

Year 8

Towfeeq A - Towfeeq always tries his hardest in all his lessons. He as made massive improvements in his English lessons. Well done Towfeeq, I notice you working hard and it is a pleasure to have you in our year group.

Year 10

Jack S - Excellent pupil who always works hard in all lessons. Well done Jack, keep up the great work.

"Education is our passport to the future, for tomorrow belongs to the people who prepare for it today."

—Malcolm X

Extra Curricular Timetable HT6

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	Breakfast Club iClass	Breakfast Club iClass	Breakfast club Iclass	Breakfast Club Iclass	Breakfast Club iclass
	Games Club Library, Miss Worrall	Games Club Library, Miss Worrall	Games Club Library, Miss Worrall	Games Club Library, Miss Worrall	Film Club Library, Miss Worrall
	Dance (KS3) Studio, Miss Tate	Music (Y7&8.) MS1, Mrs Blundell	Singing (All years) MS1, Mrs Blundell	Performing Arts (KS4) PAT, Mrs Blundell and Mrs Ashton	Drama Club (KSS) Studio, Mrs Ashton
	Football Astro, Mr Volante & Dan	Football Astro, Mr Volante & Dan	Football Astro, Mr Volente & Dan	Football Astro, Mr Volante & Dan	Music (KS4) MS4, Mrs Blundell
	Jigsaw Club SC4, Miss Green	Literacy Council EN6, Wiss Winrow	English Scholars EN1, Mrs Halsey	Jigsaw Club SC4, Miss Green	Football Astro, Mr Volante & Dan
Lunch	Lunch Club iCLASS	Jigsaw Club SC4, Miss Green	Jigsaw club SC4, Miss Green	Poetry Club (Y7) EN6, Holly Howarth	Jigsaw Club SC4, Miss Green
	Maths Support Club MA1	Lunch club icLASS	Lunch club	Lunch Club ICLASS	Lunch club ictAss
	Computer access	Computer access	Maths Support club MA1	Ethics Club (19 and 10) RE1, Mrs Johnston	Computer access
			Computer access	Computer access CS2	1
		MS1, Mrs Blundell	Performing Arts (KS4) PAT, Mrs Ashton	Music (KS4) MS1, Mrs Blundell	
		Dance (KS4) Studio, Miss Tate	Hornble Histories/Film Club H12, Mrs Hyde	Darts with Dearns Mir Dearnley, MA4	
		Boys & Girl's Rugby (KS3) PE, Miss Warren, Mr Shepherd	Spanish Spelling Bee Miss Cavero, MFL1	All years Boys & Girls Football PE, Dan & Mr Volante	
After		Science Homework Support (All Years) Mrs Lane (KSS, SCS) & Mrs Pollard (KS4, SCS)	MedSoc Medical Club SC4, Mr Barber	KS3 Computing Club Mr Finnegan, CS2	
School 3pm – 4pm		Mathletes Mr Dearnley, MA5 Science CREST Award (Year 9) SC6, Miss Green	Rounders (All years) PE, Miss Reilly Keep it tidy club Miss Warren		
		Maths Support Club MA1			
		Grub Club DES			
		Art Club (KS3) DE1			

Attendance Corner...

Dear Parents/Guardians

As we continue to raise the Standards and Expectations at Dean Trust Rose Bridge, we would like to take this opportunity to say a huge thank you for your continued support over the last year.

As always, we strive to ensure pupils have high aspirations and are empowered and ready to be employable in the future. With this in mind, please be reminded of our continued processes for attendance and punctuality.

Please can you text, ring or email attendance every day when your child is absent unless they have Covid, are self-isolating for another reason or have a doctor's note for a fixed term period. As of **Monday 20th June**, failure to inform the school of the reasons for your child's absence will result in your child being detained for 30 minutes after school. Until we receive authorisation the absence will be marked as unauthorised, and you may be issued with a Fixed Penalty Notice for non-attendance.

