**Food is grown, reared or caught –**

**Fact file**

Choose a food commodity and research how it is produced. Remember to state if it is grown, reared or caught.

Image of food commodity here

**Extension task**

Food commodities sometimes undergo further processing, known as secondary processing, to turn them into other products, e.g. wheat flour into bread or pasta.

What other products can be made from the food commodity that you have researched?