

NEWSLETTER

Headteacher Message

Year 9 pupils began their Options Pathway process this week with Progress Evening on Thursday, followed by an Options Fayre on Friday. It was great to record our highest Progress Evening turnout of the year, and staff enjoyed engaging with parents and carers to ensure the very best future for our pupils is secured.



It is also the start of the Dean Trust mock examinations for our Year 11 pupils. Well done to the many Year 11s who have been attending additional sessions to ensure they are well prepared.

I am looking forward to the Rewards Assemblies taking place next week with our Heads of Year. It is always a pleasure to reward our pupils for their excellent effort and progress at the end of the term.





Safer Internet Day 2022

Together for a better internet

Tuesday 8 February

Stay connected with us..

Do we have your correct details? It is very important -especially in the current situation - that the school has your correct details such as phone numbers, email addresses and postal address.

Please contact school with any updates.

01942 510712 office@deantrustrosebridge.co.uk

Employee of the week..

Miss Hill for being solution focused this week to ensure the smooth running of the Mock Exam Series.





Faculty of the Week: Humanities

History Department

This week has been a busy week in the History department. Our Year 11 pupils have been preparing for their mock exams with the focus being Weimar and Nazi Germany 1918-39. Many have been attending additional revision classes and using revision sites such as GCSE Pod and Seneca. Keep up this good work and commitment to your studies.

In Year 7, pupils have been investigating concentric castles and have been surprised at how castles developed over time. In Year 8, pupils have been examining the causes of the battle with the Armada in 1588 and our Year 9 pupils have been extending their knowledge and understanding from half term one regarding changes in women's lives in the early 20th century, with a particular focus on the 'Roaring '20's in America.

The history department would like to remind all pupils of our <u>castle building competition</u>. This is a wonderful opportunity to link your historical and artistic talents together to produce a model of a Motte and Bailey castle. You can enter the competition individually or as a group. We have had some excellent entries so far. The <u>deadline date is Friday 18th February.</u>

HT3 - History House Competition

Build a model/replica of a Motte and Bailey Castle.

You can produce one castle as a team or independently.

Entries to be handed in to Miss Hyde, Miss Waring or Mrs Gibbard by the 18th February.

Be creative and good luck!



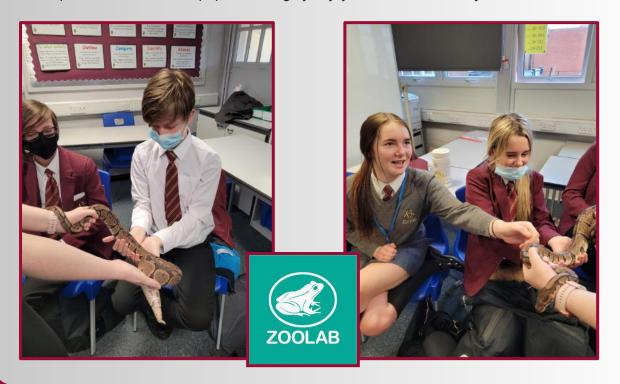






Geography

At the beginning of the half term the Geography department invited the company Zoolab to visit school to enrich the learning of the ecosystems topic in Year 9. The pupils got to deepen their knowledge on the rainforest biome and the adaptations that animals have to enable them to survive in the equatorial climate. The pupils thoroughly enjoyed the sessions as you can see below.