In addition, a reminder to families that pupils are not allowed to take holidays during school hours and term-time periods. Unfortunately, holidays taken during this time cannot be authorised under any circumstances. If the absence is 5 days or over (10 sessions) this matter will be reported to the Local Authority (LA), with a request that you are served with a Penalty Notice.

A Penalty Notice will require each parent to pay a penalty of £60 within 21 days or £120 after that. If you fail to pay the penalty within 28 days the Local Authority may prosecute you in the Magistrates' Court where you could face a maximum fine of £1,000 per parent.

Finally, in the case of medical or dental appointments for your child, please ensure these are made outside of school hours. If you are unable to do this because of a medical emergency etc. please can you email proof of the appointment to school in advance.

With your support, we will continue to drive up standards at Dean Trust Rose Bridge and together we will continue to improve and make progress, giving all our pupils the best life opportunities by developing hard-working and dedicated young adults with high standards and aspirations.

Many thanks for your anticipated support.

Yours sincerely

Mrs. A Worswick

Deputy Headteacher



Attendance Corner...

Please can you text, ring or email attendance every day when your child is absent unless they have Covid, are self-isolating for another reason or have a doctors note for a fixed term period. For safeguarding reasons we need to have daily contact on school days if your child is not in school.

As of Monday 20th June failure to inform the school of the reasons for your child's absence will result in your child being detained 30 minutes after school. Until we receive authorisation the absence will be marked as unauthorised, and you may be issued with a Fixed Penalty Notice for non-attendance. As of Monday 20th June failure to inform the school of the reasons for your child's absence will result in your child being detained 30 minutes after school. Until we receive authorisation the absence will be marked as unauthorised, and you may be issued with a Fixed Penalty Notice for non-attendance.

The Attendance Team can be emailed directly on : <u>DTRBAttendance@deantrustrosebridge.co.uk</u> ATTENDANCE Punctuality

Covid advice please ring 119, school staff are unable to advise on Covid related matters.

If you are unable to source Covid tests please call in at school reception as we have a limited supply.

Sickness and Stomach Bugs – we do not have a minimum that children need to be off school for if they are unwell in this way.

Please make appointments for your child outside of school hours, if you are unable to do this because of a medical emergency etc please can you email proof of the appointment to school in advance.

A reminder to families that pupils are not allowed to take holidays during school hours and term-time periods. Now more than ever, it is imperative that pupils do not miss precious learning time and arrive at their form and lessons on time. We are unable to authorise any holiday during school hours.

Meetings (detentions) will be issued for any pupils who are late to school. If you drop your child off at school please ensure that they arrive before 8.38am as traffic around school, as ever, can be particularly busy.

If you have any concerns with your child's attendance to school or you are struggling to maintain their positive attendance, please get in touch – we have a fantastic team of staff here in school who have supported many children in overcoming any issues or school anxieties.

Facts about Free School Meals...

For £2.30 your child can get either;

A main meal, pasta, pizza slice or sandwich +

Small cake, small fruit pot, small cookie or packet of biscuits.

With a bottle of water.



Breakfast allowance 75p

Toast, Toasties, Croissants

Payment by fingerprints - Complete discretion for pupils

Top Tip: Fill out the eligibility checker and return to us because even if you are not eligible now, if circumstances change, it will automatically be updated without needing to reapply.

Dean Trust Rose Bridge can claim up to £1300 to support your child's education this is called 'Pupil Premium'.

The Pupil Premium provides funding to support your child's education, including but not limited to; help with cost of school trips, music fees and teaching assistants and so much more.

Free School Meals - Are you Eligible?

If you are on eligible benefits or your household income is below the government's threshold, you could be eligible for free school meals.

In addition, the school can also claim up to £1300 to support your child's education (this is called the Pupil Premium), but you must complete <u>an application form.</u>

The Pupil Premium provides funding to support your child's education including help with cost of school trips, music fees and teaching assistants.

