



DEAN TRUST Rose Bridge

NEWSLETTER

Headteacher Message

It was wonderful to see so many of our pupils and staff today in their christmas jumpers and festive accessories to raise money for the Save the Children charity.

A big thank you to Mr Finnegan who has delivered assemblies this week to our pupils on the important topic of how to stay safe online.

Staff this term have focused on embedding retrieval practice in lessons to support pupils in their memory development. This work will continue in the new year. Well done to all the Year 7 pupils who were nominated by Mr Volante to attend Winter Wonderland as part of our wider work with the Manchester United Foundation. Thank you to Mr Eckersall for making this magical experience happen.

To all in the Dean Trust Rose Bridge Community have a lovely weekend.



Mrs Cundle
Acting Head of School



James Haseldine
Executive Headteacher

Contact Details

Do we have your correct details? It is very important -especially in the current situation - that the school has your correct details such as phone numbers, email addresses and postal address.

Please contact school with any updates.

01942 510712

office@deantrustrosebridge.co.uk



Employee of the Week

Mrs M Evans and Miss K Johnson for always supporting staff and pupils with a smile on their faces. They have a supportive attitude and nothing is ever too much trouble.



Additional Support	Contact number	Website
NSPCC Helpline	0808 800 5000	Help@nspcc.org.uk
Childline	0800 1111	www.childline.org.uk
LGBT Foundation	0345 3 30 30 30	https://lgbt.foundation/meet-the-team
Young Carers	01942 679352	www.walyc.org.uk
Papyrus	0800 068 4141	www.papyrus-uk.org
Frank	0300 123 6600	www.talktofrank.com
Suicide Bereavement Services	0161 212 4919	www.shininglightonsuicide.org.uk

Personal Development

Staying Safe Online

In personal development this week students have been learning about how to stay safe online. Mr Finnegan have delivered assemblies to all year groups about this topic.

Some points that Mr Finnegan would like students at Dean Trust Rose Bridge to consider;

How many friends do you have on social media? How many of them do you actually know?

Have you ever written, seen, liked, posted or sent anything inappropriate online?

Do you understand the importance of internet safety?

Careers

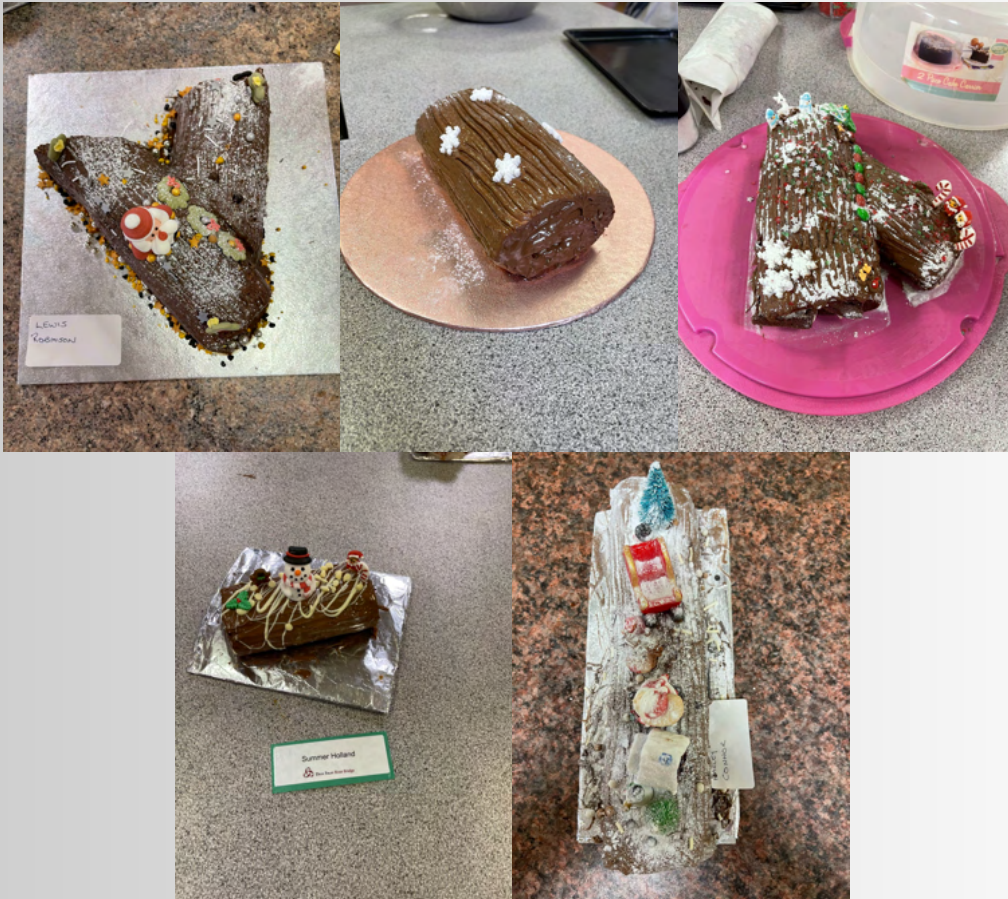
Our Year 11 students have been focusing on their future aspirations post 16. They have spent time this week exploring the courses they are interested in and applying to colleges of their choice. It has been delightful to discuss their future plans and aspirations. We are excited to support them with their future goals and ensure that they have a destination once they have left Dean Trust Rose Bridge.



