



# NEWSLETTER

## Headteacher Message

The Prime Minister announced this week that pupils will start to return to School from 8th March. That return to School involves lateral flow Covid testing for pupils in School before they can return to their learning bubbles, as they were before Christmas. Later in the term, they will do those tests with you at home. We have spent this half term running a successful testing operation for staff and pupils who have been on site and we are ready to meet the demand of all pupils being tested. The arrangements for testing will require a phased return to School for pupils during the week beginning the 8th March. This means that your child will have a specific date of return dependent on year group, details of this will follow next week. This is to enable us to handle the volume of testing required and successful reintegrate all pupils. Learning arrangements for pupils during that week will look different to how they have been for the past 7 weeks. We do ask that you reply to school with your consent to test information.



Lucy Cropper  
Head of School



James Haseldine  
Executive Headteacher

Our Chief Executive Mr Kapur will be writing to all families on Monday to outline the Trust response to this week's DFE announcement on GCSEs awards for Year 11 pupils. As you will have no doubt seen in the news, schools will be recommending examination grades to examination boards by using a range of evidence gathered on pupils achievement. This will evidence will be submitted to exam boards in the summer term and GCSE results will be awarded a week earlier this year in the week beginning 9th August. The 12 school weeks from when Year 11 pupils return is therefore crucial. We will be working hard to ensure that we support pupils to consolidate what they have learned and prepare them for their transition to 6th form, college and apprenticeship programmes. Following Mr Kapur's announcement, we will arrange communication regarding this 12 week bespoke plan for all year 11 pupils.

## DTRB YouTube

DTRB now have a dedicated YouTube channel where we now have all of our well-being videos, as well as them being in our website. There are videos ranging from help with; routines, health, anxiety, managing emotions to videos for parents and carers on support and routines too.

Please take a look:

<https://www.youtube.com/c/DeanTrustRoseBridge/videos>

## Employee of the Week

Our EOTW is Miss Welsh for going above and beyond for our pupils in their Art lessons across KS3. Well done!



# DTRB Challenge Day Results!



**Well done to everyone who took part in the challenge. We were overwhelmed by the number of you who got involved and completed at least one challenge!**

Level	Do	Be	See
Bronze	Tidy your bedroom	Be kind to family member	How many birds can you see on a 30 minute walk?
Silver	Go for a 30 minute walk or run or cycle	Be connected and call a family member or friend who you haven't spoken to in a while	Go for a walk and take a picture of your favourite place in Wigan
Gold	Make a cake	Be thoughtful and write a letter to someone outside of your household	Go to Mesnes park and take a photo of yourself with Sir Francis Powell
Platinum	Cook a two course meal for your family	Be creative and make a piece of artwork for someone you care about	Take a walk to Haigh Hall and take a photo of yourself with the lion statue

## Class Charts Rewards:

**Bronze:** 250 points

**Silver:** 500 points and entry into our prize draw for a £10 voucher

**Gold:** 750 points and entry into our prize draw for a £20 voucher

**Platinum:** 1000 points and entry into our prize draw for a Kindle Fire



## Those pupils who completed a full level or more and are being entered into our prize draws are:

### Year 7

Platinum – Millie F, Dylan M

Gold – Milli L

Silver – Joe H



### Year 8

Platinum – Tyra M, Mia M

Gold – Camelia P



### Year 9

Silver – Joe H

Gold – Amy R

### Year 10

Platinum – Elise P, Ali M, Yasna H, Hannah B,

Gold – Holly H



### Year 11

Platinum – Lauren B

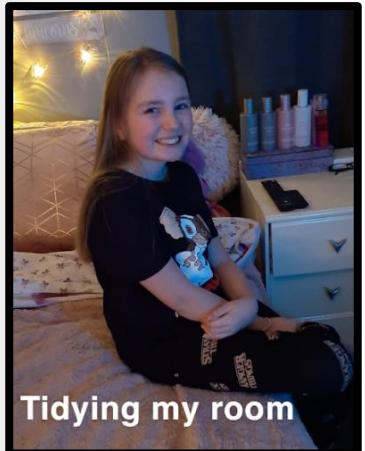
Bronze – Emily C



**The draw for prizes will be made this week by Mrs Gibbard and we will announce our lucky winners in next weeks newsletter!**

# DTRB Challenge Continued

Here are just a few of our fantastic entries. It was lovely to see staff getting involved too!