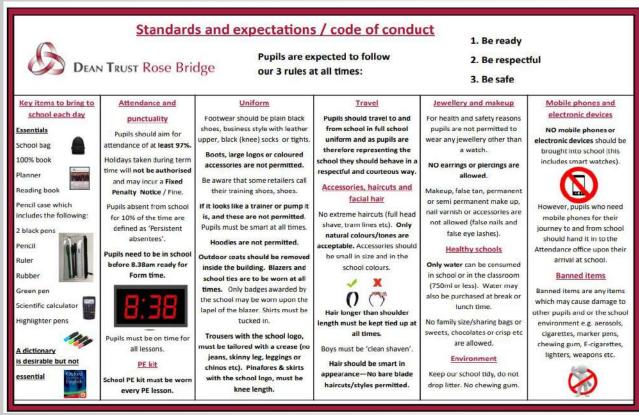


The application is made via <u>Wigan Council's website</u> and takes less than 5 minutes to complete depending on how many children you are claiming for. The decision will be made immediately unless further evidence is required.

Uniform Standards

The standard of uniform so far from the vast majority is incredibly smart. As a school, we want to encourage pupils to take pride in their professional appearance and I would like to take this opportunity to thank you all for helping support this at home. If you are struggling at all with providing a full uniform – please get in touch, we are here to help.

Standards & Expectations



DTRB rules: "Be Respectful, Be Safe, Be Ready".

'You cannot climb the ladder of success dressed in the costume of failure'

At Dean Trust Rose Bridge, we believe that the standards of personal appearance are reflected in the attitudes of our pupils. By dressing to a high standard, it has been shown that our standards of work, and subsequent outcomes, improve over time. Please support the school by ensuring that your child adheres to the school's high standards of uniform and appearance. Each day staff will check that pupils are dressed in accordance with the above expectations.

Banned items should not be brought into school. Banned items will be confiscated by staff. Please refer to our Standards and Expectations poster for clarity on banned items.

Mobile phones: Any pupil found with their mobile phone during the school day will have this item confiscated. Confiscated phones will not be returned to a pupil under any circumstances. It is the parent/carers responsibility to collect the device from school at a mutually agreed time.

If pupils need to bring a mobile phone to school to ensure their safety when travelling, they must be handed in at the start of the day, before entering the building.

Sanctions will be applied to any pupil who fails to meet the school's standards and expectations.

With your support, we will continue to improve the standards at Dean Trust Rose Bridge School. Together, we will continue to make progress, giving all our pupils the best life opportunities by developing hard-working and dedicated young adults with high standards and aspirations.

Standards & Expectations



Lines of Communication

Just a reminder to all parents, that your child's Form Tutor should always be the first port of call if there are any questions or concerns. Furthermore, due to staff absence, if you have contacted a member of staff and have not heard back, please contact office@deantrustrosebridge.co.uk and we can ensure any messages are directed to the right person.



Up to date contact details

Please can we ask that you ensure we have your most recent contact details on file so that if I have to communicate any changes to the normal operation of the school you receive the relevant messages.

Working together

Our strength develops when we work together as a community, ensuring that the children and young people who attend Dean Trust Rose Bridge receive the best possible experience even during these uncertain times. We feel blessed that we have such a supportive parents, wonderful pupils, and an incredible staff who always go above and beyond for your children.

If you have any questions or concerns please do not hesitate to contact your child's Form Tutor or email office@deantrustrosebridge.co.uk





School Term Dates 2021/2022





School Term Dates 2021/2022

Autumn Term 2021

Monday 6th September 2021	Friday 22nd October 2021	35 days
Monday 1 st November 2021	Friday 17th December 2021	35 days

Spring Term 2022

Wednesday 5th January 2022	Friday 18th February 2022	33 days
Monday 28th February 2022	Friday 1 st April 2022	25 days

Summer Term 2022

Tuesday 19th April 2022	Friday 27th May 2022	28 days
Monday 6th June 2022	Thursday 21st July 2022	33 days

Total: 189 days (due to Queens Jubilee)

Inset Days

Friday 3rd September 2021 Tuesday 4th January 2022 Friday 24th June 2022 2 days from twilights

Bank Holidays

Monday 27th December 2021
Tuesday 28th December 2021
Monday 3rd January 2022
Friday 15th April 2022 Good Friday
Monday 18th April 2022 Easter Monday
Monday 2rd May 2022 Early May Bank Holiday
Thursday 2rd June 2022 (Due to Queens Jubilee)
Friday 3rd June 2022

Safer Internet Tips...

