**Where does our food come from?**

Important facts:

* All food comes from plants or animals.
* Food has to be grown, reared or caught.
* Food is produced around the world.
* Food is changed from farm to fork.
* Food is processed on different levels to make it edible and safe.

The following ingredients are used to make a vegetable and goat’s cheese tart. State whether the ingredients are from a plant or animal and its name. The first one has been done for you.

|  |  |  |
| --- | --- | --- |
| **Ingredient** | **Animal or plant** | **Name of animal or plant** |
| Plain flour | Plant | Wheat |
| Hard cooking fat or butter |  |  |
| Mushrooms |  |  |
| Tomatoes |  |  |
| Sweetcorn |  |  |
| Peas |  |  |
| Red pepper |  |  |
| Goat’s cheese |  |  |
| Eggs |  |  |
| Milk |  |  |
| Black pepper |  |  |

**Extension Task**

Choose one of the ingredients and research how it is processed to make it edible and safe to eat.