# DTRB Challenge Continued



Dylan Murray – Half Term School Challenge



Making My Bed



A good deed – delivering a paper to my Grandad!



Writing to Grandad!



Bird Hunt!



A long walk around Mesnes Park



Family Day at Haigh Hall, my favourite place



They taste better than they look!



# Literacy and Numeracy

## Word of the Week

### Perseverance noun



- persistence in doing something despite difficulty or delay in achieving success.

**Challenge 1:** Why is it important to ‘persevere’?

**Challenge 2:** Describe your surroundings as though you are Rover Perseverance landing on Mars.

## Literacy Challenge

To celebrate World Book Day on Thursday 4th March, this week we challenge you to write a review about your all-time favourite book! Are you a huge Harry Potter fan? Absolutely love David Walliams books? Or do you prefer the classic Roald Dahl tales? In your book review, you can include:

- A rating out of 5
- A summary of what it is about
- Who your favourite character is
- What your favourite moment is (don’t give too much away!)
- Why should people read it?
- An illustration to go with your review.

## WEEKLY MATHS PROBLEM

Can you solve the maths problem of the week?

The difference between  $\frac{1}{3}$  of a certain number and  $\frac{1}{4}$  of the same number is 3.

What is that number?



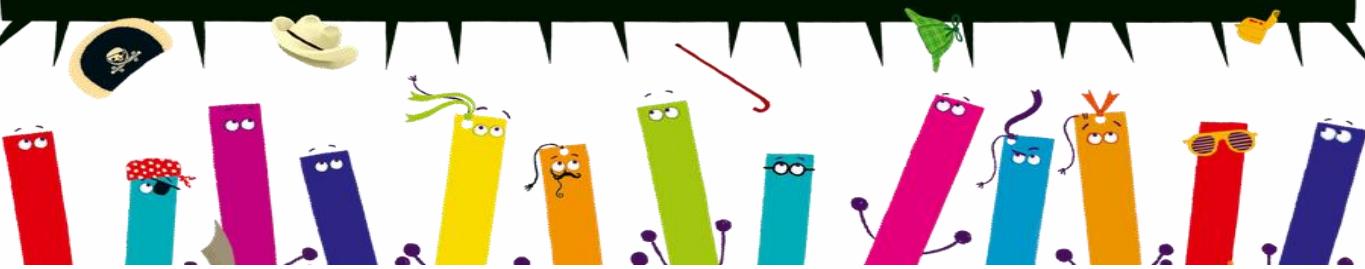
DEAN TRUST Rose Bridge



@DeanTrustRB

Believe Achieve Succeed

# IT'S WORLD BOOK DAY!



You might remember last year's 'Book Face' competition. This year, we are launching

'The Masked Reader', which will require you to disguise your face and voice whilst reading a line from your favourite book. This will be a competition for both pupils and staff! There will be prizes to whoever guesses the most right, and for the most creative contestants! **Check your English and year group classrooms for more information.**



DEAN TRUST Rose Bridge

Chief Executive: Mr Tarun Kapur CBE  
Executive Headteacher: Mr James Haseldine

Read  
for Good  
Motivating kids to read



Dear Parent or Guardian,

To celebrate World Book Day (04/03/21), we are running a Read for Good Readathon from *Monday 1<sup>st</sup> March – Monday 8<sup>th</sup> March* and we'd love your child to join in!

It's been proven that children who read for pleasure are more likely to be successful and happy throughout their lives (OECD).

The charity **Read for Good** encourages children to read through its unique motivational approach inspiring reluctant readers to give reading a go, and keen readers to read more widely. Pupils can choose whatever they want to read - from comics to classics and audio books to blogs - they are not being assessed, it's all about reading for fun. And, they are motivated to read because the money they raise in sponsorship helps to provide a regular supply of brand new books and a resident storyteller to every major children's hospital in the UK.