Faculty of the Week: Art & Technology

Food Technology/Hospitality and Catering

Christmas has well and truly started down in Food Technology with Miss Lewis and Miss Daniels supporting the making of over 190 chocolate yule logs in the last 2 weeks! The students have worked so hard over the past half term and have made some absolutely outstanding work! Here are some of our favourites...



Hospitality and Catering

Our year 11's have been preparing for their practical exam in the new year with some outstanding dishes that are set to score them highly! Well done year 11, keep up the good work and don't lose pace!

Seen below (left to right): Homemade burger and fries, gluten free lasagne, nutella cheesecake, Jamaican festival dumplings!



Faculty of the Week: Art & Technology

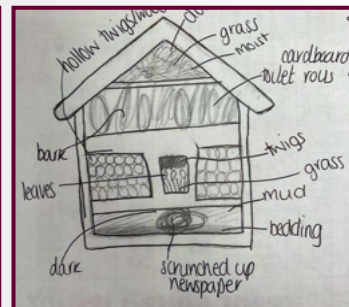
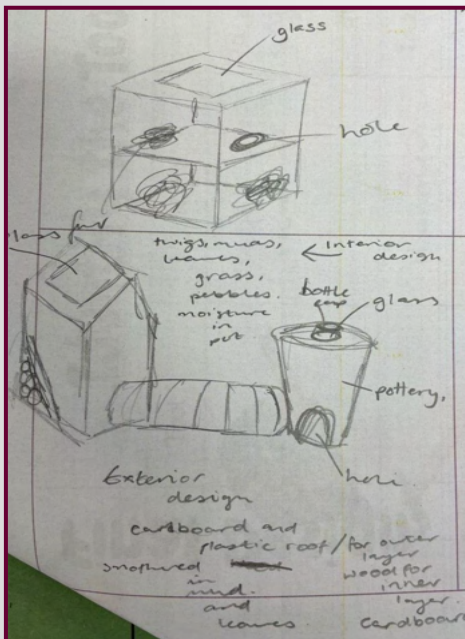
KS3 Design Technology:

This half term in Design Technology the students have been following the 'iterative design process' with a huge focus on sustainability and eco-design. Students were given a mock brief from 'Wigan Council' that outlined expectations and areas to research which they have followed closely in order to design and make a successful 'bug hotel'. Students have developed their practical skills and understanding of design whilst solving real life problems! Fantastic work produced - well done!

DTRB - Designers



Excellent finger joints produced by Ariele - 8X1



KS4 3D Design Technology:

This half term in 3D Design Technology we have been focusing on the work of Iconic Designers. Taking inspiration from successful designers such as Memphis and Bauhaus, the students have been producing innovative clock designs suitable for a quirky hotel!



Fantastic work produced by Y11 during drop down day! Students worked great independently in exam conditions. Well done.

Faculty of the Week: Art & Technology

Computer Science Department KS3

Well done to all pupils across KS3 who have been completing the end of HT assessments. Pupils across all year groups have completed some excellent work. Well done.

Computer Science Department KS4

Excellent work this week from Year 10 and Year 11 BTEC DIT classes.