Duke of Edinburgh

Duke of Edinburgh

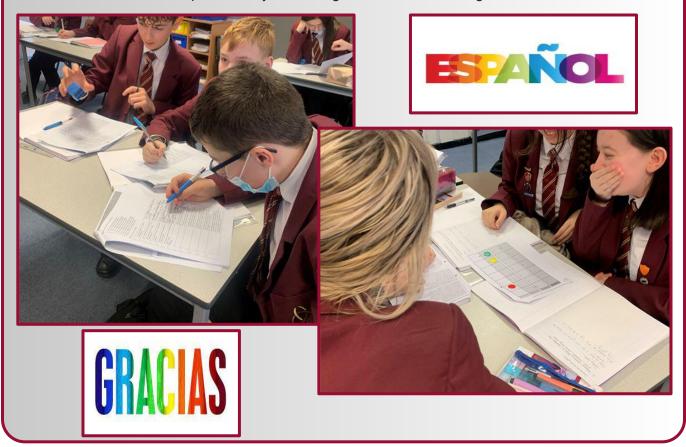
The Geography department are pleased to announce that they will be offering the opportunity for pupils to complete the Duke of Edinburgh Bronze Award. This is an award that empowers young people to learn new skills, overcome obstacle and build confidence and resilience. The bronze award is composed of four sections that include volunteering, physical activities, skills and expeditions. The Duke of Edinburgh awards are respected and recognised across the world, improving higher education and job opportunities.

If you would like to take part, sessions take place in GE2 with Mr.Humphreys Thursday at 3pm



Spanish

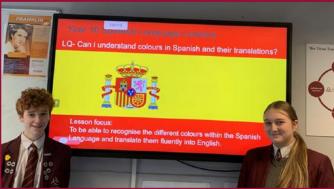
This half term students in Spanish have been developing their translation skills and showing how competitive they are through various translation games.



Language Leaders

Language leaders have been working hard this half term to produce slides and develop their confidence presenting and teaching Spanish to others.





Careers



This week was National Apprenticeships week and our Year 10 students had the opportunity to learn more about the options they have, once they leave school.

Year 10 took part in an assembly delivered by Wigan & Leigh College to be informed of the different choices available to them. It was successful as our students have really started to think about what path they want to take after Year 11.

They were informed regarding different courses such as apprenticeships, vocational subjects, T-levels and A levels.







Brilliant Club



Our Year 9 and 10 Scholars have been working extremely hard this week with teh PhD students. Excellent work produced yet again as they continue on their journey to produce University level assignments.







Children's Mental Health Week 2022



This week was Children's Mental Health Week. Pupils have had the opportunity to o explore the theme of personal growth and the teenage brain. As well as making the connection between growth, good mental health and the importance of sleep. This was delivered through assemblies and pastoral activities.

Tips for Parents & Carers

https://www.dropbox.com/s/n9uow064v0ijgr7/CMHW_Growing%20Together_Parents&CarersTips.pdf?dl=0

Thought of the week

be the best version of

Best Version of you

Life is full of ups and downs. Sometimes it's great, we're having loads of fun and feeling good and on top of things. At other times, life can be hard, tough and sad things can happen and we can feel like it's hard to cope and manage.

At these times reflect on your best self and all the achievements you have made so far.

Children's Mental Health Week 2022



Safer Internet day.

We promoted Safer Internet Day this week and we will be continuing our advice and guidance for pupils in to next week in form times and personal development lessons. We do this to ensure that pupils are confident, resilient and independent enough to be able to share worries and concerns.

Safer Internet Day is celebrated globally in February each year to promote the safe and positive use of digital technology for children and young people, and to inspire a national conversation about using technology responsibly, respectfully, critically, and creatively.

This year's theme is 'All fun and games? Exploring respect and relationships online'. Within this we have been looking specifically about how pupils can report something they may be concerned about through social media sites such as Snapchat, Instagram, Youtube and Facebook.

There is a useful parents guide on this website to support parents in understanding our approach to handling this and how they can support their child if issues are raised.

Our message to pupils has been if they are concerned or worried about something they have been sent or seen, to report this to their form tutor or a senior member of staff and not to pass on the message or image to others. https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022



Children's Mental Health Week 2022



HT3 Charity Event - Staff v Students



The charity event for this half term will be Staff vs Students , this will take place during next week.

The money raised from this event will go towards the 'Campaign Against Living Miserably' charity.

We ask for at least a £1 donation online if pupils attend as a performer or a spectator. Pupils are to create their own 6 a side team and ensure all have donated online to play.