All you have to do is:

1. Take a look at what they plan to read, or help them complete their list of books to read. Remember they can read whatever they want: books, e-books, poetry, comics – anything goes! They can even listen to audiobooks!
2. Help your child find sponsors among family and friends. The easiest way to sponsor a child is at <https://readathon.secure.force.com/sponsor> (which family and friends can use too).

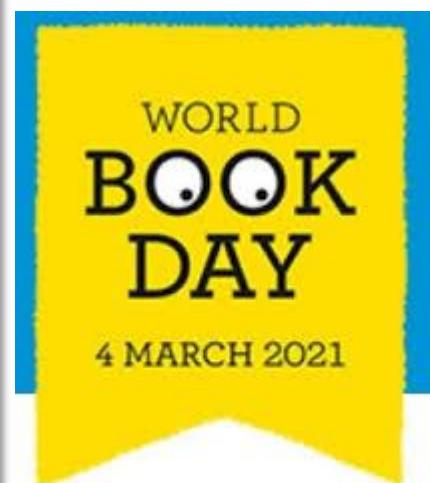
Please support your child's sponsored read as much as you can. They'll be helping kids in hospitals get books, as well as helping themselves. Your child will also receive a certificate to celebrate their achievement. And our school receives free books worth 20% of our grand sponsorship total – so there really is something in it for everyone.

For more information, visit [www.readforgood.org](http://www.readforgood.org).

Thank you in advance for your support,

Rebecca Winrow  
Literacy Co-ordinator

*The more that you read, the more things you will know.  
The more that you learn, the more places you'll go.  
- Dr. Seuss*



Many learners with ASC, anxiety and SEMH may quickly feel anxious or demotivated if they are repeatedly unable to finish a task in the time given. This can particularly be the case with starter and plenary activities. Make sure that you plan tasks carefully for the time given, and that there is a differentiated version where necessary for learners who will need this. Be clear at the start how long learners have to complete a task and use a timer or stopwatch on the board so that timings are clear and transparent.



## The Brilliant Club – Scholar's Programme

A group of Y10 students have been taking on the Brilliant Club's Scholar Programme focusing on 'Could energy storage save the world?! Students have been completing work at a University degree level and have had a range of virtual tutorials with their tutor working who is working on their own PHD.

Students have had to produce a 2000 word final assignment on energy storage options in the pursuit of 'Net Zero by 2050'! They have independently researched, written and redrafted their assignments with the guidance from their tutor!

A huge congratulations to the following students who have successfully passed their assignment and the course:

- Liam M
- Elise P
- Ilythia W
- Simon D
- Kian R
- Daisy A

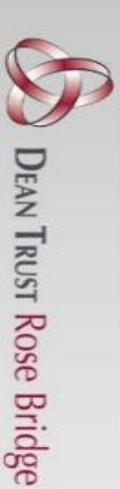


**Well done to these students for not only completing the course, but for working so well independently in such difficult circumstances! We look forward to your Graduation Ceremony in the near future!**