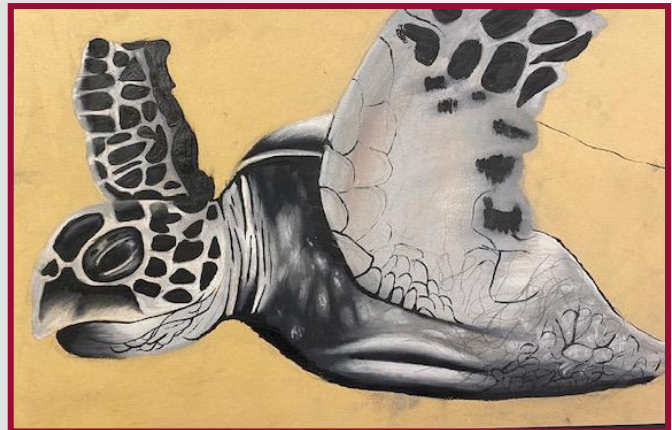
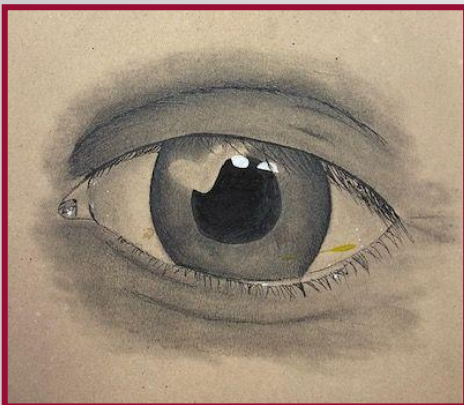
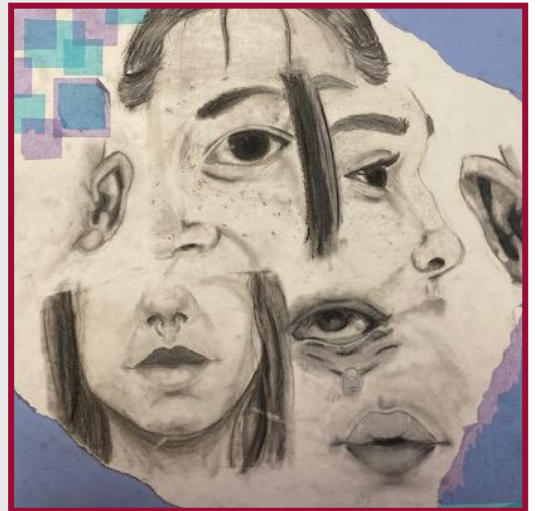


Year 9 Art - Amazing Insects!

Year 9 have been producing some beautiful artworks inspired by the artist Abby Diamond. They have learnt skills in mark-making, watercolour techniques and layering. Pupils applied black ink outlines on top of their watercolour art very nervously - but ended up loving the results!

Year 11 Art - Wrapping up their personal projects!

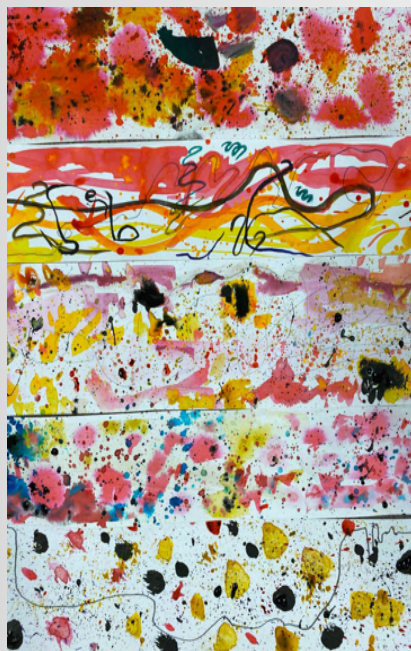
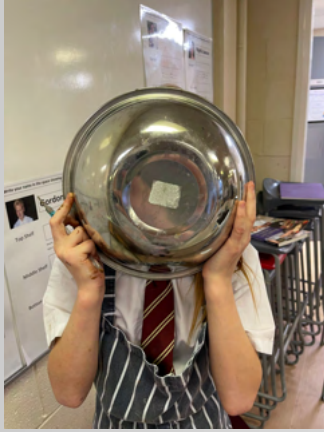
Year 11 Fine Art pupils have been completing final pieces for their personal coursework project. Just look at some of the chalk, charcoal and pencil drawing outcomes from Sasha, Leoni and Charmaine!