3-4pm.

- Football Wednesday 16th Feb- Year 9/10 (6 a side)
- Football Thursday -17th Feb Year 7/8 v Staff (6 a side)

What is CALM?

Campaign Against Living Miserably, or CALM, is a registered charity based in England. CALM run a free, confidential and anonymous helpline as well as a webchat service, offering help, advice and information to anyone who is struggling or in crisis.

£8 pound potentially funds one life saving call.

Any donations will help CALM continue to offer bespoke support for anybody who requires the service in the future.

Manchester United Foundation



Manchester United Foundation are proud to celebrate LGBTQ+ History month which runs throughout the month of February.

Keep an eye out during form and assembly time for information about the LGBTQ+ badge design competition running throughout February and March with a chance to win vouchers and feature as next years official badge.



COMPETITION RULES

Your design;

- Should use bright colours.
- Must be a regular shape (please bear in mind that the round badges have always been the least successful).
- Must be legible within a 5cm x 5cm square.
- Must include the words;
 - Lesbian
 - History - Month
 - Gay
 - Bisexual 2023 - IGBT+
 - Trans
- Can be created on paper or using IT.
- Cannot include brand logos, human faces, religious or party-political symbols.

The full competition rules can be found here; www.lgbtplushistorymonth.co.uk/badge-comp

House Points...

	WIN PRIZA
Sanderson	1615 WIN PRIZES
Turing	1525
Nightingale	1490
Franklin	1425
Churchill	1375

Numeracy Extra Curricular Clubs

MATHLETES

Mathletes takes place 3pm - 4pm every Tuesday. Students work in teams to solve maths problems and a range of other logic puzzles. Mathletes is open to students from all year groups.



DARTS CLUB

Darts club takes place 3pm - 4pm every Thursday. Students practice their numeracy skills by competing to be the star of the oche. Darts club is open to students from all year groups.



Literacy

Word of the Week

Odious adjective

extremely unpleasant; repulsive.

Challenge 1: can you think of any synonyms of the word 'odious'?

Challenge 2: Write a sentence using the adjective 'odious'.

<u>Literacy Challenge – Valentine's Day</u>

Valentine's Day is named after Saint Valentine, a Catholic priest who lived in Rome in the 3rd Century. There are many stories about St Valentine and over time these stories grew into the legend we know today.

At the time of Valentine's life, many Romans were converting to Christianity, but the Emperor Claudius II was a pagan and created strict laws about what Christians were allowed to do. Claudius believed that Roman soldiers should be completely devoted to Rome and therefore passed a law preventing them from marrying. St Valentine began to marry these soldiers in secret Christian ceremonies and this was the beginning of his reputation for believing in the importance of love.

Eventually, Valentine was found out and jailed for his crimes against Claudius. While imprisoned, Valentine cared for his fellow prisoners and also his jailor's blind daughter. Legend has it that Valentine cured the girl's blindness and that his final act before being executed was to write her a love message signed 'from your Valentine'. Valentine was executed on 14 February in the year 270.

Challenge: Write a poem to a friend or family member telling them what you like or love about them.



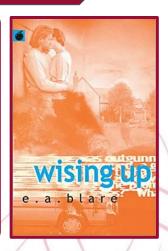
Book of the week...

I had to find a romance story for Valentine's Day, didn't I? I hope I managed to find one that isn't too soppy though! The book is 'Wising Up' by E A Blare.

Often a love story is written from the girl's point of view, but this one is different, as you will see right from the start.

Ritch is an underachieving tearaway, but Alex is bright and university-bound. An act of rebellion towards Alex's parents leads to her meeting Ritch. She eventually persuades him to embark on a new life, but Ritch is caught up in a gangland feud.

Enjoy!





Dean Trust Mock Exams 2022



This week all DTRB Year 11 pupils have taken part in the Trust mock exams. The engagement, resilience and behaviour of the pupils should be commended and is extremely promising for the summer exam season.