# Careers Week 2021

## Careers week 2021: Timetable of events available through year group classrooms on Google Classroom

Day/Date	Time	Event	Description	Year group
Monday 1 <sup>st</sup> March	12.00-12.45 All Day	• Manufacturing in the Defence Industry with MBDA Subject specific tasks, Information and guidance	• This session will give an insight into the different products (missile systems) that MBDA make, how we manufacture our missiles and how the company works. Each subject area will be uploading tasks and resources linked to careers in their area for all year groups	8, 9, 10, 11
Tuesday 2 <sup>nd</sup> March	10.00-10.45 All Day	• Careers in Engineering with William Hare Subject specific tasks, Information and guidance	• Join Ceri Travers, the Learning and Development Manager at William Hare to find out more about our business, what we do and the engineering apprenticeships that we have to offer. Each subject area will be uploading tasks and resources linked to careers in their area for all year groups	8, 9, 10, 11
Wednesday 3 <sup>rd</sup> March	08.45-9.05 11.00-11.45 13.00-13.45 All Day	• Careers Assembly Open Money Live Q&A with the RAF Subject specific tasks, Information and guidance	• Learn about how advancements in technology have changed employment Hear from Hannah Cole at Open Money about developing new tech to help people manage their money and get financial advice – covering software development, customer service and the finance sector. The RAF will give you opportunities that you won't find in any other career. The experiences you gain with us will equip you to work at the top of your field, both in the UK and overseas. Find out more about our wide range of career and apprenticeship opportunities on this live session. Each subject area will be uploading tasks and resources linked to careers in their area for all year groups	7, 8, 9, 10, 11 8, 9, 10, 11 9, 10, 11
Thursday 4 <sup>th</sup> March	08.45-9.05 14.00-14.45 All Day	• Linking NCW to world Book day: What's Your Story? Using Maths with AutoTrader Subject specific tasks, Information and guidance	• There are lots of exciting jobs in publishing and we're going to highlight some of them in our new 'What's Your Story' resource. We are going to encourage primary children to think about some everyday superheroes and write a story about who helps other people and what their superpower is. We also want pupils to come up with book covers for their stories (or just do a story OR a cover). An opportunity to ask about what life is like working at AutoTrader, one of the UK's leading companies. Discover the broad range of opportunities on offer including roles in technology, sales, advertising & marketing and finance & business. Each subject area will be uploading tasks and resources linked to careers in their area for all year groups	7 and 8 8, 9, 10, 11
Friday 5 <sup>th</sup> March	10.00-10.45 12.00-12.45 All Day	• Your Journey into Higher Education with GM Higher Learn about Urban Architecture Staff Carers Subject specific tasks, Information and guidance	• If you are thinking about going on to study at University, find out all you need to know with GM Higher Plan-it-e will show you how careers in design can be much more than you think. The careers and University choices of staff will be shared with students to inspire them for their future careers Each subject area will be uploading tasks and resources linked to careers in their area for all year groups	10 and 11 8, 9, 10, 11



Keep an eye out on your year group classroom streams for links to all the events and resources!



# Mrs Rennox Head of Year 7 Update

## How to get back into a routine after Lockdown ready for school:

At the beginning of lockdown a lot of things changed overnight again such as school, hobbies, socialising and all other activities that make up your daily routines came to a stand still again.

Overtime you might have found this has had an impact on your mental well being. That is because having a routine and structure is important for good mental health. Doing things on a regular basis that you are comfortable with and that you enjoy can help you feel less anxious.

## Here are some points to help you get back into a routine next week and ready for school:

- Get enough sleep- start to go to bed early and get up early as if you are coming to school.
- Focus on what you enjoy- do some physical activity to help you sleep at night.
- Make a plan about coming back to school- set yourself goals and don't be too hard on yourself.

## Stars of the week:

### English:

Luke T

### Reading Plus:

JJ H

Mia T H

Mason LMc

Tulisa W

Meeya W

Thomas D

### Maths:

Fallan Harvey

### Science:

Millie F

Rewan A

Marcus A

Mason L Mc

### Spanish:

Luke T

Ariele L

### RE:

Tulisa W

Billy A

Mia TH

Billy Jo G

Mason LMc

### History:

Erind G

### Geography:

Lucie B

Maciej B

Millie F

Lewis R

### Music:

Dylan M

Sophie S

Milli L

Arran K

Brandon

### English:

Milli L

Mason M

### PA:

Dylan M

Zachary H

### Design Tech:

Caitlin P

Amy Mac

**Head of Year: Millie F - Congratulations on  
your £10 gift voucher for Amazon.**

# Mr Jones Year 8 HOY Update

## HOY Message:

Yet again another fantastic week from my year group. The way that you have been working whilst we have been in this lockdown has been absolutely awesome.

This week, even more of you have been rewarded by your teachers, as they have been so impressed with your efforts on your online work.

The person receiving my Head of Year Star of the week has been working so hard all the way through the “lockdown” and has really impressed me with her work across the different subjects. This week the award goes to Courtney Whatton. Well done Courtney- Keep giving 100%!

