



Have a happier family life with FREE online courses for parents from bumps to teenagers

There are 6 courses to choose from:

- Understanding your pregnancy, birth, labour, and your baby
- Understanding your baby
- Understanding your child (0-19+ years)
- Understanding your child with additional needs
- Understanding your teenager's brain
- Understanding your brain (for teenagers only)

Learn online at your own pace at times that are convenient to you.



**To get more information
Visit: www.inourplace.co.uk
And use code
DEAL 2030
Or phone: 0121 296 4448**

How to access free online courses



It's easy to access our free online courses.

Search **www.inourplace.co.uk**

When you reach the homepage, select 'look at courses'.

Here you can view the range of courses available including antenatal courses.

If you want to know more about a course, select "learn more" under the course title to see a breakdown of the topics and how many units there are.

Once you find a course you want to do, make sure to apply the code **DEAL 2030** into the access code box to gain free access to the course.

You will then need to fill in your details and set up an account to continue to your free courses. This will also allow you to keep track of the courses you do so you can work it around your free time.

**Don't
forget your
free access
code!
DEAL 2030**