Faculty of the Week: Art & Technology

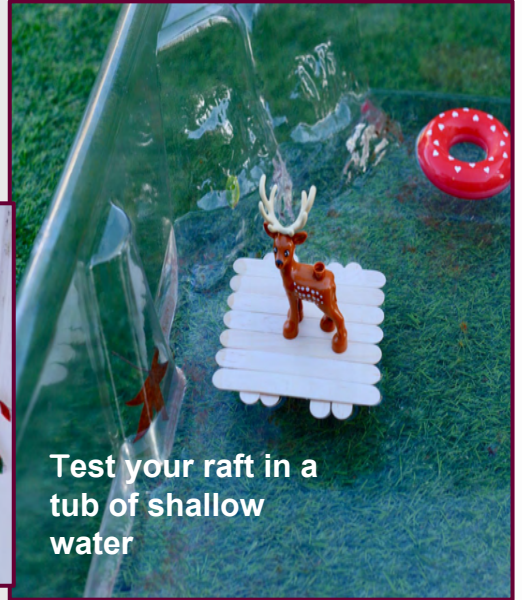
Craft Club

Miss Birch and Miss Lewis have been running a craft club for all year groups on Wednesday nights after school. We have made all sorts of crafts ranging from a remembrance day display to their own chocolate moulds filled with their own christmas flavoured chocolate! The students have absolutely loved it and have got stuck in to absolutely everything.



Christmas STEM Challenge

The North Pole has a river that runs from the elves house to the toy factory. Can you build a raft to help the elves get there? You can design a flag too.



Buddy the elf wants to go skiing... Can you construct a ski lift using recycled materials?



Bring your ski lift into Design Technology to see if Miss Birch's Elf approves.

Word of the Week

Dynamic *adjective*

1. (of a process or system) characterized by constant change, activity, or progress.
2. (of a person) positive in attitude and full of energy and new ideas.

Challenge 1: Can you think of any synonyms for the word 'dynamic'?

Challenge 2: Write a sentence using the adjective 'dynamic'.



Literacy Challenge – Chanukah

Chanukah also spelled **Hanukkah** and known as the **Festival of Lights**, is an eight-day **Jewish holiday** commemorating the re-dedication of the Holy Temple (the Second Temple) in Jerusalem at the time of the Maccabean Revolt of the 2nd century BCE. Hanukkah (Hebrew: חֲנֻכָּה, usually spelled חנוכה pronounced [χanu'ka] in Modern Hebrew, also romanized as Chanukah or Chanuka), is observed for eight nights and days. According to the Hebrew calendar, it starts on the 25th day of Kislev, which may occur from late November to late December in the Gregorian calendar every year since 2001 on 26 September - together with the European Commission.

Literacy Challenge: Research and create a fact file about Chanukah.



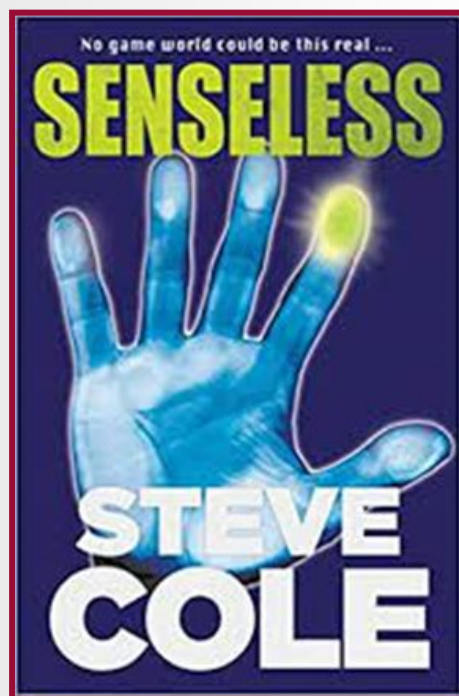
Book of the Week

This week I'm recommending a group of books that I think have been a really useful addition to our library. This is the Barrington Stoke, 'Super Readable' collection.

These are quite short books written for teenage readers, often dealing with difficult issues which people sometimes have to deal with. What makes these books special, though, is that they have been specially adapted to help readers with dyslexia. They are printed on cream paper, using a font which is more accessible to those with dyslexia, as the letters are more widely spaced and clearly formed, so if you're struggling with dancing letters, it's worth giving these a try!

An example is 'Senseless' by Steve Cole, the author of the 'Young Bond' series:

It's a dream come true - Kenzie has been invited to a big international gaming tournament on a sun-soaked island. But then unreality ratchets up with disturbing scenes involving other contestants, soldiers and frantic chases through the hotel. Worst of all, Kenzie seems to be losing his senses one by one - and he has no idea whether the dangers he faces are real or the game.