I have made quite a few phone-calls to year 8 pupils during the week and I know some of you are still getting used to working with Google Classroom. Remember to hand in the work of each lesson with an attached document or picture of your work as evidence that you have completed the lesson.

To help you with this, in the DTRB Y8 classroom, Mr Latham has uploaded a parent /pupils guide on how to do the most common things you need to do whilst working with Google classroom.

Please have a look at this and if you are still struggling please message your teacher on Google Classroom to get some further support. If you need extra help on Google Classroom message Mrs Jackson or myself from within the DTRB Y8 classroom and we will get in touch as soon as possible. Keep up the great work and have a lovely weekend.

## Stars of the week:

**Head of Year Award** (receiving a £10 Amazon voucher)

Courtney Whatton

### Reading Plus Awards

Ellie E	Tia D	Grace L	Camelia P
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Hannah T

### English

Maisy M	Chloe S	Toshe P	Ellie E
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### Math

Jayne W	Chloe Mc	Josh C	Tobey W-E
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Ellie-Lou Ely Rhianna Thompson Prescott

### Science

Tia d	Camelia P	Grace R	Courtney W
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Zoe W Grace R Henry T Lyra B

Ellie E Zoltan B Gracjan O

### MFL

Jayne W	Amelia S	Grace R	Toshe P
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Abbie S Robert T

### Geography

Tyra Mc	Josh C	Kaliss L	Ellie E
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### History

Tia D	Grace R	Holly L
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### RE

Kaliss L	Ellie E
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### ART/IT/DT

Art-	Skye B	Kurdo Am
ICT-	Zoltan B	Matthew DT-
		Tia D Sky B

### Performing Arts

Music-	Kaliss L	Nikola M
Drama-	Jack FR	Ellie E

### PE

Kurdo A	Tobey W E	Maisy M
Ellie E	Tia D	

Aleesha S



# Mr Walsh Year 9 Update



This week marked a busy week for Year 9 as the Options Process launched with pupils and families. For those that don't know, the Options process is the period of time when pupils coming towards the end of KS3, choose the subjects they wish to continue studying for their GCSEs. On Thursday evening, pupils and parents were able to engage virtually with their teachers to discuss their learning, progress and those all-important subject choices.

As well as studying the core suite of subjects (English Language, English Literature, Maths and Combined Science), pupils are asked to make 4 choices from 4 other columns. For those opting to choose Spanish and either Geography or History, as well as another two option choices, they qualify for the English Baccalaureate, a government measure designed to provide pupils with a wide range of skills needed for future study and employment.

We're really proud of the range of subjects we offer here at Dean Trust Rose Bridge – ranging from hospitality, to Performing Arts, to Sport Studies, 3D Design and Citizenship to name just a few. For more information on the Options process, and the full range of subjects offered here for Year 9 pupils to choose from, please visit our website or YouTube Channel. Next week, pupils will have the opportunity to virtually attend taster lessons in all option subjects, further supporting the choices they are able to make.

Should you have any questions or queries about this process, please don't hesitate to contact school, asking for Mr Latham or Mr Walsh.

<b>PE</b>
Domanic T
Ellie M
Paulina L
Phoenix P
Kacey M
<b>Music:</b>
Claudia K
Lewis T
<b>PA:</b>
Isaac H
Celina J

<b>DT:</b>
Leon B
Alicia C
Leon B
Alicia C
<b>Reading Plus:</b>
Alfie H
Josh R
Alicia C
Celina J
<b>HOY Star of the Week:</b>
Willow H

# Mr Finnegan Year 9 Update

English
Ellie M
Ethan L
Jessica S
Willow MH
<b>Maths:</b>
Ella B
Chloe D
Science:
Jack S
Ella B
Jessica S
<b>Spanish:</b>
Alicia H// Lily Mae D
Emilie F// Nali Y
Aimee O
<b>Geography:</b>
Frankie B
Sharlize M/ Alex H
Diane D
Emilie F
Aaron S
Gracie B
<b>History:</b>
Sharlize ML
Celina J
Willow MH
<b>RE:</b>
Josh R
Willow MH



## HOY Message

Well done year 9 for another great week working online. Some students have completed some fantastic and creative work over the last few days. There was some excellent picture sent in from the DTRB challenge day. Amy Rourke completed the see challenge and visited Mesnes park and take a photo beside Sir Francis Powell. Issac Higham also completed the see challenge by going for a walk to his favourite place in Wigan. Well done also to Sarah Abbara, Alex Howarth and Kalel Griffiths for completing the DTRB challenges.