Thank you to all staff that continue to support our pupils with extra revision and ensuring an orderly start to each exam.

We would also like to thank the PE department for their fantastic curriculum continuation without the Sports Hall!



February Half Term School

At this important time for Year 11 pupils as their final GCSE examinations are fast approaching, pupils should be at this point in the year be ensuring any coursework is completed. After school revision sessions continue to be offered to aid revision.

To support students we shall be running February Half Term School. This will take place on Monday 21st to Wednesday 23rd. Letters have been sent specifically to targeted pupils who have controlled assessments or coursework outstanding.



Stars of the week...

Year 7: Cody T

Future head boy! Leading male of CC points. Consistently performs to the best of his ability every day.

Year 9: Olivia R

Olivia always works hard but has further improved her effort over the last few weeks. This week she is at the top of the league for the number of Class Charts points. Well done Olivia!

Year 11: Jordan AB

For how much he has improved in the February exams. Well done and keep it up!



Year 8: Rosie G

Rosie has been outstanding in her lessons. She always tries her best which means she as collected 845 class chart points and no negative behaviour points. She is making the right choices to secure a brighter future.

Year 10: Brandon F

Excellent work all of the time and adheres to the 3 rules. Exceptional work in ICT this week - Well done Brandon.

Success is not final, failure is not fatal: it is the courage to continue that counts.

Winston Churchill

Believe Achieve Succeed

Peer Mentors become Scholars!

The peer mentees are almost ready to record their persuasive speeches and in the words of Frankie Valentine they are 'so excited' so share them with you all.

We are planning our next round of literacy sessions for HT5 and Holly is using a book from our CPD library to do so!

HT4 will see them support Paul with the launch of our numeracy council and KS3 interventions. They are an absolute credit to our school:

Yasna, Holly, Elise, Tommy, Archie G





Wigan Little Theatre

Our Year 10 performing art students visited wigan little theatre this week to watch a production of JOHN GODBER'S 'TEECHERS'! It was a brilliant opportunity for them to watch local performers in a local theatre.





Year 11 Trust Examinations

	Morning Revision 8am	Morning Period 1 and 2	Period 3	Period 4	Period 5 and 6	After School 3pm-4pm
Friday 4th					English Language Revision	
Monday 7th	English	English Language paper 2 (1h 45)	Mathematics Revision	cs Revision	Mathematics Paper 1- Non Calculator (1h30)	Biology Revision
Tuesday 8th	Biology	Biology (1h 10)	Chemistry Revision	r Revision	Chemistry (1h 10)	Health and Social Revision History Revision
Wednesday 9th	Health and Social	Health and Social Exam (2h) Physics Revision	Physics Exam (1h 10)	am (1h 10)	History (1h 20)	Geography revision
Thursday 10th	Geography revision	Geography Paper 2 (1h 30)	English Revision	Revision	English Language Paper 1 (1h 30)	Paper 1 (1h 30)
Friday 11th	Spanish Revision	Spanish Writing H (1h15) Spanish Writing F (1h)	Mathematics Revision	cs Revision	Mathematics Paper 2 (Calculator) (1h30)	
	Morning Revision 8am	Morning Period 1 and 2	Period 3	Period 4	Period 5 and 6	After School 3pm-4pm
Monday 14th	English	English Literature (1h)	Mathemati	Mathematics Revision	Mathematics Paper 2 (Calculator) (1h30)	Spanish Revision
Tuesday 15th	Spanish Revision	Spanish Listening Higher (45m)	Spanish Listening Foundation (35m)	Spanish Revision	Spanish Reading Higher (1h) Spanish Reading Foundation (45m)	Citizenship Revision
Wodpoordoy 16th	Citizonchin Bovicion		Digital IT (5h Mock)	(5h Mock)		
wednesday total	note in a light of the light of	Citizenship (1h 20)				
Thursday 17th		at and	Art/ Graphics/ 3D Design (5h Mock)	Design (5h Mock)		
III T KANSINIII			Spanish Speaking	Spanish Speaking (Individual slots)		
Friday 18th			Photograph	Photography (5h Mock)		
mor kenny			Spanish Speaking (Individual slots)	(Individual slots)		

External Exams
Mock Exams
Revision Sessions

Attendance Corner...