Manchester United Foundation Newsletter

Year 7 Christmas Party Winter Wonderland

On Monday a group of year 7's were invited to attend the Manchester United Foundation Year 7 Christmas party at Winter Wonderland, the day consisted of pupils watching a circus performance, riding on the fairground rides and coasters inside Event City and having a fun packed day. The feedback from the pupils was excellent and they all had an amazing day out! These pupils were nominated by their Head of Year due to their attitude around school and their excellent start to year 7.



Foundation

Head of Year Stars of the Week

Year Group	Pupil	Reason
Year 7 	HOY star of the week - Peyton L	Outstanding actions outside of school which have not gone unnoticed. Great role model in supporting others in the local community.
Year 8 	HOY star of the week - Ella C	She's always makes the right choices. She works hard in all her lessons in order to lay the foundations stones for a successful future and career. Well done Ella, keep up the good work.
Year 9 	HOY star of the week - Tosha P	For outstanding efforts across all areas of the school.
Year 10 	HOY Star of the week - Amy-Louise T	Excellent work recently around school. Well done Amy Keep up the great work.
Year 11 	HOY Star of the week - Ruby B	Well done to Ruby for working with Mr Lowe through the exam season and embedding a new routine. Great work and keep it going.

Assemblies KS3 / KS4 - Focus - Staying safe Online

Year 7,8, 9 and 10 have all had assemblies this week on how to stay safe online. Students across all year groups listened really well and asked some fantastic questions. Well done to all students involved.



Some useful websites below that you can use that will provide further information on how to stay safe online and use the internet in an appropriate manner.



Online Safety Tips to Support Children

A PARENT'S GUIDE TO: Moving to secondary school

Online safety tips to support children



internet
matters.org

Contents

What are kids doing?	2
Online activities	3
What risks do they face?	3
Screen time	4
Peer pressure	5
Sexting	6
Cyberbullying	7



What are kids doing?

- It's a time when children are beginning to **make deeper social connections** for the first time and learning how to **interact with each other online** which can be overwhelming.
- The **Smartphone becomes a status symbol** and an important tool to stay connected to their friends, but it also puts them under **pressure to interact**.
- School interactions with friends **cross over into the online world** and at times it can be challenging to balance this with school work and other activities.

Online activities

- Socialising online** on a range of social apps.
- Watching TV online** through YouTube.
- Building their digital footprint by **sharing details about their day-to-day life** with friends and family or people they've met online.
- Gaming online** with friends online regularly.
- Doing homework** through video chats with friends.
- Taking part in online challenges** with friends.



What risks and challenges do they face?

As they become more active online, the probability that they will face an online issue increases.

60% of children in early years of secondary school experience a range of peer-to-peer online threats from being ridiculed in a group chat to harassment on social media*

*Oxford University's eSafes: Children's online safety report - June 2018



Screen time

'Everything in moderation' applies to the screen time debate when it comes to 'how much is too much screen time'.

Research tells us that children, brains, behaviour and sleep can be affected by how much time they spend on screens.



the amount of time 12-15 year olds spend online in a week

What can you do to help?

The challenge is helping children to be able to focus on what they are meant to be doing online.

- Discuss** how screen-time is affecting their overall wellbeing.
- Set some **digital boundaries** and help them be in control of their tech.
- Make them aware** that most apps, games and devices are designed to keep them watching and playing.
- Stay engaged** in what your child is doing to help them use a wide range of media from safe sources.



Support from schools

Schools can follow a framework that guides children on issues around wellbeing, health and as part of this they give children strategies to manage screen time to avoid the negative effects.

Online Safety Tips to support Children

Peer pressure

From chasing likes on social posts to taking part in risky online behaviour, at this age children are starting to learn about what is acceptable behaviour to follow to be accepted.

Peer pressure can change their behaviour in a positive or negative way depending on who is influencing them.

Also people they've only met online or YouTubers can have the same influence on them as people they know in real life.



What can you do to help?

- **Stand your ground** & apply rules to counter any negative peer pressure
- **Use a news story or something they can relate to** discuss potential risks of peer pressure
- **Help them build the confidence** to say no. If they are asked to do something that puts them or others at risk

Support from schools

Many schools promote an inclusive school culture and take the time to celebrate diversity to help form positive social norms. Through PSHE lessons young people also learn to develop emotional resilience and recognise the difference between positive and negative peer pressure.

Sexting

Exploring sexuality has always been a part of a child's development so it's important to have age appropriate discussions about healthy sex and relationships so they have the right advice.

Children take part in sexting for a range of reasons, to fit in, as a joke, to express feelings in a relationship or as a result of peer pressure.

Although children may be talking about it frequently research shows that that over time sexting has remained low ranging from 4% – 5% between 2015 and 2017.