# Mr Shepherd Year 10 HOY Update

## Welcome back Year 10

I hope that you have all enjoyed your half term and are ready to learn again! As quite a lot of you will have seen that the government have advised that schools will be reopening on the 8th March. All our staff are gearing towards your return and hope that you are too! It's great to see the hard work that Year 10 pupils are putting in during this lockdown. I know that at times it is difficult to keep yourself motivated to keep producing work, but each piece of work that is being completed is counting for something and will go towards your final grades.

Stay safe, keep going and ill see you all soon.

If any of you need anything please don't hesitate to send me a message on Google Classroom.

Mr Shepherd

## Stars of the week:

**Head of Year Award**

Charmaine has been nominated 3 times from the start of the week, amazing effort. Keep it up!

Charmaine

Each week the heads of year team will give out a £10 voucher for Amazon to the pupil that is performing the best on Google Classroom

DEAN TRUST ROSE BRIDGE

**Top Learners - Technology**

Technology

Design Tech	Natalia Webster
Design Tech	Jack Woodcock

Reading Plus

All classes	Demi Johnson
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PE

S1 - S3	Ryan Buttery
S1 - KF	Liam Mercer

Spanish

x1	Ryan Buttery
x2	Archie Goodwin
x3	Charmaine Burke

Music

Hannah Barnes
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Performing Arts

Holly Howarth
Ella Meeson

**Top Learners - Humanities**

History

S1B	Charmaine Burke
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Geography

S1C1	Holly Howarth/Charlotte Murch
S1A2	Charmaine Burke
S1A3	Caitlin Carter/Luke Quinn/Hannah Barnes
S1B3	Josh Woosley/ Archie Goodwin/ Niamh Penning

Citizenship

S1	Elise Pennington, Connor Smalley, Daniel Jenkinson
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**Top Learners - Performance**

PE

S1 - S3	Ryan Buttery
S1 - KF	Liam Mercer

Spanish

x1	Ryan Buttery
x2	Archie Goodwin
x3	Charmaine Burke

Music

Hannah Barnes
---------------

Performing Arts

Holly Howarth
Ella Meeson

**Top Learners - Core Subjects**

Mathematics

x1	Iythia Williams
x2	Christian Smith

English

x1	Hannah Barnes
x2	Daniel Condrachte
y2	Daniel Candy

Science

x1	Demi Johnson
y2	Christian Smith



## HOY Message:

Year 11, Following the government's announcement, the return of pupils to school is imminent. It is now vital that you are preparing and ready for your first day back. Information will follow on how the school day will look, but there are a couple of things in which you can do to prepare yourself.

Here are some points to help you get back into a routine next week and ready for school:

- Get enough sleep - start to go to bed early and get up early as if you are coming to school.
- Focus on what you enjoy - do some physical activity to help you sleep at night.
- Make a plan about coming back to school - set yourself goals and don't be too hard on yourself. Ensure you are continuing with home learning and working your utmost to ensure teachers have as much evidence to back up your hard work. As cliché as it sounds, the power is now in your hands. What GCSE grade do you want to achieve at the end of the year?

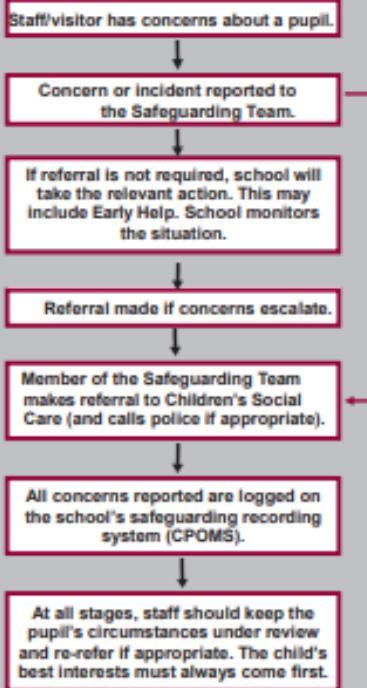
English	Elise B Abi L
Maths	Makenzie W Declan S Abi L Ciera H
PE	Kian O'B
Option A:	Aleshea B Elise B Lewis C Daniel F Caitlin F Abi L Katelyn McC
Option B:	Samantha K
Option C:	Paige T
Option D:	Ellie B