Please can you text, ring or email attendance every day when your child is absent unless they have Covid, are self-isolating for another reason or have a doctors note for a fixed time period. For safeguarding reasons we need to have daily contact on school days if your child is not in school.

The Attendance team can be emailed directly on: <u>DTRBAttendance@deantrustrosebridge.co.uk</u>

Covid advice please ring 119, school staff are unable to advise on Covid related matters

If you are unable to source Covid tests please call in at school reception as we have a limited supply

Sickness and Stomach bugs – we do not have a minimum that children need to be off school for if they are unwell in this way

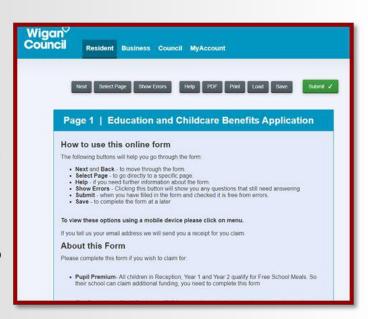
Please make appointments for your child outside of school hours, if you are unable to do this because of a medical emergency etc please can you email proof of the appointment to school in advance

Free School Meals - Are you Eligible?

If you are on eligible benefits or your household income is below the government's threshold, you could be eligible for free school meals.

In addition, the school can also get up to £1300 to support your child's education (this is called the Pupil Premium), but you must complete an application form.

The Pupil Premium provides funding to support your child's education including help with cost of school trips, music fees and teaching assistants.



The application is made via <u>Wigan Council's website</u> and takes less than 5 minutes to complete depending on how many children you are claiming for. The decision will be made immediately unless further evidence is required.

Facts about Free School Meals...

For £2.30 your child can get either;

A main meal, pasta, pizza slice or sandwich +

Small cake, small fruit pot, small cookie or packet of biscuits.



With a bottle of water.

Breakfast allowance 75p

Toast, Toasties, Croissants

Payment by fingerprints - Complete discretion for pupils

Top Tip: Fill out the eligibility checker and return to us because even if you are not eligible now, if circumstances change, it will automatically be updated without needing to reapply.

Dean Trust Rose Bridge can earn up to get up to £1300 to support your child's education this is called 'Pupil Premium'.

The Pupil Premium provides funding to support your child's education, including but not limited to; help with cost of school trips, music fees and teaching assistants and so much more.