When sexting goes wrong, it can affect a child's emotional wellbeing, reputation and can lead to blackmail or legal consequences.

*Source: iFLY Cyber survey 2017



What can you do to help?

- **Discuss the risks of sexting** and what to do to resolve the situation if it does happen
- **Encourage them** to be critical about people's intentions
- **Make sure they can come to you or a trusted adult** if they need support without judgement
- **Create potential responses** if they are asked to share a nude - Try **2iPik** app for support

Support from schools

PSHE and Sex and Relationship Education (SRE) lessons help children explore and discuss subjects such as relationships, respect, consent, not taking exchange of sexual messages and images between peers and bullying. The government has recently announced their intention to make much of this compulsory from 2020.

Sexting guidance helps schools to determine how they should deal with incidents and when external agencies should be involved. In cases where the image is shared as a joke or without intended malice then the school may deal with it themselves however, if there was intended malice and it was shared without consent then the police or social care may be involved.

Cyberbullying

Research shows that children experience more cyberbullying as they move through secondary school.

As they are new to the social world online, it can be risky to see how their words and online actions can impact others. A video created by **BBC Own It** showing students reading the nicest and nastiest comments shared by others online brings to life how words can have a real impact on children's wellbeing.

Cyberbullying can affect children's mental health, learning and can lead to legal consequences in some extreme cases.

What can you do to help?

Getting to grips with 'netiquette' or what is acceptable to post and having coping strategies are essential to help children make smart choices online.

- **Discuss the difference** between banter and bullying
- **Discuss the influence of school culture** in how friends relate to each other
- **Teach them how to report** or block people



Support from schools

All schools should have a policy that guides the response to incidents, they may have mentors who can help or carry out Anti-bullying programmes to raise awareness.

internet
matters.org

InternetMatters
InternetMatters
@im_org

**YOGA
TUESDAY LUNCH
PERFORMING ARTS THEATRE**



**COLLECT A STICKER FROM
MRS ASHURST AT RECEPTION**

ALL WELCOME

Useful contacts and online resources

Revision Skills- Revision Hacks.

<https://gmhigher.ac.uk/resources/revision-skills-revision-hacks/>

Pomodoro Technique:

<https://gmhigher.ac.uk/resources/revision-skills-pomodoro/>

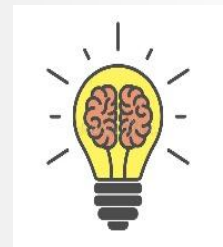
Worksheet:

Traffic Light Technique:

<https://gmhigher.ac.uk/resources/revision-skills-traffic-light-technique/>

Revision Timetable:

<https://gmhigher.ac.uk/resources/revision-skills-revision-timetable-handout/>



Choices- HE What and Why?

<https://gmhigher.ac.uk/resources/choices-he-what-and-why/>

Choices- Post-16 options

<https://gmhigher.ac.uk/resources/choices-post-16-options/>

Student Life – HE options

<https://gmhigher.ac.uk/resources/student-life-he-options/>

Student Life – Support at university

<https://gmhigher.ac.uk/resources/student-life-support-at-uni/>

Worksheet:

<https://gmhigher.ac.uk/resources/choices-post-16-options-true-or-false/>

Student Life – Path Finder

<https://gmhigher.ac.uk/resources/student-life-path-finder/>



TOPIC: INTERVIEW SKILLS

Interview Skills – How to get through your interview

<https://gmhigher.ac.uk/resources/interview-skills-your-interview/>

Interview Skills – First Impressions

<https://gmhigher.ac.uk/resources/interview-skills-first-impressions/>

WORKSHEETS:

Interview Skills – Who got the job?

<https://gmhigher.ac.uk/resources/interview-skills-who-got-the-job/>

Interview Skills – What makes you stand out?

<https://gmhigher.ac.uk/resources/interview-skills-stand-out/>

TOPIC: BUDGETING SKILLS

Budgeting Skills – Prudent Student Game

<https://gmhigher.ac.uk/resources/budgeting-skills-prudent-student/>

Budgeting Skills – Mythbusting

<https://gmhigher.ac.uk/resources/budgeting-skills-mythbusting/>

Budgeting Skills – What students spend their money on

<https://gmhigher.ac.uk/resources/budgeting-skills-spending/>

WORKSHEETS:

Budgeting Skills – Budgeting activity Instagram

<https://gmhigher.ac.uk/resources/budgeting-skills-instagram/>