**HOY Star of the week: Abi L - nominated across a range of subjects! Superb effort this week.**

## Dean Trust Rose Bridge reporting procedures

### Recognise|Respond|Record Refer|Support



### What is safeguarding?

Safeguarding is the action taken to promote the welfare of children and to protect them from harm.

Safeguarding means protecting children from abuse and maltreatment, preventing harm to children's development or health and ensuring children grow up with the provision of safe and effective care.

### Who can harm a pupil?

Harm to a pupil can be caused by a parent or carer, a family member or friend, another child, a stranger, a member of staff or a Disclosed and Barred Service (DBS) checked adult working closely with pupils.

Regardless of the source of harm you **MUST** report your concern.

If your concern is about a staff member or visitor, you should report this to the Designated Safeguarding Lead (DSL) or the Headteacher.

If your concern is about the Headteacher, you should inform the Chair of Governors.

### Useful contacts and online resources

- Childline  
0800 1111 [www.childline.org.uk](http://www.childline.org.uk)
- NSPCC Helpline  
0808 800 5000 [Help@nspcc.org.uk](mailto:Help@nspcc.org.uk)
- Lesbian, Gay, Bisexual, Transgender  
0345 3 30 30 30 [www.lgbt.foundation](http://www.lgbt.foundation)
- Young Carers  
01942 679352 [www.walyc.org.uk](http://www.walyc.org.uk)
- Frank  
0300 123 6600 [www.talktofrank.com](http://www.talktofrank.com)

### Mental Health Support

- Papyrus  
0800 068 4141 [www.papyrus-uk.org](http://www.papyrus-uk.org)
- Kooth (Counselling)  
[www.kooth.com](http://www.kooth.com)
- Young Minds  
[www.youngminds.com](http://www.youngminds.com)
- Suicide Bereavement Services  
0161 212 4919  
[www.shiningalightonsuicide.org.uk](http://www.shiningalightonsuicide.org.uk)

**Emergency Services**  
**If a child is believed to be at immediate risk or harm out of school hours call 999.**



**Parent Pocket Guide to Child Protection and Safeguarding**

Contact the Safeguarding Team with any concerns on 01942 510712

#### Safeguarding Leads



Mrs L. Vassilaki  
Designated Safeguarding Lead



Miss H. Sharpley



Mr S. Walsh



Mrs J. Roahter

#### Pastoral/Safeguarding Officers



Mrs M. Smith



Mrs J. Jackson



Mrs T. Johnson



Mrs M. Evans



Mrs R. Johnson



Mrs M. Coulton - Inclusion

### Signs we look out for

#### Significant changes in behaviour such as:

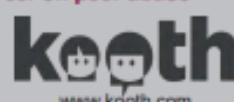
- Self-injury
- Depression or anxiety
- Unexplained injuries
- Extreme anger or sadness
- Withdrawn behaviour
- Attention seeking behaviour
- Increased absence from school and truancy
- Inappropriate use of language
- Weight change
- Noticeable change in hygiene and appearance



0800 1111



0800 77 66 00 [talktofrank.com](http://talktofrank.com)



[www.kooth.com](http://www.kooth.com)



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# Useful contacts and online resources