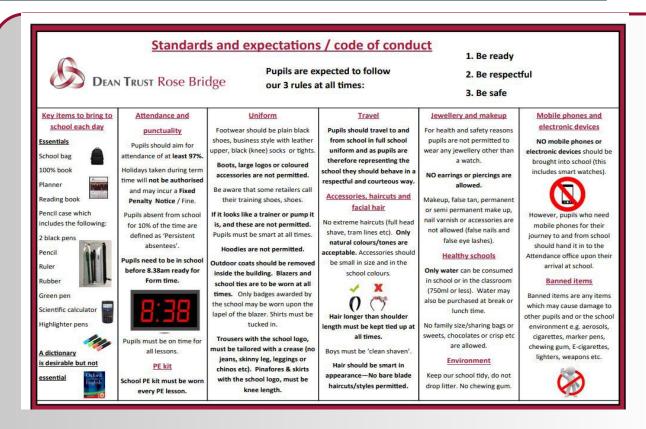
Ext	ra-G	Curri	cular	Ac	tivi	tie	s @	D.	TRE	3				
Friday	Breakfast Club Klass	Film Club Library, Miss Worrall Drama Club (KS3)	Studio, Mrs Ashton Music (KS4) MS1, Mrs Blundell	Football Astro, Mr Volante & Dan	Jigsaw Club SC4, Miss Green	1	All Years Fitness Suite PE, Miss Reilly	V11 Sport Studies Booster PE, Niss Warren & Mr Shepherd						Our Extra-curricular timetable for HT3 is now live!
Thursday	Breakfast Club iClass	Games Club Library, Miss Worrall Performing Arts (KS4)	PAT, Mrs Blundell and Mrs Ashton Football Astro, Mr Volante & Dan	Jigsaw Club SC4, Miss Green	Dance (KS3) Studio, Miss Tate	Poetry Club (Y7) ENG, Holly Howarth	Music (KS4) MS2, Mrs Blundell	Darts with Dearns Mir Dearnley, MA4	Y10 Sports Leaders PE, Miss Warren	Y7/8 Football PE, Dan & Mr Volante	Spanish Spelling Bee Miss Brabin, MFL2	Duke of Edinburgh Club Mr Humphreys, GE2	KS3 Computing Club Mr Finnegan, CS2	Pupils are invited to attend any of the events listed in the table. Got further
Wednesday	Breakfast Club Rilass	Games Club Library, Miss Worrall Sineine (All vears)	MS1, Mrs Blundell Football Astro, Mr Volante & Dan	English Scholars EN1, Mrs Halsey	Jigsaw Club SC4, Miss Green		Performing Arts (KS4) PAT, Mrs Ashton	Horrible Histories/Film Club Hi1, Mrs Hyde	Netball (Y7/8/9) PE, Miss Warren	V9/10 Football PE, Dan & Mr Volante	Knit & Stitch SC1, Miss Miller	KS3 Art Club Miss Birch, DE3 Sign Ho Colo	6.50	questions? Speak to the member of staff leading the activity, or Mr Walsh.
Tuesday	Breakfast Club iClass	Games Club Library, Miss Worrall Music IY7&8	MS1, Mrs Blundell Football Astro, Mr Volante & Dan	Literacy Council EN6, Miss Winrow	Jigsaw Club SC4, Miss Green	Dance (KS4) Studio, Miss Tate	Music (99) MS1, Mrs Blundell	Dance (KS4) Studio, Miss Tate	Badminton (All Years) PE, Miss Reilly	Science Homework Support (All Years) Mrs Lane (KS3, SC3) & Mrs Pollard (KS4, SC5)	Mathletes Africe Banks MAS	Science CREST Award (Year 9)	Day of the state o	
Monday	Breakfast Club IClass	Games Club Library, Miss Worrall Dance (K33)	Studio, Miss Tate Football Astro, Mr Volante & Dan	Jigsaw Club SC4, Miss Green										



Before School

After School 3pm – 4pm

Standards & Expectations



DTRB rules: "Be Respectful, Be Safe, Be Ready".

'You cannot climb the ladder of success dressed in the costume of failure'

At Dean Trust Rose Bridge, we believe that the standards of personal appearance are reflected in the attitudes of our pupils. By dressing to a high standard, it has been shown that our standards of work, and subsequent outcomes, improve over time. Please support the school by ensuring that your child adheres to the school's high standards of uniform and appearance. Each day staff will check that pupils are dressed in accordance with the above expectations.

Banned items should not be brought into school. Banned items will be confiscated by staff. Please refer to our Standards and Expectations poster for clarity on banned items.

Mobile phones: Any pupil found with their mobile phone during the school day will have this item confiscated. Confiscated phones will not be returned to a pupil under any circumstances. It is the parent/carers responsibility to collect the device from school at a mutually agreed time.

If pupils need to bring a mobile phone to school to ensure their safety when travelling, they must be handed in at the start of the day, before entering the building.

Sanctions will be applied to any pupil who fails to meet the school's standards and expectations.

With your support, we will continue to improve the standards at Dean Trust Rose Bridge School. Together, we will continue to make progress, giving all our pupils the best life opportunities by developing hard-working and dedicated young adults with high standards and aspirations.