Top Tips for Parents and Carers

Have a look at the tips and links below with some suggestions on how to get you started and help you to stay safe and positive online. You and your family can #PlayYourPart in creating a better internet by...

Having conversations without judgement.

Whether by playing games, watching videos, or doing things your child enjoys, spending time together online is a great way to start conversations about the online world and how they're finding being a part of it.

It is important to ask questions and take an interest in what your child enjoys online. An essential part of having this open dialogue is to not judge, even if their behaviour or life online isn't what you wanted or expected. This ensures that your child feels they can come to you if ever they make a mistake or experience a problem online.

Knowing where you can learn more about their favourite apps and games.

Websites like Common Sense Media or The Family Gaming Database can be invaluable sources of information. When your child starts talking about a new game or app, why not do some research into the reporting and blocking options available? Ther you can help your child if they come to you with an issue.

Getting support if things go wrong.

There are lots of organisations who are there to support you and your family if something has gone wrong. The <u>Report Harmful Content website can</u> help you with issues such as cyberbullying, impersonation and threats. You can report worrying behaviour towards children to <u>CEOP</u>. Find out more on <u>Children's Get Help page</u>.

Reassuring your child that whatever happens online, you are there to support them.

Let your child know that the best way to address any problem they have online, is to tell a trusted adult immediately. For example, this might include someone sending them a friend request; an online message; telling them to visit a specific website, or app; or asking them for their personal information. Reassure them that if anything happens online that they are unsure about, or makes them feel worried or upset, they can come to you for help.

More advice and guidance

https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/

Useful Contacts and Resources

Revision Skills- Revision Hacks.

https://gmhigher.ac.uk/resources/revision-skills-revision-hacks/

Pomodoro Technique:

https://gmhigher.ac.uk/resources/revision-skills-pomodoro/

Worksheet:

Traffic Light Technique:

https://gmhigher.ac.uk/resources/revision-skills-traffic-light-technique/

Revision Timetable:

https://gmhigher.ac.uk/resources/revision-skills-revision-timetable-handout/

Choices- HE What and Why?

https://gmhigher.ac.uk/resources/choices-he-what-and-why/

Choices- Post-16 options

https://gmhigher.ac.uk/resources/choices-post-16-options/

Student Life - HE options

https://gmhigher.ac.uk/resources/student-life-he-options/

Student Life - Support at university

https://gmhigher.ac.uk/resources/student-life-support-at-uni/

Worksheet:

https://gmhigher.ac.uk/resources/choices-post-16-options-true-or-false/

Student Life - Path Finder

https://gmhigher.ac.uk/resources/student-life-path-finder/

TOPIC: INTERVIEW SKILLS

Interview Skills - How to get through your interview

https://gmhigher.ac.uk/resources/interview-skills-your-interview/

Interview Skills - First Impressions

https://gmhigher.ac.uk/resources/interview-skills-first-impressions/

WORKSHEETS:

Interview Skills - Who got the job?

https://gmhigher.ac.uk/resources/interview-skills-who-got-the-job/

Interview Skills - What makes you stand out?

https://gmhigher.ac.uk/resources/interview-skills-stand-out/

TOPIC: BUDGETING SKILLS

Budgeting Skills - Prudent Student Game

https://gmhigher.ac.uk/resources/budgeting-skills-prudent-student/

Budgeting Skills - Mythbusting

https://gmhigher.ac.uk/resources/budgeting-skills-mythbusting/

Budgeting Skills - What students spend their money on

https://gmhigher.ac.uk/resources/budgeting-skills-spending/

WORKSHEETS:

Budgeting Skills – Budgeting activity Instagram

https://gmhigher.ac.uk/resources/budgeting-skills-instagram/