## Revision Skills- Revision Hacks.

<https://gmhigher.ac.uk/resources/revision-skills-revision-hacks/>

## Pomodoro Technique:

<https://gmhigher.ac.uk/resources/revision-skills-pomodoro/>

## Worksheet:

### Traffic Light Technique:

<https://gmhigher.ac.uk/resources/revision-skills-traffic-light-technique/>

## Revision Timetable:

<https://gmhigher.ac.uk/resources/revision-skills-revision-timetable-handout/>



## Choices- HE What and Why?

<https://gmhigher.ac.uk/resources/choices-he-what-and-why/>

## Choices- Post-16 options

<https://gmhigher.ac.uk/resources/choices-post-16-options/>

## Student Life – HE options

<https://gmhigher.ac.uk/resources/student-life-he-options/>

## Student Life – Support at university

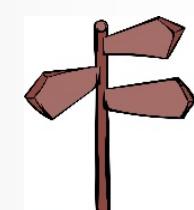
<https://gmhigher.ac.uk/resources/student-life-support-at-uni/>

## Worksheet:

<https://gmhigher.ac.uk/resources/choices-post-16-options-true-or-false/>

## Student Life – Path Finder

<https://gmhigher.ac.uk/resources/student-life-path-finder/>



## **TOPIC: INTERVIEW SKILLS**

### Interview Skills – How to get through your interview

<https://gmhigher.ac.uk/resources/interview-skills-your-interview/>

### Interview Skills – First Impressions

<https://gmhigher.ac.uk/resources/interview-skills-first-impressions/>

## WORKSHEETS:

### Interview Skills – Who got the job?

<https://gmhigher.ac.uk/resources/interview-skills-who-got-the-job/>

### Interview Skills – What makes you stand out?

<https://gmhigher.ac.uk/resources/interview-skills-stand-out/>

## **TOPIC: BUDGETING SKILLS**

### Budgeting Skills – Prudent Student Game

<https://gmhigher.ac.uk/resources/budgeting-skills-prudent-student/>

### Budgeting Skills – Mythbusting

<https://gmhigher.ac.uk/resources/budgeting-skills-mythbusting/>

### Budgeting Skills – What students spend their money on

<https://gmhigher.ac.uk/resources/budgeting-skills-spending/>

## WORKSHEETS:

### Budgeting Skills – Budgeting activity Instagram

<https://gmhigher.ac.uk/resources/budgeting-skills-instagram/>

# Useful contacts and online resources

## Websites and information to support young peoples and families during the Covid-19 pandemic

### Children's society

Description – information and support on different aspects of mental health and wellbeing

Website - [www.childrenssociety.org.uk/coronavirus-information-and-support](http://www.childrenssociety.org.uk/coronavirus-information-and-support)

### Kooth

Description - Online support for young people up to the age of 19 including chat rooms and advice.

Website – [www.kooth.com](http://www.kooth.com)

### MindEd

Description – Support for a range of mental health and wellbeing

Website - [www.minded.org.uk](http://www.minded.org.uk)

### Rise Above

Description - videos with tips on gaining confidence, dealing with anxiety and coping strategies from other young people.

Website - <https://riseabove.org.uk/topic/my-mind/>

### BACP guidance around managing anxiety

Description – How to manage anxiety

Website - <https://www.bacp.co.uk/news/news-from-bacp/2020/28-february-coronavirus-anxiety-how-to-cope-if-you-re-feeling-anxious-about-the-outbreak/>

### The Child Bereavement Network

Description – support for young people who have or are being affected by a death of a person close to them

Website - <http://www.childhoodbereavementnetwork.org.uk/covid-19.aspx>

### National Autistic Society

Description - guidance and helpline for parents', young people and staff.

Website - [www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-\(covid-19\)-advice.aspx](http://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-(covid-19)-advice.aspx)

### Young Minds

Description - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing

Website – [www.youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/](http://www.youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/)

### Covibook

Description - an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic.

Website - <https://www.mindheart.co/descargables>

### Amaze

Description - information pack for parents about Covid-19

Website – [www.amazesussex.org.uk/faqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/](http://www.amazesussex.org.uk/faqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/)

**Public Health England** have produced an easy read version of their Advice on the coronavirus for places of education. You can download it here:

<https://www.publichealth.hscni.net/sites/default/files/2020-03/V4%20Coronavirus%20advice%20for%20schools%20poster%20020302%20EDU15.0.4%20%282%29.pdf>