Standards & Expectations

Uniform Standards

The standard of uniform so far from the vast majority is incredibly smart. As a school, we want to encourage pupils to take pride in their professional appearance and I would like to take this opportunity to thank you all for helping support this at home. If you are struggling at all with providing a full uniform – please get in touch, we are here to help.

Attendance and punctuality



A reminder to families that pupils are not allowed to take holidays during school hours and term-time periods. More, now than ever, it is imperative that pupils do not miss precious learning time and arrive at their form and lessons on time. We are unable to authorise any holiday during school hours. Meetings (detentions) will be issued for any pupils who are late to school. If you drop your child off at school please ensure that they arrive before 8.38sm as traffic around school, as ever can be particularly busy.

If you have any concerns with your child's attendance to school or you are struggling to maintain their positive attendance, please get in touch – we have a fantastic team of staff here in school who have supported many children in overcoming any issues or school anxieties.

Lines of Communication

Just a reminder to all parents, that your child's Form Tutor should always be the first port of call if there are any questions or concerns. Furthermore, due to staff absence, if you have contacted a member of staff and have not heard back, please contact office@deantrustrosebridge.co.uk and we can ensure any messages are directed to the right person.

Up to date contact details

Please can we ask that you ensure we have your most recent contact details on file so that if I have to communicate any changes to the normal operation of the school you receive the relevant messages.

Working together

Our strength develops when we work together as a community, ensuring that the children and young people who attend Dean Trust Rose Bridge receive the best possible experience even during these uncertain times. We feel blessed that we have such a supportive parents, wonderful pupils, and an incredible staff who always go above and beyond for your children.

If you have any questions or concerns please do not hesitate to contact your child's Form Tutor or email office@deantrustrosebridge.co.uk

School Term Dates 2021/2022





School Term Dates 2021/2022

Autumn Term 2021

Monday 6th September 2021	Friday 22nd October 2021	35 days
Monday 1st November 2021	Friday 17th December 2021	35 days

Spring Term 2022

Wednesday 5th January 2022	Friday 18th February 2022	33 days
Monday 28th February 2022	Friday 1 st April 2022	25 days

Summer Term 2022

Tuesday 19th April 2022	Friday 27th May 2022	28 days
 Monday 6th June 2022	Thursday 21st July 2022	33 days

Total: 189 days (due to Queens Jubilee)

Inset Days

Friday 3rd September 2021 Tuesday 4th January 2022 Friday 24th June 2022 2 days from twilights

Bank Holidays

Monday 27th December 2021

Tuesday 28th December 2021

Monday 3th January 2022

Friday 15th April 2022 Good Friday

Monday 18th April 2022 Easter Monday

Monday 2th May 2022 Early May Bank Holiday

Thursday 2th June 2022 (Due to Queens Jubilee)

Friday 3th June 2022

Dates for your Diary

View all



Thursday 10th February

Year 8 Progress Evening

Thursday 3rd March

Year 7 Progress Evening

Thursday 17th March

Jamboree Day

Thursday 21st July





Safer Internet Tips...

Top Tips

The internet can be a great place to learn new things, keep in touch with friends, and to have fun. We have some tips to help you to stay safe and positive online, as well as how you can #PlayYourPart in creating a better internet by...

Using your actions and words with care.

What you do, say and share online can have a big impact on the way other people feel, as well as how others perceive you. When emotions are high, take a moment to reflect and continue when you're feeling calmer.

Building healthy relationships.

Listen to and support your friends both online and offline by respecting their boundaries and treating them with kindness.

Look out for signs of an unhealthy relationship – if someone is pressuring you, is dishonest, or makes you feel uncomfortable, know that you can always talk to an adult or friend you trust.

Being an upstander when you see bullying, harassment or hate.

By using reporting tools or speaking out if you feel able to do so, you can offer support to the victims of these behaviours. This can help people to feel less alone and can encourage them to seek further assistance if they need it. Keeping a lookout for suspicious information and people online.

Knowing it's never too late to talk to an adult about something you're experiencing online.

Even if you're worried it might be uncomfortable, or you think you've done something wrong, speaking to someone is the first step in getting support and moving forward.





Safer Internet Tips...

Top Tips for Parents and Carers

Have a look at the tips and links below with some suggestions on how to get you started and help you to stay safe and positive online. You and your family can #PlayYourPart in creating a better internet by...

Having conversations without judgement.

Whether by playing games, watching videos, or doing things your child enjoys, spending time together online is a great way to start conversations about the online world and how they're finding being a part of it.

It is important to ask questions and take an interest in what your child enjoys online. An essential part of having this open dialogue is to not judge, even if their behaviour or life online isn't what you wanted or expected. This ensures that your child feels they can come to you if ever they make a mistake or experience a problem online.

Knowing where you can learn more about their favourite apps and games.

Websites like Common Sense Media or The Family Gaming Database can be invaluable sources of information. When your child starts talking about a new game or app, why not do some research into the reporting and blocking options available? Ther you can help your child if they come to you with an issue.

Getting support if things go wrong.

There are lots of organisations who are there to support you and your family if something has gone wrong. The <u>Report Harmful Content website</u>can help you with issues such as cyberbullying, impersonation and threats. You can report worrying behaviour towards children to <u>CEOP</u>. Find out more on <u>Childnet's Get Help page</u>.

Reassuring your child that whatever happens online, you are there to support them.

Let your child know that the best way to address any problem they have online, is to tell a trusted adult immediately. For example, this might include someone sending them a friend request; an online message; telling them to visit a specific website, or app; or asking them for their personal information. Reassure them that if anything happens online that they are unsure about, or makes them feel worried or upset, they can come to you for help.

More advice and guidance

https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/

Useful Contacts and Resources

Revision Skills- Revision Hacks.

https://gmhigher.ac.uk/resources/revision-skills-revision-hacks/

Pomodoro Technique:

https://gmhigher.ac.uk/resources/revision-skills-pomodoro/

Worksheet:

Traffic Light Technique:

https://gmhigher.ac.uk/resources/revision-skills-traffic-light-technique/

Revision Timetable:

https://gmhigher.ac.uk/resources/revision-skills-revision-timetable-handout/

Choices- HE What and Why?

https://gmhigher.ac.uk/resources/choices-he-what-and-why/

Choices- Post-16 options

https://gmhigher.ac.uk/resources/choices-post-16-options/

Student Life - HE options

https://gmhigher.ac.uk/resources/student-life-he-options/

Student Life - Support at university

https://gmhigher.ac.uk/resources/student-life-support-at-uni/

Worksheet:

https://gmhigher.ac.uk/resources/choices-post-16-options-true-or-false/

Student Life - Path Finder

https://gmhigher.ac.uk/resources/student-life-path-finder/

TOPIC: INTERVIEW SKILLS

Interview Skills - How to get through your interview

https://gmhigher.ac.uk/resources/interview-skills-your-interview/

Interview Skills - First Impressions

https://gmhigher.ac.uk/resources/interview-skills-first-impressions/

WORKSHEETS:

Interview Skills - Who got the job?

https://gmhigher.ac.uk/resources/interview-skills-who-got-the-job/

Interview Skills - What makes you stand out?

https://gmhigher.ac.uk/resources/interview-skills-stand-out/

TOPIC: BUDGETING SKILLS

Budgeting Skills - Prudent Student Game

https://gmhigher.ac.uk/resources/budgeting-skills-prudent-student/

Budgeting Skills - Mythbusting

https://gmhigher.ac.uk/resources/budgeting-skills-mythbusting/

Budgeting Skills - What students spend their money on

https://gmhigher.ac.uk/resources/budgeting-skills-spending/

WORKSHEETS:

Budgeting Skills – Budgeting activity Instagram

https://gmhigher.ac.uk/resources/budgeting-skills-instagram/

